

# Alexis Carrel

## Quotes

*Men, Prayer, Dark, Age, Quality, Reality, Science, Effort, Spiritual, Fighting, Life, People, Intuition, Healing, Believe, Giving, Personality, Worry, Real, Important*

Life leaps like a geyser for those willing to drill through the rock of inertia.

~Alexis Carrel

Intuition comes very close to clairvoyance; it appears to be the extrasensory perception of reality.

~Alexis Carrel

The quality of life is more important than life itself.

~Alexis Carrel

Man cannot remake himself without suffering, for he is both the marble and the sculptor.

~Alexis Carrel

Men grow when inspired by a high purpose, when contemplating vast horizons. The sacrifice of oneself is not very difficult for one burning with the passion for a great adventure.

~Alexis Carrel

Prayer is the most powerful form of energy one can generate....It supplies us with a flow of sustaining power in our daily lives.

~Alexis Carrel

Religion brings to man an inner strength, spiritual light, and ineffable peace.

~Alexis Carrel

It is faith, and not reason, which impels men to action... Intelligence is content to point out the road, but never drives us along it.

~Alexis Carrel

All of us, at certain moments of our lives, need to take advice and to receive help from other people.

~Alexis Carrel

The most efficient way to live reasonably is every morning to make a plan of one's day and every night to examine the results obtained.

~Alexis Carrel

A few observations and much reasoning lead to error; many observations and a little reasoning to truth.

~Alexis Carrel

Only in prayer do we achieve that complete and harmonious assembly of body, mind, and spirit which gives the frail human reed its unshakable strength.

~Alexis Carrel

If the doctor of today does not become the dietician of tomorrow, the dietician of today will become the doctor of tomorrow.

~Alexis Carrel

Hard conditions of life are indispensable to bringing out the best in human personality.

~Alexis Carrel

The search for God is indeed, an entirely personal undertaking.... the most audacious adventure that one can dare.

~Alexis Carrel

Science has to be understood in its broadest sense, as a method for apprehending all observable reality, and not merely as an instrument for acquiring specialized knowledge.

~Alexis Carrel

Those who don't learn to fight worry, die young.

~Alexis Carrel

The love of beauty in its multiple forms is the noblest gift of the human cerebrum.

~Alexis Carrel

All great men are gifted with intuition. They know without reasoning or analysis, what they need to know.

~Alexis Carrel

To accomplish our destiny it is not enough to merely guard prudently against road accidents. We must also cover before nightfall the distance assigned to each of us.

~Alexis Carrel

In man, the things which are not measurable are more important than those which are measurable.

~Alexis Carrel

When we pray we link ourselves with an inexhaustible motive power.

~Alexis Carrel

Comforts and syphilis are the greatest enemies of mankind.

~Alexis Carrel

The atmosphere of libraries, lecture rooms and laboratories is dangerous to those who shut themselves up in them too long. It separates us from reality like a fog.

~Alexis Carrel

Everyone makes a greater effort to hurt other people than to help himself.

~Alexis Carrel

One must train oneself, by small and frequent efforts, to dominate one's feelings.

~Alexis Carrel

Like hatred, jealousy is forbidden by the laws of life because it is essentially destructive.

~Alexis Carrel

Jesus knows our world. He does not disdain us like the God of Aristotle. We can speak to Him and He answers us. Although He is a person like ourselves, He is God and transcends all things.

~Alexis Carrel

Prayer, like radium, is a luminous and self-generating form of energy.

~Alexis Carrel

As to virtue . . . it is an act of the will, a habit which increases the quantity, intensity and quality of life. It builds up, strengthens and vivifies personality.

~Alexis Carrel

Prayer is a force as real as terrestrial gravity. As a physician, I have seen men lifted out of sickness by the power of prayer. It is the only power in the world that overcomes the laws of nature.

~Alexis Carrel

The first duty of society is to give each of its members the possibility of fulfilling his destiny. When it becomes incapable of performing this duty it must be transformed.

~Alexis Carrel

Logic never attracts men to the point of carrying them away.

~Alexis Carrel

Those who desire to rise as high as our human condition allows, must renounce intellectual pride, the omnipotence of clear thinking, belief in

the absolute power of logic.

~Alexis Carrel

Intelligence is almost useless to the person whose only quality it is.

~Alexis Carrel

There are no watertight compartments in our inmost nature.

~Alexis Carrel

Those who do not know how to fight worry die young.

~Alexis Carrel

The secret of life is to be found in life itself, in the full organic, intellectual and spiritual activities of our body.

~Alexis Carrel

The best way of increasing the [average] intelligence of scientists would be to reduce their number.

~Alexis Carrel

Scientific civilisation has destroyed the soul of the world.

~Alexis Carrel

To what extent is any given man morally responsible for any given act?  
We do not know

~Alexis Carrel

Prayer is a cry of distress, a demand for help, a hymn of love.

~Alexis Carrel

The modern city consists of...dark, narrow streets full of gasoline fumes, coal dust, and toxic gasses, torn by the noise.

~Alexis Carrel

...the influence of the factory upon the physiological and mental state of the workers has been completely neglected.

~Alexis Carrel

...in recognition of his work on vascular suture and the transplantation of blood-vessels and organs.

~Alexis Carrel

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