People, Thinking, Want, Years, Important, Song, Writing, Pain, World, Trying, Embrace, Breathing, Feels, Fighting, Firsts, Moments, Needs, Feel Good, Life Is, Lonely

If you wrap yourself in daffodils I will wrap myself in pain...

~Adam Duritz

There is nothing more important you can ever do for this world than to wake up and be a part of it.

~Adam Duritz

Got no place to go, but there's a girl waitin' for me down in Mexico. She got a bottle of tequila, a bottle of gin, and if I bring a little music, I could fit right in.

~Adam Duritz

If you've never stared off into the distance, then your life is a shame.

~Adam Duritz

Sometimes the world seems like a big hole. You spend all your life shouting down it and all you hear are echoes of some idiot yelling nonsense down a hole.

~Adam Duritz

A long December and there's reason to believe, maybe this year will be better than the last.

~Adam Duritz

That's where the songs come from: that's what I'd most want people to understand. What sounds good or looks good, that's nothing. The only worthwhile thing in art is seeing someone else's heart.

~Adam Duritz

I've been playing music most of my life.

~Adam Duritz

For me, songwriting is something like breathing: I just do it. But that doesn't mean you're fantastic.

~Adam Duritz

I'm really good in pain. I snapped my leg in half on stage and played a whole show. But I can't sit there with someone that loves me.

~Adam Duritz

It's always music first, or melody and words together, but never words first.

~Adam Duritz

We waste a lot of our lives sometimes. There are people sitting across from us who would make the whole world better if we spent more time with them in it, but we can't get across that gully.

~Adam Duritz

For all the things I'm losing I might aswell resign myself to try and make a change.

~Adam Duritz

I think that, often, the people who can make you happy are right there, and having them in your life would make your life better, but you can't see how to do it.

~Adam Duritz

Your misery is everyone else's entertainment.

~Adam Duritz

I'm not a spiritual person at all, but I do think that the world doesn't have to be as lonely as it is.

~Adam Duritz

All my songs are where I am.

~Adam Duritz

I'm really good in a crisis, because I don't panic.

~Adam Duritz

I feel like I've been in love, but I have stood aside from it over and over again in my life. It's all you want, but it's terrifying.

~Adam Duritz

You don't understand what makes you understand what makes your life better until you take something that makes it so much worse and you embrace that.

~Adam Duritz

I have a lot of problems understanding connections between people and how to negotiate that. It makes everything hard offstage.

~Adam Duritz

Bravery is what you can do in the face of things that hurt and scare you, but you do it anyway.

~Adam Duritz

If you want to really love someone, you've got to let go and loosen up and just care.

~Adam Duritz

Closeness to another person is like a fear of falling off a building to me. It's really, like, physically painful, and it's a brand of crazy I don't appreciate having.

~Adam Duritz

Losing fights, or even winning fights, can be heartbreaking, and you can throw that away, but the truth is that it does make our lives better.

~Adam Duritz

When so much money is involved in these movies, someone

somewhere is going to try to screw you.

~Adam Duritz

People really need to show up early to hear Hollis Brown. They are just an unbelievable live band.

~Adam Duritz

I can't remember all the times I've tried to tell myself to hold on to these moments as they pass

~Adam Duritz

You want to embrace, but I can't figure out how to hold on to it.

~Adam Duritz

When everybody loves me, I will never be lonely.

~Adam Duritz

You aren't really writing about what you did; you're writing about how you feel.

~Adam Duritz

I think I'd been limiting myself in some ways just writing in first person all the time.

~Adam Duritz

Being in a band is about making the band the priority.

~Adam Duritz

I find that truly heartbreaking that, like, it's such a common, constant thing in people's lives - a brutal abuse of people by other people, and it's just accepted.

~Adam Duritz

You live through stuff, and it affects the way you feel about the world,

and you write about it.

~Adam Duritz

Step out the front door like a ghost into the fog where noone notices the contrast of white on white.

~Adam Duritz

Time and time again I can't please myself.

~Adam Duritz

My life isn't necessarily more important than anyone else's: I'm just better in talking about it.

~Adam Duritz

When you're young and you play music, you have a peer group, you come out of a scene. There's a lot of people you know, and then you have some success, and it all goes away.

~Adam Duritz

It's impossible having five, six, seven people in a room being creative together and not fight, because you want to fight. It's the only way creativity works, if you all put your ideas in.

~Adam Duritz

People ask me if I have stage fright. I say, "God, no, I'm completely comfortable there. I have rest-of-the-day fright."

~Adam Duritz

There just is exponentially more money in the movie business than in the music business. As a result there are more people involved in the creative process.

~Adam Duritz

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