

Anodea Judith Quotes

*Heart, Love Is, Body, Peace, Inspirational, World, Moving, Drama, Awakening,
Skin Color, Garden, Lessons, Disease, Solitude, Transcendence, States,
Civilization, Maps, Consistency, Divine*

We are moving from a chain of command to a web of connection, from competition to collaboration, from markets to networks and stockholders to stakeholders, and greed to green.

~Anodea Judith

It's not the meaning of life we seek but our aliveness. Once we have that, the meaning of life is obvious.

~Anodea Judith

The body is the vehicle, consciousness the driver. Yoga is the path, and the chakras are the map.

~Anodea Judith

To love ourselves is to act respectfully toward ourselves, to enjoy our own company when in solitude, to honor our limits and speak our truths.

~Anodea Judith

To lose our connection with the body is to become spiritually homeless. Without an anchor we float aimlessly, battered by the winds and waves of life

~Anodea Judith

It is only by embracing the full spectrum of human consciousness that we can bring about a true awakening of the heart

~Anodea Judith

Chakras are organizational centers for the reception, assimilation, and transmission of life-force energy. They are the stepping stones between heaven and earth.

~Anodea Judith

Love is a state of being in harmony with oneself.

~Anodea Judith

We either get success or lessons. If we learn our lessons successfully, we get both.

~Anodea Judith

The cultural transformation from the love of power to the power of love is the drama of our time.

~Anodea Judith

Scared is what happens when the sacred gets scrambled.

~Anodea Judith

We've created the almost godly power of being able to alter the climate, to change the face of the earth, now we need to develop the consciousness of gods, and wield that power wisely

~Anodea Judith

As you transform yourself, you transform the world.

~Anodea Judith

Liberation is the path of transcendence. Manifestation is the path of immanence. Both lead to the same place: the divine.

~Anodea Judith

Like a garden that is carefully tended, the rewards are well worth the effort.

~Anodea Judith

For it is indeed consciousness that makes the body fully alive, and the body that gives consciousness a place to live.

~Anodea Judith

It's not only for unanswered questions that we seek knowledge but also for the examination of unquestioned answers.

~Anodea Judith

Mind severed from body, culture from planet- to lose our ground is to lose our home.

~Anodea Judith

As civilization grows more complex, it is simultaneously becoming increasingly interrelated. We are converging upon ourselves, and this is forcing us to relate.

~Anodea Judith

Ascetic spirituality is a symptom of the very disease which it intends to cure.

~Anodea Judith

The material world may be nothing but illusion.

~Anodea Judith

World peace is the most essential outer realization of our time.

~Anodea Judith

The Presence of the demon keeps the chakra from doing its job, but that challenge also forces us to bring more awareness to that job, so eventually we can do it better.

~Anodea Judith

Human consciousness is now being drawn inexorably toward the same issues, the gaze of collective attention focused like never before.

~Anodea Judith

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