Doctors, Healing, Medicine, Needs, Care, May, Want, America, Drug,
Alternatives, Duty, Anxiety, Oil, Believe, Know It All, Attention, Physicians,
Taught, Natural, Wellness

Good health makes a lot of sense, but it does not make a lot of dollars.

~Andrew Saul

Use vitamins in place of drugs. This takes some moxie to do, for we have been taught to be consumers of medicine. We have been taught that anything cheap and safe cannot possibly be effective.

~Andrew Saul

Doctors frequently get it wrong. One out of five patients today is in the hospital because incorrect treatment by a physician put him or her there.

~Andrew Saul

It's unreasonable to expect medical doctors and pharmaceutical companies to tell you how to avoid their services by trying the alternatives.

~Andrew Saul

We need total health more than medically approved health. Our wellness should not be limited to our doctor's experience, but enhanced by our own experience.

~Andrew Saul

If you want something done right, you have to do it yourself. This especially includes your health care.

~Andrew Saul

Change your life. If you want to get better, that is what you have to do.

~Andrew Saul

If you want to be productive, follow leads and dig. Whether it is for oil, gold or information, it requires action - your action. Question authority. Do it yourself.

~Andrew Saul

Self-care means accepting some risk, and accepting much responsibility. It is not for all people or all cases.

~Andrew Saul

Much of the fear of doing something wrong vanishes when we are knowledgeable about what we are doing.

~Andrew Saul

I wish there were easy answers to people's health questions. There aren't. There are answers, all right, but they are not easy.

~Andrew Saul

Healing is too big a topic for any one person to know it all.

~Andrew Saul

No person knows your body better than you. The world's most sophisticated and sensitive diagnostic apparatus is your own body's feelings.

~Andrew Saul

Medicine is aptly described as an art, not a science. To this end, four different doctors may have up to four different diagnoses or prescriptions.

~Andrew Saul

It is a distinguishing feature of natural therapies that they are straightforward and reliable enough to safely do on your own, at home.

~Andrew Saul

If you are not highly educated, you will need to abandon your anxiety and fear of reading and doing research.

~Andrew Saul

We have been taught to "just eat a balanced diet." We have been

taught wrong. The truth is natural healing works.

~Andrew Saul

I believe that alternative healing methods are much more than just temporary or half measures.

~Andrew Saul

If we learn more than the doctor in areas of value to our health, it is our duty to apply this knowledge to the betterment of ourselves and our families.

~Andrew Saul

Andrew Saul is John Hall in a business suit. He's wrong on the war, on national security, immigration, abortion. He's Sue Kelly all over again.

~Andrew Saul

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