Thinking, People, Actors, Acting, Play, Believe, Years, Kids, Home, Expectations, Dream, Looks, Jobs, Trying, Way, Want, School, Writing, America, Moving

My philosophy is: It's none of my business what people say of me and think of me. I am what I am, and I do what I do. I expect nothing and accept everything. And it makes life so much easier.

~Anthony Hopkins

We are dying from overthinking. We are slowly killing ourselves by thinking about everything. Think. Think. You can never trust the human mind anyway. It's a death trap.

~Anthony Hopkins

Life's too short to deal with other people's insecurities.

~Anthony Hopkins

No expectations. Ask nothing, expect nothing and accept everything, and life is very well.

~Anthony Hopkins

A census taker once tried to test me. I ate his liver with some fava beans and a nice chianti.

~Anthony Hopkins

I don't believe in nepotism. I don't much like the idea of parents who interfere.

~Anthony Hopkins

Relish everything that's inside of you, the imperfections, the darkness, the richness and light and everything. And that makes for a full life.

~Anthony Hopkins

The whole point of courage, to overcome your fear. That's the interesting thing, when courage bleeds through the fear.

~Anthony Hopkins

I always liked to take the plunge, you know, I'd jump in at the deep end

and hope that I'd find land somehow, or hope I'd float or survive. That's more or less the way I've gone through my life.

~Anthony Hopkins

You're not more than one generation from poor white trash, are you, Agent Starling?

~Anthony Hopkins

I love life because what more is there?

~Anthony Hopkins

I have a punishing workout regimen. Every day I do 3 minutes on a treadmill, then I lie down, drink a glass of vodka and smoke a cigarette.

~Anthony Hopkins

Israel means war and destruction and we Americans are behind this war and I am ashamed of being American.

~Anthony Hopkins

I would like to go back to Wales. I'm obsessed with my childhood and at least three times a week dream I am back there.

~Anthony Hopkins

My weak spot is laziness. Oh, I have a lot of weak spots: cookies, croissants.

~Anthony Hopkins

Why love, if losing hurts so much? I have no answers anymore: only the life I have lived... The pain now is part of the happiness then.

~Anthony Hopkins

The art of acting is not to act. Once you show them more, what you show them, in fact is bad acting.

If you're an alcoholic or a drug addict, we flirt with death. We pull ourselves to the brink of destruction and if we're lucky we pull ourselves back. We all have that in us.

~Anthony Hopkins

I don't like mushiness. I'm a very emotional person but I hate sentimentality. I don't like great demonstrations of emotion. But as I'm getting older, I'm getting much more open about all that.

~Anthony Hopkins

People don't always tell you what they are thinking. They just see to it that you don't advance in life.

~Anthony Hopkins

I am a bit of a solitude person - a solitary personality. I like being on my own. I don't have any major friendships or relationships with people.

~Anthony Hopkins

I am able to play monsters well. I understand monsters. I understand madmen.

~Anthony Hopkins

Guilt is the thief of life.

~Anthony Hopkins

I'm very much a loner. I don't like long relationships with people and I always keep people at a distance.

~Anthony Hopkins

The reward is in the doing of it.

~Anthony Hopkins

We all dream. We dream vividly, depending on our nature. Our existence is beyond our explanation, whether we believe in God or we

have religion or we're atheist.

~Anthony Hopkins

By giving up 'the need' and 'the want', things begin to happen for you ~Anthony Hopkins

We are fascinated by the darkness in ourselves, we are fascinated by the shadow, we are fascinated by the bogeyman.

~Anthony Hopkins

That's what happens if you don't address the darkness in you. You become repressed and depressed and suicidal.

~Anthony Hopkins

If you don't go when you want to go, when you do go, you'll find you've gone.

~Anthony Hopkins

If you do things, whether it's acting or music or painting, do it without fear - that's my philosophy. Because nobody can arrest you and put you in jail if you paint badly, so there's nothing to lose.

~Anthony Hopkins

If you don't follow through on your dreams, you might as well be a vegetable.

~Anthony Hopkins

The movie industry is full of crazy people who think that they are god.

~Anthony Hopkins

I was called 'Dumbo,' like the elephant, as a child because I couldn't understand things at school.

