

Alex Ebert

Quotes

*Pain, Thinking, Powerful, Want, Beautiful, Song, Fun, Sometimes, Goal,
Recording Music, Flow, Watches, Cinema, Music Is, Giving, Night, Emotional,
Pissed Off, Expression, Writing*

When you're in pain, you're genuinely very, very alive, and that's beautiful. Especially emotional pain.

~Alex Ebert

I think that when you're open, you're at your most powerful.

~Alex Ebert

Even the most deft pen is a clumsy tool.

~Alex Ebert

When you're comfortable, you're not necessarily inclined to care about things that are contributing to your comfort. It's difficult.

~Alex Ebert

I get very heated about anything that is socially unkind.

~Alex Ebert

In my heart, I'm always in my rail-hosen.

~Alex Ebert

Unless you are in the willingness and ease and ecstasy of some kind of moment, you may end up the editor of your thoughts and of your expressions. I find I'm that way on stage.

~Alex Ebert

I think fun is one of the best gifts we can give to each other. If everyone was having fun we'd be in good shape.

~Alex Ebert

Sometimes, I have to really monitor myself, but the only monitoring job I really do on myself on stage is, Is this truthful? Is this truthful? Is this truthful? Ideally, I send it in a flow of truth.

~Alex Ebert

Sometimes I'm really communicating with the audience and I'm hyper-engaged. Other times my eyes are closed and I just let it be what it is.

~Alex Ebert

For me, it's very childish to tour on a train. And I think that's a powerful quality, to inspire childishness.

~Alex Ebert

What makes me deeply vulnerable? Probably the thing I suffer most from and have the most uncontrollable reactions from is still social anxiety.

~Alex Ebert

What gets me pretty pissed off is the whole Monsanto engineered foods issue.

~Alex Ebert

Recording music is not really the healthiest thing for the body.

~Alex Ebert

I'm pretty freelance. A freelance meditator. I float from one thing to the other.

~Alex Ebert

I don't want an angry song with no silver lining ending up on my album. Then I'd have to play, or feel obliged to play, that song every night in repetition as a mantra of anger.

~Alex Ebert

It's so rare that I'll read or even watch an interview. I don't want to, either. I don't want to see other people's comments.

~Alex Ebert

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