Thinking, People, Writing, Kids, Years, Food, Chef, Mean, Moving, Trying, Travel, Cooking, Drinking, America, World, Book, Guy, Children, Interesting, Dream

Don't dunk your nigiri in the soy sauce. Don't mix your wasabi in the soy sauce. If the rice is good, complement your sushi chef on the rice.

~Anthony Bourdain

your body is not a temple, it's an amusement park. Enjoy the ride.

~Anthony Bourdain

I don't like to see animals in pain. That was very uncomfortable to me. I don't like factory farming. I'm not an advocate for the meat industry.

~Anthony Bourdain

The journey is part of the experience - an expression of the seriousness of one's intent. One doesn't take the A train to Mecca.

~Anthony Bourdain

I'm never a reliable narrator, unbiased or objective.

~Anthony Bourdain

Doing graphic novels is cool! It's fun! You get to write something, and then see it visually page by page, panel by panel, working with the artist, you get to see it fleshed out.

~Anthony Bourdain

Anyone who doesn't have a great time in San Francisco is pretty much dead to me.

~Anthony Bourdain

Good food is very often, even most often, simple food.

~Anthony Bourdain

Vegetarians, and their Hezbollah-like splinter faction, the vegans ... are the enemy of everything good and decent in the human spirit.

I'd learned something... Food had power. It could inspire, astonish, shock, excite, delight and impress. It had the power to please me... and others. This was valuable information.

~Anthony Bourdain

To me, life without veal stock, pork fat, sausage, organ meat, demi-glace, or even stinky cheese is a life not worth living.

~Anthony Bourdain

I believe - to the best of my recollection, anyway - that I soon made the classic error of moving from margaritas to actual shots of straight tequila. It does make it easier to meet new people.

~Anthony Bourdain

Street food, I believe, is the salvation of the human race.

~Anthony Bourdain

The way you make an omelet reveals your character.

~Anthony Bourdain

Anyone who's a chef, who loves food, ultimately knows that all that matters is: Is it good? Does it give pleasure?

~Anthony Bourdain

In that sense, what a great way to live, if you could always do things that interest you, and do them with people who interest you.

~Anthony Bourdain

Margarine? That's not food. I Can't Believe It's Not Butter? I can. If you're planning on using margarine in anything, you can stop reading now, because I won't be able to help you.

~Anthony Bourdain

What nicer thing can you do for somebody than make them breakfast?

~Anthony Bourdain

Avoid at all costs that vile spew you see rotting in oil in screwtop jars. Too lazy to peel fresh? You don't deserve to eat garlic.

~Anthony Bourdain

That without experimentation, a willingness to ask questions and try new things, we shall surely become static, repetitive, moribund.

~Anthony Bourdain

The bible of cooking. The all-time argument ender. Early in my cooking career, I wielded my Larousse like a weapon and it never let me down.

~Anthony Bourdain

You have to be a romantic to invest yourself, your money, and your time in cheese.

~Anthony Bourdain

Skills can be taught. Character you either have or you don't have.

~Anthony Bourdain

Thinking of getting into the leg-breaking business, so I can profitably sell crutches later.

~Anthony Bourdain

Being a vegan is a first-world phenomenon, completely self-indulgent.

~Anthony Bourdain

An ounce of sauce covers a multitude of sins.

~Anthony Bourdain

You have an impeccable argument if you said that Singapore, Hong Kong, and Tokyo are food capitals. They have a maximum amount of great stuff to eat in the smallest areas.

~Anthony Bourdain

Good food and good eating are about risk.

~Anthony Bourdain

Context and memory play powerful roles in all the truly great meals in one's life.

~Anthony Bourdain

If anything is good for pounding humility into you permanently, it's the restaurant business.

~Anthony Bourdain

As you move through this life...you leave marks behind, however small. And in return, life - and travel - leaves marks on you.

~Anthony Bourdain

I'm excited by any food that's prepared by someone who's proud of what they're doing, who puts a personal imprint on food.

~Anthony Bourdain

For me, the cooking life has been a long love affair, with moments both sublime and ridiculous.

~Anthony Bourdain

Only Texans and Jews understand brisket

~Anthony Bourdain

I don't have to agree with you to like you or respect you.

~Anthony Bourdain

No one understands and appreciates the American Dream of hard work leading to material rewards better than a non-American.