I know how to be strong. I know how to be ruthless. It's part of my nature. I wouldn't be an actor if I wasn't.

~Anthony Hopkins

And I love a scary movie. It makes your toes curl and it's not you going through it.

~Anthony Hopkins

I like the good life too much, I'm not good at going on stage night after night and on wet Wednesday afternoons.

~Anthony Hopkins

I'm not young anymore. I don't wanna start over again.

~Anthony Hopkins

Beware the tyranny of the weak. They just suck you dry.

~Anthony Hopkins

Getting old ain't for the faint of heart.

~Anthony Hopkins

People forget that Mozart wrote for commissions. There's a thing in psychology where they think if it's popular, it can't be serious.

~Anthony Hopkins

I have no interest in Shakespeare and all that British nonsense... I just wanted to get famous and all the rest is hogwash.

~Anthony Hopkins

I know that some actors and directors like to have intensity on set. I don't, particularly. Certainly, if they want that, that's fine, but I can't work like that.

As a Welshman that can't sing, I never feel more proud to be Welsh than when I hear the Treorchy Male Choir - the Master Choir of them all. If I could sing I would apply for membership myself.

~Anthony Hopkins

I just learn my lines, go on set. Do my preparation, whatever that is. Have a cup of coffee. Say hello to everyone. And be friendly. "Action" - and then do it.

~Anthony Hopkins

My weak spot is laziness. I have a lot of weak spots - cookies, croissants; my wife is always lecturing me about this, I tend to put it all down as habit or it's just acting.

~Anthony Hopkins

I am not very good with relationships. With anyone. I can't be locked up with anyone for too long.

~Anthony Hopkins

When I was a young guy, I knew everything. Now I know very little. I know less and less as the time goes on.

~Anthony Hopkins

When you're young, you're very insecure. And if I could learn, if I could revisit my own past I could say to myself, don't think too much, just get on and do it.

~Anthony Hopkins

I've had no Â-contact with my daughter for years. That's her choice. Anyway, you move on. If people don't want to bother with me, fine. You know, God bless them, and move on.

~Anthony Hopkins

I've been composing music all my life and if I'd been clever enough at

school I would like to have gone to music college.

~Anthony Hopkins

I've reached a happy stage in my life - you can call it "happy" - but I have no expectations anymore. I'm glad I'm not young anymore.

~Anthony Hopkins

Women never really care to face the truth when their hearts are involved.

~Anthony Hopkins

I think the first British actor who really worked well in cinema was Albert Finney. He was a back-street Marlon Brando. He brought a great wittiness and power to the screen. The best actor we've had.

~Anthony Hopkins

If you have high expectations you're going to get resentments and all kinds of tension.

~Anthony Hopkins

I'm most suspicious of scripts that have a lot of stage direction at the top of the page sunrise over the desert and masses of a whole essay before you get to the dialogue.

~Anthony Hopkins

Actors I admire? Ed Harris, or course, I think he's terrific; because I know he always had to fight being what he looked like a lot, but I think he's a terrific actor.

~Anthony Hopkins

I don't have many friends; I'm very much a loner. As a child I was very isolated and I've never been really close to anyone.

I am young! Being creative and keeping your brain occupied is very sensible because if you don't you die, slowly.

~Anthony Hopkins

Certainty is the enemy of mankind. If you're certain about everything, you have the Inquisition, you have Nazis and you have - that certainty is something to be guarded about.

~Anthony Hopkins

You look closely enough, you'll find that everything has a weak spot where it can break, sooner or later.

~Anthony Hopkins

I have no education, I have no academic background in painting or in music, but I write music and I compose music and I write and I sell paintings, and my rule is, well, they can't arrest me.

~Anthony Hopkins

I think doubt is a very healthy way to live.

~Anthony Hopkins

I'm more and more convinced that life is a dream. What has happened to me is surely a dream.

~Anthony Hopkins

I'd like to wake up and look like Brad Pitt in the morning, but I don't. I look in the mirror, and I see me.

~Anthony Hopkins

Multiply it by infinity and take it to the depths of forever, and you will still have barely a glimpse of what I'm talking about.

