

Alexandra Stoddard Quotes

*Healing, Vision, Opportunity, Trying, Differences, Art, Soul, Letting Go,
Appreciation, Dream, Live Well, Pain, Belief, Fun, Originals, Kindness,
Connections, Calm, Brilliance, Details*

Slow down. Calm down. Don't worry. Don't hurry. Trust the process.

~Alexandra Stoddard

This may shock you, but the most important person in your life is you. You are meant to be 'full of yourself.

~Alexandra Stoddard

Finding your personal style is a rich journey of discovery, wonder, adventure, and excitement.

~Alexandra Stoddard

Living well is a courageous act.

~Alexandra Stoddard

The world is extremely interesting to a joyful soul.

~Alexandra Stoddard

Don't try to prove anything about yourself to anyone. It isn't necessary. Your worth shines through to others- know your worth.

~Alexandra Stoddard

The correct word is like any small detail - it enhances life.

~Alexandra Stoddard

Puttering is really a time to be alone, to dream, to get in touch with yourself...To putter is to discover.

~Alexandra Stoddard

You don't have to prove anything to anyone.

~Alexandra Stoddard

Always remember your brilliance.

~Alexandra Stoddard

What we do today, right now, will have an accumulated effect on all of our tomorrows.

~Alexandra Stoddard

Seeing well transforms mere existence into the art of living.

~Alexandra Stoddard

The difference between living and half living is seeing well, looking for associations between things, seeking the connections, being aware of scale and proportion.

~Alexandra Stoddard

We spend most of our lives trying to unlearn much of what we've been taught.

~Alexandra Stoddard

Whatever your beliefs are, you do not have to justify them to others.

~Alexandra Stoddard

Our painful experiences strengthen us in becoming more empathetic, more caring, and deeper human beings. We grow in depth of understanding, with greater appreciation for the miracle of life.

~Alexandra Stoddard

Be kind to yourself, to others and everything around you.

~Alexandra Stoddard

When you let go, you lose pain and gain insight.

~Alexandra Stoddard

"The "art of tea" is a spiritual force for us to share."

~Alexandra Stoddard

Work is an opportunity to bring something forth-to create something,

complete something, invent something authentic and original.

~Alexandra Stoddard

Every stimulus becomes an opportunity to find fresh ways to express your personal vision.

~Alexandra Stoddard

We choose how enthusiastically we live our time alive.

~Alexandra Stoddard

The rooms that are lived in are the ones we find most comforting.

~Alexandra Stoddard

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