People, Mother, Thinking, Father, Honest, Giving, Heart, Independent, Film, Children, Believe, Years, Knows, Sex, Persons, Comedy, Liars, Care, Nurture, Email

I think self-exploration is one of the journeys in life that we are blessed to be able to have.

~Anne Heche

I'm always honest, whether I'm in the limelight or not.

~Anne Heche

It gets really tricky giving advice. The older I get, the less advice I give.

~Anne Heche

I'm one of those people who was taught not to ruffle any feathers. Of course, I have no problem ruffling feathers.

~Anne Heche

Human behavior is so intriguing. I find myself giving thumbs up signs all the time. I know I look like an absolute dork, but I do it anyway.

~Anne Heche

It's my job, to create a fantasy.

~Anne Heche

To have gone through so much work to heal myself and have my mother not acknowledge in any way that she was sorry for what had happened to me, broke my heart.

~Anne Heche

We do not fall in love with the package of the person, we fall in love with the inside of a person.

~Anne Heche

It's important to talk about loving yourself and looking at your tragedies and the stuff that makes you grow.

I believe I went through a divorce. My relationship with Ellen is no less significant as a marriage than my relationship to Coley.

~Anne Heche

Before, I just spewed whatever it was I thought about everything. I tend to be more contemplative now

~Anne Heche

He never admitted anything, even on his deathbed. He was a deluded liar. If it weren't for my father, I don't think I would be so open. So that's a huge blessing.

~Anne Heche

When you are coming out, you say it's for you. But when everybody says it's not OK, it becomes about that rather than about you. It disappointed me.

~Anne Heche

I was a bit of a big mouth my whole life. I'm a person who expresses themselves with a lot of openness

~Anne Heche

I'm very grateful for the platform that I've had in my life to speak out about the things I care about.

~Anne Heche

I was raised to pretend.

~Anne Heche

For me to stay healthy in a relationship, the individuals have to nurture themselves

~Anne Heche

I told my mother at about the seventh year of therapy that I had been

abused sexually by my father and she hung up the phone on me.

~Anne Heche

Are we changing the idea of what beauty is? Let's hope so. I'm not the typical Hollywood beauty. Let's hope we're looking at the insides of people a little more.

~Anne Heche

I have been very clear to everybody that just because I'm getting married does not mean I call myself a straight.

~Anne Heche

I don't belong to the straights now - they didn't get me back.

~Anne Heche

I love comedy, because I like making fun of things even though they are dramatic.

~Anne Heche

The decisions that Ellen made on her show were between her and her producers. I supported her decisions. I was there to hug her when she got home.

~Anne Heche

I searched so hard for a part that was so complex

~Anne Heche

I'm not crazy, but it's a crazy life. I was raised in a crazy family and it took 31 years to get the crazy out of me.

~Anne Heche

That's probably the most boring conversation you could hear - an actor talk about politics. I won't go there.

Vibrators. I think they are great. They keep you out of stupid sex. I'd pitch them to anybody.

~Anne Heche

Independent film is taking risks in all areas. It's not just about complicated women.

~Anne Heche

The broader your audience, the more people you have to appeal to.

~Anne Heche

I have given money to the Obama campaign online and now they bombard me with emails every day. Why did I do that online? Why didn't I just walk into an office?

~Anne Heche

Are people angry with me? Sure, anything you do in your life, people are going to be angry at you.

~Anne Heche

I've always kind of gone with my heart.

~Anne Heche

It's always a challenge to make an independent film. It's always a challenge to make a low budget film.

~Anne Heche

He raped me … he fondled me, he put me on all fours, and had sex with me.

~Anne Heche

When I was with Ellen, I was telling people, If you come out, it's gonna be better for you. But I honestly don't know that.

I do know something. Just not with any certainty.

~Anne Heche

I think it takes an introspective person to want to go into the theater and see the dark side of themselves.

~Anne Heche

I do not believe that I fell in love with a woman because I was abused.

~Anne Heche

Some people like to hear and not see, so we have the radio. There are so many different ways that we can get and participate in the arts.

~Anne Heche

I put myself on the line with my truth and my sexuality. That is my choice. My choice

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