~Anthony Hopkins

Whether it's overeating or it's overworking or over-sex or whatever it is,

alcoholism, drug addition, we push ourselves to the brink and then pull back because it's kind of exciting.

~Anthony Hopkins

I was bullied as a boy - lots of kids are, but hopefully most of us get on with our lives and grow up.

~Anthony Hopkins

I think all those actors from that generation, like Bogart - they were wonderful actors. They didn't act. They just came on and they did it, and the characters were wonderful.

~Anthony Hopkins

I'm interested in the dream and subconscious mind, the peculiar dream-like quality of our lives, sometime nightmare quality of our lives.

~Anthony Hopkins

It's very difficult to liberate yourself from what you've learned. You know it's almost impossible because you learn in order to survive.

~Anthony Hopkins

I never cling on to hope or certainty. They're the enemies of peace.

~Anthony Hopkins

I'm fascinated by the fact that we can't grasp anything about time.

~Anthony Hopkins

You have to be pretty tough to be an actor, and you have to be pretty certain what you want. You can't waffle through this business.

~Anthony Hopkins

Well, everyone likes movies when they're a little kid.

I'm devious, cruel, cunning and addictive.

~Anthony Hopkins

I've been very lucky. I've had my problems in the past, I've had my troubles, but you move on. I had a great life and I am really thankful for it.

~Anthony Hopkins

On his Hannibal Lector mask: I've got it at home. I wear it to bed every night.

~Anthony Hopkins

There's a thing that if you - somebody in faith is always troubled by doubt, and somebody by doubt is always wanted by faith. So it's a kind of paradox.

~Anthony Hopkins

I tried acting, liked it, and stuck with it. I saw it as the way I would keep that promise to myself of getting back at those who had made my school life a misery.

~Anthony Hopkins

I don't want to be anything else other than what I am. I can say that with passion. No regrets.

~Anthony Hopkins

I visualized a lot of things happening to me, because I was a lonely kid because I didn't understand anything about school.

~Anthony Hopkins

Danger is the spice of life and you've got to take a risk now and thenâ€!that's what makes life worthwhile.

For me, time is the greatest mystery of all. The fact is that we're dreaming all the time. That's what really gets me. We have a fathomless lake of unconsciousness just beneath our skulls.

~Anthony Hopkins

You still wake up sometimes. You wake up in the dark and hear the screaming of the lambs.

~Anthony Hopkins

Ryan Gosling. He was a good kid, good actor. I like him very much. What was the name of the movie? I've forgotten it. Fracture.

~Anthony Hopkins

There is nothing to be scared of in movies. It's a bit scarier going on stage.

~Anthony Hopkins

I couldn't say I ever dreamt of becoming a composer, a pianist, or anything else for that matter. I have the kind of brain where nothing is set in stone.

~Anthony Hopkins

My weak spot is that I don't like analyzing so I tend to be a bit lazy; I tend to get bored quickly, which means I must be boring.

~Anthony Hopkins

I hate taxing my mind with analysis. I'm not a good analyst. I cannot talk about acting. I hate talking about it. I hate talking about analyzing.

~Anthony Hopkins

There's many a good tune played by an old banjo.

~Anthony Hopkins

I don't know why they gave me a knighthood - though it's very nice of

them - but I only ever use the title in the U.S. The Americans insist on it and get offended if I don't.

~Anthony Hopkins

I've got no need to prove to myself that I can do Shakespeare. I've done it.

~Anthony Hopkins

I've always been hopeless at everything when I was a kid. That's why I became an actor - 'cause I couldn't do anything else.

~Anthony Hopkins

I worked with Steven Spielberg on Amistad... he seemed so very secure in himself that he let me do things.

~Anthony Hopkins

I play piano and that's my love. I read and I paint and I compose music, so I've got a pretty full creative life. And it's not because, I'm obsessively creative.

~Anthony Hopkins

My philosophy is: It's none of my business what people say of me and think of me.

~Anthony Hopkins

Keep low expectations and life gets pretty good.

~Anthony Hopkins

We have a Boesendorfer piano that I play every day. It keeps my brain and my fingers active.

~Anthony Hopkins

It was a challenge, to work with Oliver Stone.

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