

Aimee Mullins

Quotes

*Sports, Body, Softball, Adversity, Amputees, People, Thinking, Children,
Running, Beautiful, Motivation, Responsibility, Mean, Self, Life Is, Disabled,
Home, Disability, Success, Issues*

Adversity is just change that we haven't adapted ourselves to yet.

~Aimee Mullins

Confidence is the sexiest thing a woman can have. It's much sexier than any body part.

~Aimee Mullins

Giving up is conceding that things will never get better, and that is just not true. Ups and downs are a constant in life, and I've been belted into that roller coaster a thousand times.

~Aimee Mullins

People presume my disability has to do with being an amputee, but that's not the case; our insecurities are our disabilities, and I struggle with those as does everyone.

~Aimee Mullins

It's society that disables an individual by not investing in enough creativity to allow for someone to show us the quality that makes them rare and valuable and capable.

~Aimee Mullins

The only true disability is a crushed spirit

~Aimee Mullins

Adversity isn't an obstacle that we need to get around in order to resume living our life. It's part of our life.

~Aimee Mullins

Our responsibility is not simply shielding those we care for from adversity but preparing them to meet it well.

~Aimee Mullins

It's an objective fact that I am a double amputee, but it's very subjective

opinion as to whether that makes me disabled.

~Aimee Mullins

Belief in oneself is incredibly infectious. It generates momentum, the collective force of which far outweighs any kernel of self-doubt that may creep in.

~Aimee Mullins

I'm not an advocate for disability issues. Human issues are what interest me.

~Aimee Mullins

The power of the human will to compete and the drive to excel beyond the body's normal capabilities is most beautifully demonstrated in the arena of sport.

~Aimee Mullins

With L'Oreal, I get to be Aimee Mullins, model. No qualifier. And that means everything to me.

~Aimee Mullins

Life is about making your own happiness - and living by your own rules.

~Aimee Mullins

A lot of my life is about will - having the will to prove what my body can do.

~Aimee Mullins

I'm not running around as a continual ray of sunshine. It's just I don't believe in wasting time feeling sorry for myself. Get over it.

~Aimee Mullins

When I watch Mad Men and I see the patronising attitudes to women

that are so shocking for all of us to watch now, I feel that I've lived and see the same evolution in this regard around disability.

~Aimee Mullins

True beauty is when someone radiates that they like themselves.

~Aimee Mullins

Beauty is not skin-deep; it can be a means of self-affirmation, a true indicator of personality and confidence.

~Aimee Mullins

Pamela Anderson has more prosthetic in her body than I do. Nobody calls her disabled.

~Aimee Mullins

If left to their own devices a child will achieve.

~Aimee Mullins

For me, I never ever felt the ownership or any identity with any community of disabilities. I didn't grow up being told that I was a disabled child.

~Aimee Mullins

The legs that I have made are far more perfect than the ones nature would have given me - my mother's side of the family have awful legs.

~Aimee Mullins

I hate the words 'handicapped' and 'disabled'. They imply that you are less than whole. I don't see myself that way at all.

~Aimee Mullins

It's hard enough for women to walk on high heels. And I'm on stilts!

~Aimee Mullins

We all bullet point our triumphs, but I am who I am because of everything you don't see on my CV. The stuff that doesn't work out teaches you how to trust your instincts and adapt.

~Aimee Mullins

In sports, I refused to do any interviews that were just going to become human-interest stories. Don't turn me into a tragic heroine.

~Aimee Mullins

I had a paper round and every night I would put the dinner on before Mum came home from work. I was capable because I had to be.

~Aimee Mullins

I've said this before, but I believe more than ever that confidence is sexier than any body part.

~Aimee Mullins

An athlete experiences the emotions of pain and elation through triumph and defeat, through teamwork and individuality, as nothing more than a human being...that is the true glory of sport.

~Aimee Mullins

The Pentagon isn't a place that champions individuality and innovation.

~Aimee Mullins

When I'm curious about something, I do it full on and take it as far as I go, but when I feel like I've really explored it, I'm OK with putting it aside and going on to something else.

~Aimee Mullins

In athletics, the idea of possibility is presumed. It's not 'if;' it's 'how.'

~Aimee Mullins

If you watch any John Hughes film of the eighties, that was my

childhood experience.

~Aimee Mullins

Sure, I'd love to have children some day. But world domination comes first.

~Aimee Mullins

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