

# Alphonsus Liguori

## Quotes

*Jesus, Soul, Saint, Prayer, Attachment, Heaven, Wish, Mother, Suffering,  
Giving, Grace, Men, Temptation, Lost, Blessed, Catholic, Mean, Practice, Heart,  
Kings*

The past is no longer yours; the future is not yet in your power. You have only the present wherein to do good.

~Alphonsus Liguori

He who trusts himself is lost. He who trusts in God can do all things.

~Alphonsus Liguori

Acquire the habit of speaking to God as if you were alone with Him, familiarly and with confidence and love, as to the dearest and most loving of friends.

~Alphonsus Liguori

Your God is ever beside you - indeed, He is even within you.

~Alphonsus Liguori

There is a practice that is most powerful in keeping us united with God. That practice is the constant recollection of His presence.

~Alphonsus Liguori

He who wishes to find Jesus should seek Him, not in the delights and pleasures of the world, but in mortification of the senses.

~Alphonsus Liguori

When we have to reply to anyone who has insulted us, we should be careful to do it always with gentleness. A soft answer extinguishes the fire of wrath.

~Alphonsus Liguori

What grieves me most in my past offenses, O my loving God, is not so much the punishment I have deserved, as the displeasure I have given You, Who are worthy of infinite love.

~Alphonsus Liguori

True charity consists in doing good to those who do us evil, and in thus

winning them over.

~Alphonsus Liguori

There is no one, after God, who loves us as much as this most loving Mother does.

~Alphonsus Liguori

Let your constant practice be to offer yourself to God, that He may do with you what He pleases.

~Alphonsus Liguori

Let us thank God for having called us to His holy faith. It is a great gift, and the number of those who thank God for it is small.

~Alphonsus Liguori

He who prays most receives most.

~Alphonsus Liguori

Those who say the Rosary daily and wear the Brown Scapular and who do a little more, will go straight to Heaven.

~Alphonsus Liguori

He who desires nothing but God is rich and happy.

~Alphonsus Liguori

If you embrace all things in this life as coming from the hands of God, and even embrace death to fulfill His holy will, assuredly you will die a saint.

~Alphonsus Liguori

Such is the compassion, such the love which Mary bears us, that she is never tired of praying for us.

~Alphonsus Liguori

The brightest ornaments in the crown of the blessed in heaven are the sufferings which they have borne patiently on earth.

~Alphonsus Liguori

If we should be saved and become saints, we ought always to stand at the gates of the Divine mercy to beg and pray for, as an alms, all that we need.

~Alphonsus Liguori

Woe to those who despise devotion to Mary! ... The soul cannot live without having recourse to Mary and recommending itself to her. He falls and is lost who does not have recourse to Mary.

~Alphonsus Liguori

We must practice modesty, not only in our looks, but also in our whole deportment, and particularly in our dress, our walk, our conversation, and all similar actions.

~Alphonsus Liguori

Mary obtains salvation for all who have recourse to her. Oh! If all sinners had recourse to Mary, who would ever be lost? ... He who is protected by her will be saved; he who is not will be lost.

~Alphonsus Liguori

To put into practice the teachings of our holy faith, it is not enough to convince ourselves that they are true; we must love them. Love united to faith makes us practice our religion.

~Alphonsus Liguori

Ask those who love Him with a sincere love, and they will tell you that they find no greater or prompter relief amid the troubles of their life than in loving conversation with their Divine Friend.

~Alphonsus Liguori

When we see a beautiful object, a beautiful garden, or a beautiful flower, let us think that there we behold a ray of the infinite beauty of God, who has given existence to that object.

~Alphonsus Liguori

To be silent when we are impelled to utter words injurious to God or to our neighbour, is an act of virtue; but, to be silent in confessing our sins, is the ruin of the soul.

~Alphonsus Liguori

Assuredly, Loving Souls, you should go to God with all humility and respect, humbling yourselves in His presence, especially when you remember your past ingratitude and sins.

~Alphonsus Liguori

Love tends to union with the object loved. Now Jesus Christ loves a soul that is in a state of grace with immense love; He ardently desires to unite Himself with it. That is what Holy Communion does

~Alphonsus Liguori

It is a great mistake, as we have already remarked, to be afraid of Him and to act in His presence like a timid and craven slave trembling with fright before his master.

~Alphonsus Liguori

Nothing else is required than to act toward God, in the midst of your occupations, as you do, even when busy, toward those who love you and whom you love.

~Alphonsus Liguori

He who suffers in patience, suffers less and saves his soul. He who suffers impatiently, suffers more and loses his soul.

~Alphonsus Liguori

A true servant of Mary cannot be lost.

~Alphonsus Liguori

What does it cost us to say: "My God help me! Have mercy on me!" Is there anything easier than this? And this little will suffice to save us if we be diligent in doing it.

~Alphonsus Liguori

The means for maintaining perfect love is to accomplish frequent acts of love. Fire is kindled by the wood we cast into it and love is enkindled by acts of love.

~Alphonsus Liguori

When we hear people talk of riches, honors and amusements of the world, let us remember that all things have an end, and let us then say: My God, I wish for You alone and nothing more.

~Alphonsus Liguori

Of all devotions, that of adoring Jesus in the Blessed Sacrament is the greatest after the sacraments, the one dearest to God and the one most helpful to us.

~Alphonsus Liguori

Let us make up for lost time. Let us give to God the time that remains to us.

~Alphonsus Liguori

It is almost certain that excess in eating is the cause of almost all the diseases of the body, but its effects on the soul are even more disastrous.

