People, Enemy, Successful, Ideas, Suggestions, Focus, Believe, Appreciation,
Negative, Marathon, Worry, Ambivalent, Cutting, Meaningful, Lasts,
Procrastination, Firsts, Creativity, Divergent, Real

Every time we interact with another person at work, we have a choice to make: do we try to claim as much value as we can, or contribute value without worrying about what we receive in return?

~Adam Grant

Focus attention and energy on making a difference in the lives of others, and success might follow as a by-product.

~Adam Grant

The more I help out, the more successful I become. But I measure success in what it has done for the people around me. That is the real accolade.

~Adam Grant

The most meaningful way to succeed is to help others succeed.

~Adam Grant

Procrastinate strategically... Procrastination may be the enemy of productivity but it can be a valuable resource for creativity.

~Adam Grant

Being a giver is not good for a 100-yard dash, but it's valuable in a marathon.

~Adam Grant

If we want a better original idea, we must generate our own before we screen others' suggestions.

~Adam Grant

Dissenting opinions are useful even when they're wrong. So instead of speaking to highly agreeable audiences, target suggestions to people with a history of originality.

~Adam Grant

Good guys are most likely to finish last, but also most likely to finish first.

~Adam Grant

Enemies make better allies than frenemies.

~Adam Grant

When you put off a task, you buy yourself time to engage in divergent thinking rather than foreclosing on one particular idea.

~Adam Grant

When you're dealing with an ambivalent relationship, you're constantly on guard, grappling with questions of trust.

~Adam Grant

Negative relationships are unpleasant but predictable.

~Adam Grant

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