

# Alexandra Guarnaschelli

## Quotes

*Want, Information, Oysters, Oklahoma, Way, Good Food, Mother, People,  
Chickens, Enough, Hardest Thing, Order, Quality, Knives, Parent, Ingredients,  
Thinking, Hot, Careers, Moving Forward*

Winter blues are cured every time with a potato gratin paired with a roast chicken.

~Alexandra Guarnaschelli

The best way to learn to cook is to do some serious eating.

~Alexandra Guarnaschelli

Creative risks will always outweigh technical mistakes.

~Alexandra Guarnaschelli

Food is ever-changing and ever moving forward and getting more and more complex.

~Alexandra Guarnaschelli

Give yourself enough time to really learn how to cook.

~Alexandra Guarnaschelli

The hardest thing for me is restraint.

~Alexandra Guarnaschelli

The better the ingredients, the more farmers I can buy from, the closer I feel to the food I want to make that represents what I care about as a chef.

~Alexandra Guarnaschelli

For me no good food is illuminated without acidity.

~Alexandra Guarnaschelli

I don't show just anyone how to crust a sea bass. That's sacred information.

~Alexandra Guarnaschelli

I bent my head over a stove in my early 20s and picked it up in my 30s.

~Alexandra Guarnaschelli

Food is so heavily connected to memory.

~Alexandra Guarnaschelli

I find myself hoping I can get on a TV show, and then people from Oklahoma will come to my restaurant. Then I'll be able to make enough money to open my own place.

~Alexandra Guarnaschelli

My father always said, 'If you love what you do, you won't mind slogging through it for several hours a day.'

~Alexandra Guarnaschelli

I used to sleep with the phone right by my pillow but I'm getting better. Now it sits on the table a few feet away.

~Alexandra Guarnaschelli

If you want to have a relationship, at some point you have to let yourself get caught. That's what I did. I got caught.

~Alexandra Guarnaschelli

My reasons for becoming a chef are somewhat of a cliché. I always loved to eat but it was watching my parents cook that really served as the impetus for my career choice.

~Alexandra Guarnaschelli

If I want my daughter to try something, I eat it in front of her repeatedly without forcing the issue and, with some trial and error, the world is our oyster!

~Alexandra Guarnaschelli

I woke up on May 15, 1991, the day of my Barnard graduation, and I said to myself, 'By the end of today you will decide what you want to do with the rest of your life.'

~Alexandra Guarnaschelli

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