~Alphonsus Liguori

Let us read the lives of the saints; let us consider the penances which they performed, and blush to be so effeminate and so fearful of

mortifying our flesh.

~Alphonsus Liguori

After the love which we owe Jesus Christ, we must give the chief place in our heart to the love of His Mother Mary.

~Alphonsus Liguori

Without prayer it is impossible to resist temptations and to keep the commandments.

~Alphonsus Liguori

What is it that renders death terrible? Sin. We must therefore fear sin, not death.

~Alphonsus Liguori

Speak to Him often of your business, your plans, your troubles, your fears - of everything that concerns you.

~Alphonsus Liguori

A soul who loves Jesus Christ desires to be treated the way Christ was treated-desires to be poor, despised, and humiliated.

~Alphonsus Liguori

With such thoughts in your mind, now that you have resolved to love Him and please Him with all your strength, your only fear should be to fear God too much and to place too little confidence in Him.

~Alphonsus Liguori

Since His delights are to be with you, let yours be found in Him.

~Alphonsus Liguori

In cold and heat, in rain and wind, the soul united to God says, "I want it to be warm, to be cold, windy, to rain, because God wills it."

~Alphonsus Liguori

I Love Jesus Christ and that is why I am on fire with the desire to give Him souls, first of all my own, and then an incalculable number of others.

~Alphonsus Liguori

The sufferings endured for God are the greatest proof of our love for Him.

~Alphonsus Liguori

Many, however, gives themselves to God, but preserve still in their hearts some attachment to creatures, which prevents them from belonging entirely to God.

~Alphonsus Liguori

God is displeased at the diffidence of souls who love Him sincerely and whom He Himself loves.

~Alphonsus Liguori

But You never reject a repentant and humble heart.

~Alphonsus Liguori

All souls in hell are there because they did not pray. All the saints sanctified themselves by prayer.

~Alphonsus Liguori

We must show charity towards the sick, who are in greater need of help. Let us take them some small gift if they are poor, or, at least let us go and wait on them and comfort them.

~Alphonsus Liguori

The saved are few, but we must live with the few if we would be saved with the few. O God, too few indeed they are: yet amongst those few I wish to be!

~Alphonsus Liguori



O God-Man present in this sacrament for me - what a comfort, what a privilege to know I kneel before God! And to think that this God loves me!... Mary, my mother, help me to love him in return

~Alphonsus Liguori

A person may be Baptized, and yet not born again to grace, in consequence of not having the necessary dispositions at Baptism.

~Alphonsus Liguori

Mary being destined to negotiate peace between God and man, it was not proper that she should be an accomplice in the disobedience of Adam.

~Alphonsus Liguori

Mary having co-operated in our redemption with so much glory to God and so much love for us, Our Lord ordained that no one shall obtain salvation except through her intercession.

~Alphonsus Liguori

True, He is infinite Majesty, but He is also infinite Goodness and infinite Love. There can be no greater Lord than God; neither can there be a more ardent lover than He.

~Alphonsus Liguori

The heart of man is, so to speak, the paradise of God.

~Alphonsus Liguori

My Jesus! What a lovable contrivance this holy Sacrament was - that You would hide under the appearance of bread to make Yourself loved and to be available for a visit by anyone who desires You!

~Alphonsus Liguori

Obedience to a confessor is the most acceptable offering which we can make to God, and the most secure way of doing the divine will.

~Alphonsus Liguori

By the law of nature, there is no pleasure in suffering; but divine love, when it reigns in a heart, makes it take delight in its sufferings.

~Alphonsus Liguori

So great is the compassion excited in Mary by our misery, and such is the love that she bears us, that she prays constantly, and relaxes not her efforts in our behalf.

~Alphonsus Liguori

A dancer differeth from a madman only in length of time; one is mad so long as he liveth, the other while he danceth.

~Alphonsus Liguori

The sovereigns of the earth do not always grant audience readily; on the contrary, the King of Heaven, hidden under the eucharistic veils, is ready to receive anyone.

~Alphonsus Liguori

No, he can never be lost who recommends himself to thee, O Mary.

~Alphonsus Liguori

Our Faith will never be true unless it is united to that of St. Peter and the Pontiff, his successors.

~Alphonsus Liguori

Yet you should practice the greatest possible love and confidence in treating with Him.

~Alphonsus Liguori

Woe to him who neglects to recommend himself to Mary, and thus closes the channel of grace!

~Alphonsus Liguori

As all our wickedness consists in turning away from our Creator, so all our goodness consists in uniting ourselves with Him.

~Alphonsus Liguori

Perfect love of God means the complete union of our will with God's.

~Alphonsus Liguori

The principal means of acquiring an ardent love of Christ are mental prayer, Communion, mortification, retirement.

~Alphonsus Liguori

Not only is there no need of an intermediary through whom He would want you to speak to Him, but He finds His delight in having you treat with Him personally and in all confidence.

~Alphonsus Liguori

Do not allow your daughters to be taught letters by a man, though he be a St. Paul or St. Francis of Assissium. The saints are in Heaven.

~Alphonsus Liguori

How, then, shall God give himself entirely to that one who, besides his God, loves creatures still?

~Alphonsus Liguori

The definitions of the Church are the rules of true faith.

~Alphonsus Liguori

God loves all those who love him: I love them that love Me.

~Alphonsus Liguori

How beautiful she is, Our Lady of compassion! How dear! How utterly unselfish! How filled with joy for Him - and us - in the depths of her own agony and desolation!

~Alphonsus Liguori

There is no one, however wicked, whom Mary does not save by her intercession when she wishes ... He who has recourse to Mary shall be saved.

~Alphonsus Liguori

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