

# Amy Chan Quotes

*People, Opportunity, Breakup, Pain, Gratitude, Attitude, Healing, Choices,  
Drinking, More Time, Events, Teach, Advice, May, Fall, Work Out, Chemistry,  
Being Positive, Broken, Doe*

Chemistry does not guarantee compatibility.

~Amy Chan

You cannot teach ambition.

~Amy Chan

There's a great difference between being positive and being delusional.

~Amy Chan

You allow people to treat you the way they do. Your energy, confidence and attitude is the currency that others will transact with.

~Amy Chan

Closing the door to toxicity is the most effective way to make space for new opportunity.

~Amy Chan

Gratitude is a choice. Happiness is an attitude.

~Amy Chan

You don't achieve greatness in life being surrounded by mediocre people with mediocre values. Choose your company wisely.

~Amy Chan

Sometimes, things need to come undone for better things to come together.

~Amy Chan

Oftentimes, we get advice from people who are not equipped to give it, and it does more harm than good.

~Amy Chan

Spend less time shopping, more time traveling.

~Amy Chan

Integrity is when your good intentions meet your actions - on a consistent basis.

~Amy Chan

People will become what you think of them. See them for their beauty and they will rise up. See them for their darkness, and they will fall.

~Amy Chan

Strive to be authentic, not perfect.

~Amy Chan

If you want to know someone, just look at who they choose to spend their time with.

~Amy Chan

You may not be able to change the events of your history, but you can change the story you've attached to those events.

~Amy Chan

Hold yourself on your own. A man's job in a romantic dynamic is not to be your butler, bank account or your father.

~Amy Chan

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