Trying, Voice, Beautiful, Perspective, Creating, Eye, Listening, Breathing, Ideas, Giving, Song, Skins, Judging, Long, Frustration, Use, Somewhere Else, Bored, Sound, People

A lot of me figuring out how to love myself more involves finding the things that I'm ashamed of and looking them right in the eye.

~Arca

You become more animalistic when you don't know what's coming next - you have to be on guard, but at the same time you're also more receptive.

~Arca

Someone can only be vampiric if you allow it.

~Arca

I had an unspoken treaty with myself to never lie in my lyrics, so, for a long time, when I wrote love songs, I would use genderless pronouns, like "dear" and "darling" - like some kind of granny!

~Arca

There is also a particular frustration that I have with language. It's so clumsy. And the reason I'm feeling that is more because on your breathing and your intonation than the actual words.

~Arca

I try to have things change before I get bored, and I figure other people might enjoy that too; I try not to let anything repeat for long enough that you can get used to it.

~Arca

I do love voices so much that I will use them and manipulate them. The presence of a human voice in a piece of music is really exciting, even if it's just someone's breathing.

~Arca

With song titles, I try to keep a healthy sense of humor while saying something at the same time.

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Arca Quotes

~Arca

I try to get my subconscious to puke out as much stuff as I can because I'm really not judging myself while making music.

~Arca

When I sit down to make music, I try to enter a flow; I always open a blank session and just make something that I feel like making.

~Arca

I do love the idea that something can make you forget that you're listening and just transport you to somewhere else in your head.

~Arca

When you actually make a new friend, and you make music and laugh really hard together, that can give you a lot of confidence and nourishment and encouragement.

~Arca

Only after a piece of music is done does my frontal cortex allow me to organize what might be trying to come out of my subconscious.

~Arca

Something I keep coming back to in my music is the tension between two extremes: healing and chaos, hope and anxiety - these big themes are inside us, flickering, all day.

~Arca

First thought, best thought. I live by that when I make my own music. ~Arca

I have an interesting relationship with my voice. I give myself tons of freedom in how to engage with my voice because I respect it a lot.

~Arca

It's very human to try to put things into boxes, and it's hard for us to
reconcile with grey areas, and yet somehow that's the area I find the
most poetic, the juiciest.

~Arca

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