I look at Guy Fieri and I just think, 'Jesus, I'm glad that's not me.'

~Anthony Bourdain

We learn as professionals by repetition, by getting it wrong, getting yelled at and doing it again.

~Anthony Bourdain

Recognise excellence. Celebrate weirdness and innovation. Oddballs should be cherished, if they can do something other people can't do.

~Anthony Bourdain

I'm not afraid to look like an idiot on TV.

~Anthony Bourdain

One of life's terrible truths is that women like guys who seem to know what they're doing.

~Anthony Bourdain

When you have a child you're no longer the star of the movie.

~Anthony Bourdain

I think of [street food] as the antidote to fast food; it's the clear alternative to the king, the clown and the colonel.

~Anthony Bourdain

Luck is not a business model.

~Anthony Bourdain

Without Montreal, Canada would be hopeless.

~Anthony Bourdain

Those places I don't understand, just doing bad food. It takes some doing. Making good pasta is so much easier than making bad stuff. It actually takes quite an effort to make poor linguine pomodora.

~Anthony Bourdain

There is no other place on earth even remotely like New Orleans. Don't even try to compare it to anywhere else.

~Anthony Bourdain

Don't lie about it. You made a mistake. Admit it and move on. Just don't do it again. Ever

~Anthony Bourdain

I urge you to travel - as far and as widely as possible. Sleep on floors if you have to.

~Anthony Bourdain

The fact of the matter is that, for years, the restaurant and service industry has been, to a great extent, built on the backs of often underpaid immigrants of often dubious legal status.

~Anthony Bourdain

There is no Final Resting Place of the Mind.

~Anthony Bourdain

Learn how to cook a (effing) omelet. I mean, what nicer thing can you do for somebody than make them breakfast? You look good doing it, and it's a nice thing to do for somebody you just had sex with.

~Anthony Bourdain

You learn a lot about someone when you share a meal together.

~Anthony Bourdain

Naturally, I'm misanthropic. But the Negronis are helping considerably.

~Anthony Bourdain

Understand, when you eat meat, that something did die. You have an

obligation to value it - not just the sirloin but also all those wonderful tough little bits.

~Anthony Bourdain

When your signature dish is hamburger in between a doughnut, and you've been cheerfully selling this stuff knowing all along that you've got Type 2 Diabetes... It's in bad taste if nothing else.

~Anthony Bourdain

As a chef I'm not your dietitian or your ethicist, I'm in the pleasure business.

~Anthony Bourdain

I always entertain the notion that I'm wrong, or that I'll have to revise my opinion. Most of the time that feels good; sometimes it really hurts and is embarrassing.

~Anthony Bourdain

There's always this assumption that you're going to get everything right immediately. And any professional understands that that's just not so.

~Anthony Bourdain

Open your mind, get up off the couch, move.

~Anthony Bourdain

Drink heavily with locals whenever possible.

~Anthony Bourdain

Food is so personal - I mean someone is talking to you when people are cooking for you. I like to hear an identifiable voice.

~Anthony Bourdain

My house is run, essentially, by an adopted, fully clawed cat with a mean nature.

~Anthony Bourdain

Southeast Asia has a real grip on me. From the very first time I went there, it was a fulfillment of my childhood fantasies of the way travel should be.

~Anthony Bourdain

Free time is my enemy. I recognized early on I'm not a guy who should have a lot of time to contemplate the mysteries of the universe. I need to stay busy... That's just the nature of my demons.

~Anthony Bourdain

As Americans, we tend to look at Mexican food as nachos, which is not Mexican food really - they don't eat them.

~Anthony Bourdain

Everything important I learned, I learned as a dishwasher.

~Anthony Bourdain

Get up early and go to the local produce markets. In Latin America and Asia, those are usually great places to find delicious food stalls serving cheap, authentic and fresh specialties.

~Anthony Bourdain

There's something wonderful about drinking in the afternoon. A not-too-cold pint, absolutely alone at the bar - even in this fake-ass Irish pub.

~Anthony Bourdain

You have to love a town where you can both smoke and gamble in a pharmacy.

~Anthony Bourdain

In America, there might be better gastronomic destinations than New

Orleans, but there is no place more uniquely wonderful.

