Children, School, Kids, Years, Class, People, Father, Weight, Thinking, Real, Goal, Parent, Friendship, Self Worth, Opportunity, Theory, Voice, Building Up, Eating, Length

The crushing, pitiful, and frequently just plain risible pathos of an unsuccessful actor/performer's life is well charted.

~Arabella Weir

My theory is that one needs to be loved completely, unconditionally, and unfettered by parental disapproval, if one is to get happily through life which, after all, presents its own hurdles.

~Arabella Weir

Both Plockton and the Isle of Muck in north-west Scotland are incredibly beautiful. Sadly, Plockton has been discovered by tourists because it's where they shot Hamish Macbeth.

~Arabella Weir

If one's honest about it, spending time in a car with children is pretty ghastly.

~Arabella Weir

Despotism isn't nearly as bad as it's cracked up to be.

~Arabella Weir

My mother, father, stepmother and surrogate mother have all died of cancer; my best friend has got terminal cancer and at least five of my other friends have had cancer but survived it.

~Arabella Weir

Does everyone turn into a truculent thirteen-year-old when they go home, or is it just me?

~Arabella Weir

If there's one thing I know, it's this - everybody thinks somebody else is having a better life.

~Arabella Weir

If you have any power at all from being popular, then you have a duty to help people out.

~Arabella Weir

As I was growing up, it was made clear that the fat me wasn't welcome, that a thin person was expected and awaited, and impatiently so.

~Arabella Weir

With a diplomat father, for whom foreign postings were a fact of life, my siblings and I were expected to attend boarding schools in Britain.

~Arabella Weir

Sending your child off to school for the first time in their life is terrifying.

~Arabella Weir

Success, in whatever form it takes, is a tricky thing - once you've achieved your goal, then what? Where do you aim?

~Arabella Weir

There is an inherent tolerance and kindness in the state school teenagers I know.

~Arabella Weir

My parents' generation's benchmark was simple: Fat Equals Bad.

~Arabella Weir

When not eating, I like shopping; although I'm afraid I've become a bit of a cliche.

~Arabella Weir

I was accorded the opportunity to learn by failing - albeit at the cost of a few honourable teachers' sanity - and now I realise what a rare and incredible luxury that is.

~Arabella Weir

If I'm hunting down gifts, I like to buy locally.

~Arabella Weir

Why has everything got to be about feelings these days? In the old days, no one knew what anyone was feeling and, what's more, they weren't expected to.

~Arabella Weir

I would like it to be a legal requirement for all businesses to be linked to a charity.

~Arabella Weir

Statistically, if you have ever dieted you are extremely likely not only to regain any weight you lose, but to go on to gain even more. Dieting makes you fat.

~Arabella Weir

If no one saw - it didn't count. It's only when you eat in front of strangers or people that make you feel guilty that food is really fattening.

~Arabella Weir

Call me an over anxious, middle-class mum, but my eight-and-a-half-year old son looks very much, to me, like he's headed for a life of crime.

~Arabella Weir

The real me now may not be thin but she's got the cake and, if she likes, can eat it too.

~Arabella Weir

I have never done a package tour in my life. It appeals in a way, but then I remind myself that you can't control the other people with you, which could turn out to be ghastly.

~Arabella Weir

I don't subscribe to the 'Doctor Who' magazine and we've only got the normal amount of 'Doctor Who' fridge magnets.

~Arabella Weir

When popularity is your only goal, doing well in class is going to feature very low, if at all, on your priority list.

~Arabella Weir

I cry at everything, even the length of the queue at Sainsbury's.

~Arabella Weir

I spent my entire childhood living abroad because of my father's occupation, so we were on long-haul flights all the time.

~Arabella Weir

My dad was a diplomat and after living in America, where I was born, he was posted to Cairo.

~Arabella Weir

There is so much that is positive, wonderful even, about state schools. At a state school your kids will learn to live alongside and appreciate other kids from many diverse and different cultures.

~Arabella Weir

I'm the co-chair of the PTA at my kids' school, Ashmount Primary, in north Islington, London.

~Arabella Weir

I dont understand boys - just ask my husband.

~Arabella Weir

Sticking to a diet required me to have a permanently low self-esteem. But happily, I developed other skills beyond a fluctuating weight, eventually building up a different source of self-worth.

~Arabella Weir

Society prizes a girl for being thin more than anything else she might bring to the table.

~Arabella Weir

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