People, Divorce, Thinking, Gun, Facts, Years, Emotional, Forever, Watches, Couple, Wonderful, Don't Regret, Being Single, Regret, Self, Wife, Bitterness, Mother, Video, House

I used to think that divorce meant failure, but now I see it more as a step along the path of self-realization and growth.

~Alana Stewart

Bitterness and resentment only hurt one person, and it's not the person we're resenting - it's us.

~Alana Stewart

For anyone going through a divorce or any other painful challenge, the first and most important recommendation I can make is to find some kind of spiritual and emotional support.

~Alana Stewart

Divorce is never easy, but it's even more painful when you find out your husband is having an affair with a beautiful model fifteen years younger than you.

~Alana Stewart

All the violence in videos and movies, you can't tell me that that wouldn't influence a disturbed person.

~Alana Stewart

Young people don't really study the facts; they watch the skewed MSNBC and get a primarily liberal education.

~Alana Stewart

I don't worry about gaining weight. I'm fortunate in that I've never had to worry about that. Some people eat when they are stressed. I don't eat enough.

~Alana Stewart

It bothers me when the Hollywood elite are all so against people having guns and want rigorous gun restrictions.

~Alana Stewart

I have a strong belief that there is a god or a higher power. I think that if you have a strong belief in that, then you won't feel alone in life and you will feel you can get through anything.

~Alana Stewart

I don't regret either of my marriages - not for a minute.

~Alana Stewart

I sleep with my gun on my bedside table. I live alone; it is my protection and makes me feel safer.

~Alana Stewart

I grew up poor and used to look at people in big houses and thought they had everything. Then later on I looked at models in magazines and thought they had it all.

~Alana Stewart

I've elected to age gracefully.

~Alana Stewart

I wish I had been a better mother and a more compassionate and understanding wife in both of my marriages.

~Alana Stewart

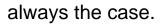
I don't mind being single. In fact, I like it.

~Alana Stewart

A lot of people would think I have led this easy kind of charmed life, or maybe even a fairytale in some ways. But it has been anything but that.

~Alana Stewart

One hopes, of course, that a relationship grows and becomes a deep and wonderful marriage and friendship that lasts forever. But that's not



~Alana Stewart

Being friends with anyone for 30 years is no easy task - people change, they drift apart, they move on.

~Alana Stewart

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