

Adam Phillips

Quotes

*Children, Self, Believe, Needs, Growing Up, Feelings, Analysts, Happy
Marriage, Long, Lovers, Transgression, People, Childhood, Solitude, Hero,
Minimum, Independent, Bears, Way, Art*

Tragic heroes are failed pragmatists. Their ends are unrealistic and their means are impractical.

~Adam Phillips

There is always a ..belief that by destroying the thing that we love we destroy our needs

~Adam Phillips

Everybody is dealing with how much of their own aliveness they can bear and how much they need to anesthetize themselves.

~Adam Phillips

The past influences everything and dictates nothing.

~Adam Phillips

Monogamy is a way of getting the versions of ourselves down to the minimum.

~Adam Phillips

People change, but there really are limits. One thing you discover in psychoanalytic treatment is the limits of what you can change about yourself or your life. We are children for a very long time.

~Adam Phillips

The big secret about Art is that no one wants it to be true.

~Adam Phillips

The vocabulary of one's self-criticism is so impoverished and clichéd. We are at our most stupid in our self-hatred.

~Adam Phillips

Believing in religion is like believing that adulthood is the solution to childhood.

~Adam Phillips

Lovers, of course, are notoriously frantic epistemologists, second only to paranoiacs (and analysts) as readers of signs and wonders.

~Adam Phillips

Transgression is a quest for solitude

~Adam Phillips

There is nothing more terrorizing than the possibility that nothing is hidden. There is nothing more scandalous than a happy marriage

~Adam Phillips

To grow up is to discover what one is unequal to.

~Adam Phillips

The child can find out what the object ..might be only by finding ..obstacles to its access

~Adam Phillips

You write to find out what you believe.

~Adam Phillips

I am always true to myself, that is the problem. Who else could I be true to?

~Adam Phillips

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