~Anthony Bourdain

If you've ever hauled a 28-pound two-year-old around New York, you'll find that men fold at the knees a lot quicker than women.

~Anthony Bourdain

I hated the Naked Chef. Fine, yes, he did good things for school food or whatever, but, you know, I don't want my chefs to be cute and adorable.

~Anthony Bourdain

I didn't want food that looked unapproachable or ridiculously beautiful.

~Anthony Bourdain

I think fine dining is dying out everywhere... but I think there will be and there has to always be - room for at least a small number of really fine, old-school fine-dining restaurants.

~Anthony Bourdain

My French definitely improves the more I drink, as I worry less and less about absolutely perfect grammar. I do speak and understand the language, just not particularly well.

~Anthony Bourdain

I lurched away from the table after a few hours feeling like Elvis in Vegas - fat, drugged, and completely out of it.

~Anthony Bourdain

Where once they used to say, 'Cocaine is God's way of saying you have too much money' - now, maybe EDM is. Come ye lords and princelings of douchedom.

Cream rises. Excellence does have its rewards.

~Anthony Bourdain

I'm definitely looking forward to the day when I stop working - if I ever stop working. I like the idea of keeling over in my tomato vines in Sardinia or northern Italy.

~Anthony Bourdain

I listen a lot to how people speak. I've read a great many good books in my life. I had some excellent English teachers. Surely, those things were helpful.

~Anthony Bourdain

I would frankly be shocked if Donald Trump even knows how to use chopsticks or is even able to manipulate them with those tiny little fingers.

~Anthony Bourdain

I'm certainly dismayed by what I'm seeing now. There's a lot of ugliness of a kind I've never seen in my lifetime, or heard in my lifetime. But, look, I'm a romantic. I'm hopeful.

~Anthony Bourdain

Good food does lead to sex. As it should. And in a perfect world, good music does too.

~Anthony Bourdain

I'm really good at sleeping on planes. I mean, I smell jet fuel and I'm out; I'm asleep for takeoff.

~Anthony Bourdain

Regret is something you've got to just live with, you can't drink it away. You can't run away from it. You can't trick yourself out of it. You've just got to own it.

~Anthony Bourdain

I admire people who do things that are interesting to them, who don't have a strategy or a master plan or have a brand - I don't care about any of those things.

~Anthony Bourdain

If I were trapped in one city and had to eat one nation's cuisine for the rest of my life, I would not mind eating Japanese. I adore Japanese food. I love it.

~Anthony Bourdain

Look, getting bullied in school and coming home crying in the rain and my mom making me a can of Campbell's Tomato Soup with some oysterettes. It was comfort food; that is what food should be.

~Anthony Bourdain

Venezuela is another place I'd like very much to go, which is proving very difficult. I have not been there to make a show and I'd like to, very much.

~Anthony Bourdain

Really annoys me any time I see Asian fusion too. Asia is a big place; which Asian are you talking about? You notice it's never Uzbek or Tajik food. It's Thai, and it's generally insulting.

~Anthony Bourdain

I, a product of the New Frontier and Great Society, honestly believed that the world pretty much owed me a living--all I had to do was wait around in order to live better than my parents.

~Anthony Bourdain

I'm a Twitter addict. Jose Andres is a serial tweeter. It's funny to see which chefs have embraced it, and the different paths they take.

~Anthony Bourdain

If you have a good experience in a restaurant, you tell 2 people. If you have a bad experience, you tell 10 people.

~Anthony Bourdain

One of my few virtues - I don't have a lot of them - would be a deep sense of curiosity. I'm interested in how other people live in other places; I'm interested in other cultures.

~Anthony Bourdain

I'm not going anywhere. I hope. It's been an adventure. We took some casualties over the years. Things got broken. Things got lost. But I wouldn't have missed it for the world.

~Anthony Bourdain

I'd love to play bass with Parliament Funkadelic, but I can't play bass, so I don't think that's going to happen.

~Anthony Bourdain

When dealing with complex transportation issues, the best thing to do is pull up with a cold beer and let somebody else figure it out.

~Anthony Bourdain

Unlicensed hooch from a stranger in a parking lot. Good idea? Yes, of course it is.

~Anthony Bourdain

Turning your nose up at a genuine and sincere gesture of hospitality is no way to travel or to make friends around the world.

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