

Ariel Gore Quotes

*People, Mother, Writing, World, Happiness, Heart, Artist, Block, Years, War,
Has Beens, Reality, Skills, Community, Home, Care, Christian, Worry, Artists
And Writers, Thinking*

I think there are different kinds of happiness. We know when we're happy a lot of the time, but then there are those moments that have more of an afterglow, when the happiness has more depth.

~Ariel Gore

The last introvert in a world of extroverts. Silence: my response to both emptiness and saturation. But silence frightens people. I had to learn how to talk. Out of politeness.

~Ariel Gore

I don't know if my mother was a narcissist - or bi-polar or borderline. Those were words she tossed around over the years.

~Ariel Gore

Conventional wisdom tells us we'll only be happier after a divorce if the marriage itself was a war zone.

~Ariel Gore

Some caregivers want to reciprocate the care they themselves received as children.

~Ariel Gore

In our cultural history, all emotions have been more culturally acceptable to women.

~Ariel Gore

A lot of positive psychology is stuck in being the psychology of privilege, and I reject that.

~Ariel Gore

With each beat, the heart pumps nearly three ounces of blood into the arteries--seventy-five to ninety gallons an hour when the body is at rest.

~Ariel Gore

If you need help or advice, ask for it, but don't worry too much about hurting other people's feelings by not doing what they say. If your gut says no, trust it. Do what seems right.

~Ariel Gore

Your heart is the size of your fist; keep loving, keep fighting.

~Ariel Gore

Looking for the perfect day is not going to make us happy, because that day isn't going to come.

~Ariel Gore

I always do like seeing other people dance in their cars. It's one of the things that makes me happy.

~Ariel Gore

Artists and writers have to understand and live the truth that what we are doing is nourishing the world.

~Ariel Gore

When you study postpartum depression, there is a very clear understanding that in communities where you see more support, there is less depression.

~Ariel Gore

They say change gets more difficult as we get older - each year we're more stuck in our ways, more reluctant to learn something new.

~Ariel Gore

Nourish the world with your words, yo.

~Ariel Gore

Settling other people's land is an American tradition.

~Ariel Gore

I'm sure there were plenty of loving, attentive mothers in the 'me generation,' but none of them lived at my house.

~Ariel Gore

In my experience, staying in a marriage that my ex and I both agreed had all its best moments behind it was epically depressing.

~Ariel Gore

When I was a kid, my mother's parenting style teetered between benign neglect and intense bouts of violence.

~Ariel Gore

New Agers have always told us that we create our own realities. Mind over matter.

~Ariel Gore

My own habit had always been to write about the things that ticked me off in a given day. If I kept a journal at all, I kept it to vent.

~Ariel Gore

Everything is freedom and everything is loneliness. Make your choice and let the rest fall away.

~Ariel Gore

One thing that blocks flow is self-consciousness.

~Ariel Gore

Researchers warn us against walking out on married life without a dang good reason.

~Ariel Gore

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