Race, Car, Thinking, Winning, People, Sports, Team, Important, Way,
Congratulations, Ferrari, Attitude, Motor Racing, Real, Numbers, Building,
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When I look fast, I'm not smooth and I am going slowly. And when I look slow, I am smooth and going fast.

~Alain Prost

Do you know, why I really love my helmet that much? Because it makes me 15 centimetres taller!

~Alain Prost

Without going to what I think is my limit. I always say that my ideal is to get pole with the minimum effort, and to win the race at the slowest speed possible.

~Alain Prost

I always work the same way, starting from the beginning of the weekend, so I know at the beginning of the race, from all that I have analysed during the practice, whether I will win the race or not.

~Alain Prost

Does it scare me, driving into nothing at 300kph? - Of course it does - I'm not an idiot.

~Alain Prost

Sometimes I think I could have got some better results if I had a different mentality; if I could have pushed hard and attacked. But then I would have had a good chance of making a mistake.

~Alain Prost

I have no problem with the people who work hard to get success. But I think people are very jealous about success. I work very hard and they don't appreciate that.

~Alain Prost

The people who criticise you will not be the ones taking care of your legs when you are in your wheelchair. People who never drove a car in

these conditions, they just don't know.

~Alain Prost

When you win a race like this the feeling is very, very good.

~Alain Prost

In 1980 I finished three or four times in seventh place.

~Alain Prost

It's always better to speak the language of the team. Not only for the direct contact with everyone - sometimes it also helps you to understand the mentality of the people in the team a bit better.

~Alain Prost

You can't always have the best team. It's always a compromise.

~Alain Prost

I'm brave to say that I won't take this sort of risk.

~Alain Prost

When I drove for British teams... they called me The Tadpole because I was too small to be a frog.

~Alain Prost

You want to have fun but you also want to work well. Sometimes I was quite happy at Ferrari, because we would have fun, but then they could not stop having fun and go back to the real work.

~Alain Prost

I don't like to go over curbs, because I don't want to be hard on the car.

~Alain Prost

Some Italians are geniuses, but you have to find a balance.

~Alain Prost

I was very interested in that. It is very important to have confidence as well as to build up experience.

~Alain Prost

I have had some problems because the French don't like people to have success, they don't like the number one.

~Alain Prost

It's not too good to have this attitude in F1. It could be a disadvantage.

~Alain Prost

I think maybe the English don't want to try something and look stupid, because they are a bit reserved.

~Alain Prost

One of my biggest problems this season was with the clutch at the start of the race. I hate to risk the car.

~Alain Prost

A German team could be quite good. But maybe they are a little bit too convinced that they are the best.

~Alain Prost

So in fact the only thing you can judge in this sport its the longterm. You can judge a career or a season, but not one race.

~Alain Prost

I like the mentality of the Americans. It's like when you talk about money.

~Alain Prost

That is an important part of my success. Another big part of my success is that I hated not to finish a race.

~Alain Prost

Maybe I am not French, maybe I am from nowhere.

~Alain Prost

I was looking at the history of the sport and I couldn't understand why there have been so many good South American drivers, especially Brazilians.

~Alain Prost

People don't understand that it was maybe my biggest pleasure to drive an F1 car when it's wet.

~Alain Prost

I have always had this mentality because I hated to break anything on the car.

~Alain Prost

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