Mother, Daughter, Grateful, Heart, Gratitude, Worry, Prayer, Sometimes, People, Coward, Suffering, Treatment, Self Esteem, Forget, Cutting, World, Jobs, Winning, Book, Thank You God

Making the ungrateful grateful will bring tears to your eyes, tears of blood bleeding from the heart.

~Ana Monnar

Ungrateful people forget what they are not grateful for.

~Ana Monnar

Don't ever lose hope because better days will come.

~Ana Monnar

Choose your friends and mates, not by the money in their bank account, creed, ethnicity, or color; instead, choose character, actions, heart, and soul. When we bleed, we bleed the same color.

~Ana Monnar

Strength of the mind is more powerful than strength of the muscles.

~Ana Monnar

Good thing I'm aging, otherwise I'd be dead.

~Ana Monnar

Whatever is going to happen will happen, whether we worry or not.

~Ana Monnar

My daughter and two sons are the flowers in my heart and garden.

~Ana Monnar

Treat other people's home as you want them to respect yours because what goes around comes around.

~Ana Monnar

Saturday is a day for the spa. RELAX, indulge, enjoy, and love yourself, too.

~Ana Monnar

I love God, Jesus Christ, my three children, mother, father, brother, sisters, family in general, my pets, my students, and true friends.

~Ana Monnar

At times anger will trigger harsh words. After a cooling the ability to speak from the heart with love and compassion.

~Ana Monnar

With the right treatment, love, and care the world is a better place.

~Ana Monnar

I'd rather hear an ugly truth, rather than an obscure lie.

~Ana Monnar

Some people suffer from the green-eyed monster called envy.

~Ana Monnar

The future is a split second away.

~Ana Monnar

Good for you and be proud of yourself because you have your priorities in order. Be proud of yourself if you are responsible, reliable, persistent, and take your job and education seriously.

~Ana Monnar

Our pets are our family.

~Ana Monnar

A journey indeed, in an emotional roller-coaster.

~Ana Monnar

Cowards dare others to do what they themselves do not dare to do.

~Ana Monnar

I see the glass half full and thank God for what I have.

~Ana Monnar

Think of your mother and smile for all of the good precious moments.

~Ana Monnar

On this Mother's Day and every day before and after, I thank you God for the precious gift of my three children. I love them unconditionally.

~Ana Monnar

I'm happy for all who reached for the stars happily and successfully.

~Ana Monnar

Play to win because almost doesn't cut it.

~Ana Monnar

If I had to do it all again, I would still want my same daughter and two sons; through laughter, tears, prayers, and blessings.

~Ana Monnar

I raised my three teens with love, perseverance, tenacity, sweat, tears, prayers, lighting candles, and the list could go on.

~Ana Monnar

Sometimes I tend to worry too much and at the end of all the preoccupation nothing goes wrong.

~Ana Monnar

Let us see what tomorrow will bring us? Will it be joy and triumph, chaos and glory, love and growth, or victory and success?

~Ana Monnar

Anticipation is sometimes more exciting than actual events.

~Ana Monnar

Work hard, put maximum effort, and have a good attitude. Most importantly never give up.

~Ana Monnar

My plan is to continue teaching many more years than the 32 years I've already enjoyed and continue writing, and promoting my books and websites if it's God will.

~Ana Monnar

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