

Andrew Cohen

Quotes

*Literature, Spiritual, Men, Self, Differences, Freedom, Soul, Gender, Ideas,
Thinking, Goal, Order, Years, Doubt, Heart, Two, Political, Executive Branch,
Views, Umpires*

When you meditate you discover over and over again that you are not a prisoner of your mind.

~Andrew Cohen

Everybody wants to get enlightened but nobody wants to change.

~Andrew Cohen

I am already inherently full and complete as I am. Man doesn't need woman and woman doesn't need man in order to experience his or her inherent fullness.

~Andrew Cohen

Our true nature is free of any and all notions of gender, of any notions of difference whatsoever.

~Andrew Cohen

Men are recognizing that they have been forced to conform to a very narrow and rather two-dimensional picture of maleness and manhood that they have never had the freedom to question.

~Andrew Cohen

Spiritual experiences and their results are not meant for the individual. They are for the evolution of the whole race.

~Andrew Cohen

The mess of the human condition is that fundamental trust has not yet been realized. The true value of profound spiritual experience lies in the discovery of that fundamental trust.

~Andrew Cohen

The executive branch maneuvered this result deftly.

~Andrew Cohen

Our relationship to reality and to our experience is all based upon the

ideas in our mind that we're always trying to live up to.

~Andrew Cohen

A lot of people in spiritual life use the awareness of difference, and the spiritual glorification of difference, as a justification to indulge in that which is ultimately unreal.

~Andrew Cohen

Almost all the ideas we have about being a man or being a woman are so burdened with pain, anxiety, fear and self-doubt. For many of us, the confusion around this question is excruciating.

~Andrew Cohen

Anyone who wants to be truly free must be willing to stand alone in the truth.

~Andrew Cohen

We are all capable of greatness when we know without any doubt that we are directly connected to a higher purpose.

~Andrew Cohen

If you know only one language, you're a prisoner, stuck in the tyranny of that one language.

~Andrew Cohen

It is true that women tend to be more identified with their bodies because in this crazy world, both men and women measure women's value as human beings in relationship to their physical appearance.

~Andrew Cohen

When you come together with your other half, you immediately experience a sense of wholeness and completeness.

~Andrew Cohen

Stillness is training for action.

~Andrew Cohen

I'm not convinced that what are traditionally considered to be male energies or qualities or female energies or qualities really have as much to do with gender as many people think they do.

~Andrew Cohen

I'm suspicious of any man or woman who approaches their own liberation with any kind of gender bias

~Andrew Cohen

The excitement that you were feeling about a special, unique path for yourself as a woman is all part of your identification with and attachment to being female. And that's ultimately all ego.

~Andrew Cohen

What would it be like to communicate from a part of your own self that is absolutely free from self-consciousness, that is fearless, uncorrupted, and passionately interested in the truth?.

~Andrew Cohen

Freedom has no history.

~Andrew Cohen

We really have to be willing to find out who we are instead of rebelling for the equal rights that we've been denied, that we do deserve.

~Andrew Cohen

Hopefully, America will really get a sense of how justice can be served in this country. And hopefully, they'll forget the Simpson trial.

~Andrew Cohen

We have been very conditioned by the cultures that we come from and

are usually very identified with the particular gender that we happen to be a member of.

~Andrew Cohen

One of the most extraordinary things about being a spiritual teacher is the rare privilege of being able to look deeply into the very souls of many human beings at the same time.

~Andrew Cohen

We're making far too big a deal out of our sexual preferences. It's just another form of narcissism, and I think it can be a big problem and a tremendous obstacle.

~Andrew Cohen

To campaign against colonialism is like barking up a tree that has already been cut down.

~Andrew Cohen

There's nothing tantric about my particular view on life.

~Andrew Cohen

What you're getting excited about is not A face, but a feminine face.

~Andrew Cohen

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