Women, People, Advice, Self, Persons, Life Is, Thinking, Bored, Hurt, Choices, Giving, Doors, Party, Should, Couple, Long, Reflection, Believe, Heart, Parent

Unsolicited advice is always self-serving.

~Amy Dickinson

People don't change when they don't acknowledge their actions.

~Amy Dickinson

Climb aboard life's elevator, hit the "up" button, and see where it takes you.

~Amy Dickinson

Sometimes the way through someone's tough outer shell is to do something obvious, thoughtful and sweet.

~Amy Dickinson

This is a tough situation. But it is what it is, and time has an amazing way of knitting together solutions as long as everybody stays calm and resolves to be as gentle and patient as possible.

~Amy Dickinson

Ask 10 people about their family relationships and at least five of them will report an estrangement.

~Amy Dickinson

Bullies never want to acknowledge their own actions. They want to move through life without reflection or apology.

~Amy Dickinson

When the choice is between a demanding relationship and a vintage pickup truck, I'll choose the truck every time.

~Amy Dickinson

When you are criticizing someone, you should speak only to your own experience - not others'.

Bullies often act out by marshaling aggression to cover up for insecurity.

~Amy Dickinson

[from a reader] I hope she learns to look for the joy in life instead of picking out negatives - it will change her life for the better.

~Amy Dickinson

Healthy boundaries are important, but you may be building a brick wall when a picket fence would do.

~Amy Dickinson

Do not make your current partner pay for the crimes and misdemeanors of your previous partners.

~Amy Dickinson

All promises are empty - until they are fulfilled.

~Amy Dickinson

"Don't be stupid!" is excellent advice.

~Amy Dickinson

There is nothing more painful than being rejected simply for being who you are.

~Amy Dickinson

Almost any group of three is going to form a triangle, with two points closer to one another.

~Amy Dickinson

As an advice columnist, I spend a lot of time reading through psychology journals to ensure that I give the most up-to-date advice.

Life is easier when you are comfortable in your own skin.

~Amy Dickinson

Weddings and funerals are when you figure out who your real friends are.

~Amy Dickinson

The fullness of life is incubated in its messy places.

~Amy Dickinson

Being alone is almost always preferable to being with the wrong person.

~Amy Dickinson

Marriage is an intimate relationship between two people. It is a bad idea to involve a third party.

~Amy Dickinson

Individuals who are uncomfortable with themselves sometimes emit vibes that make others uncomfortable.

~Amy Dickinson

If you've got a good book with you, you're never bored (or alone).

~Amy Dickinson

Sometimes toxic people are so resistant to change that therapy does not really help them - but they send everybody else into therapy to find ways to cope.

~Amy Dickinson

[from a reader] Whenever I feel myself resenting someone, I reach out. I have made good friends that way.

You should not propose marriage until you have resolved your feelings about your ex.

~Amy Dickinson

Single parenthood is hard, but it's simple too. You just do everything yourself.

~Amy Dickinson

Absence really can make the heart grow fonder, even when the [man's] feet wander.

~Amy Dickinson

Mature people must find their own ways to cope with their own temptations.

~Amy Dickinson

People who are combative in one relationship tend to be combative in other relationships.

~Amy Dickinson

Being inclusive sometimes means being kind toward people whose views are repugnant. But you should only do so if it is physically and emotionally safe for you.

~Amy Dickinson

Perspective is the enemy of long-lost love.

~Amy Dickinson

In life, you don't get instant satisfaction. In life, you get to slog. You work. You grow. You take the long view. You fill the void with self-actualization.

~Amy Dickinson

Have you ever noticed how bored people are also boring?

~Amy Dickinson

Groveling for connection from someone who compares you to Hitler is not good for a person's self-esteem.

~Amy Dickinson

He sounds like someone who might best be loved from a distance.

~Amy Dickinson

A threat is a promise followed by a consequence.

~Amy Dickinson

If you turn the heat down on the relationship, she will soften, the tension will lessen, and she will eventually inch closer to you. Don't go in for the hug until you achieve a handshake.

~Amy Dickinson

Not every relationship can be altered to fit.

~Amy Dickinson

Needy and boring parents tend to have needy and bored children.

~Amy Dickinson

One of the benefits of being divorced is that you no longer need to listen to your ex's assessment of the appropriateness of your actions.

~Amy Dickinson

One of the privileges of adulthood is that your parents don't get to tell you what to do.

~Amy Dickinson

One person gets to decide if something is a problem in a relationship.

If you feel guilty about not "playing nice," then you could easily alleviate your guilt by playing nice.

~Amy Dickinson

If people thought more, we'd all have less to amuse us.

~Amy Dickinson

"Nags" nag because they feel they aren't being heard.

~Amy Dickinson

We human beings are definitely capable of loving more than one person, but it seems to go more smoothly if we don't love more than one person at a time.

~Amy Dickinson

You should not be hovering in the background, inflating the drama. Simply envelop him in love and affection and let him know that you will support his efforts, whatever they are.

~Amy Dickinson

Life is weird. And guess what makes it weird? People.

~Amy Dickinson

You need to start behaving like the person you want to attract.

~Amy Dickinson

When you're a single parent, you're often lonely, yet seldom alone. There is no backup ... It is mothering without a net.

~Amy Dickinson

If you miss one moment of enjoying your own life and relationships because you're trying to punish someone else, the bad guy wins.

There is true freedom in letting go.

~Amy Dickinson

You cannot tie your fiance to the railroad track of self-reflection and personal improvement.

~Amy Dickinson

You should do what you want, but I think you should also consider wanting something different.

~Amy Dickinson

I believe that everyone deserves love, and sometimes looking outside your own culture is a good way to find it.

~Amy Dickinson

I think that, on some level, everybody lives vicariously through couples who are getting married.

~Amy Dickinson

If nothing changes, you will have to put your disappointment in perspective.

~Amy Dickinson

You must give and receive love only when doing so doesn't hurt others. That's the ethical path, and you should gain strength from walking it.

~Amy Dickinson

Life is both short and complicated. People sometimes make baffling choices.

~Amy Dickinson

You cannot beat the clock. My advice is to grab your moments of grace and enjoy them while they last.

We are not our best intentions. We are what we do.

~Amy Dickinson

When someone repeatedly insists that something isn't true, it increases the likelihood that it is.

~Amy Dickinson

Boredom has an important function, because pushing through it can unleash creativity.

~Amy Dickinson

Attraction happens when you feel important, valued, appreciated and wanted.

~Amy Dickinson

When you are wondering whether to say something negative about someone - even if it is true - the best rule to follow is, "I'll think about doing this tomorrow."

~Amy Dickinson

The ability to break a loved one's heart is the essential contradiction in human relationships.

~Amy Dickinson

Friends tell the truth to one another. Friends don't slam the door to correction or reflection when it is offered with affection.

~Amy Dickinson

Love is an irrational force, making humans do all sorts of strange and wonderful things like write poetry and take up the ukulele.

~Amy Dickinson

Friends tell each other the truth, and then friends stick around for the aftermath.



Friendships can survive after massive disappointment, but only if both parties are honest with one another.

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