

Amanda Burton Quotes

*People, Thinking, Years, Drama, School, Home, Running, Beach, Magazines,
Dark, Inspiration, Girl, Ideas, Energy, Looks, Effort, Ducks, Animal, Sleepless
Nights, Actresses*

I have sleepless nights before press days.

~Amanda Burton

I'd been gearing up to working in theatre since coming out of drama school, but it was an exciting time for TV drama - it was the birth of Channel 4, and Brookside was very cutting-edge at the time.

~Amanda Burton

I like to think I'm a listener, and I'm fascinated by observing people - I suppose you just lock that in.

~Amanda Burton

I have nothing against people having work done, it is when I hear tale of girls of 16 queuing up to get bigger breasts, that is when I despair.

~Amanda Burton

I think you know what you're up against when you take on a piece that you know is going to involve dragging up a lot emotions - you can end up being deeply immersed in gloom.

~Amanda Burton

It always interests me how obsessed people are about age.

~Amanda Burton

If I want to run around a field when I'm 70, I would like to have that option.

~Amanda Burton

Running gave me a focus to start looking after myself, to eat properly, and focus on building up my strength.

~Amanda Burton

I always start from scratch with a character - they're never based on anyone else. You get ideas of what people look like, and I'm a great

people watcher. You can draw inspiration from people.

~Amanda Burton

Whatever I'm doing, I try to give it everything.

~Amanda Burton

Being an actor is an extension of telling a story and I loved story telling as a child.

~Amanda Burton

No, I always wanted to be an actress.

~Amanda Burton

I couldn't imagine a home without animals.

~Amanda Burton

I was a complete tomboy. I loved wandering out in storms or walking on the beaches in the dark. It was a very free upbringing, and I'm grateful to my parents for that.

~Amanda Burton

I have been acting for 32 years now and I feel so lucky to be able to have done exactly what I wanted to do.

~Amanda Burton

I think some people think that being on television makes you a sitting duck, but you have the right to remain private.

~Amanda Burton

It would show hugely if I didn't want to be somewhere. Doing what you want to do can only generate good energy.

~Amanda Burton

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