

# Aron Ralston Quotes

*Rocks, Beautiful, Climbing, Inspiration, Gone, Passion, Letting Go, Avalanches,  
Feels, Inspirational, Exercise, Knives, Winter, Cutting, Lessons, Tasks, Depth,  
Mean, Made A Mistake, Essence*

Adversity is the source of our deepest growth and greatest blessings; embrace it, dare to seek it.

~Aron Ralston

Everything happens for a reason, and part of that beauty of life is that we're not allowed to know those reasons for certain.

~Aron Ralston

May your boulders be your blessings. May you be able to embrace them. And may you find what's extraordinary in yourself.

~Aron Ralston

When we find inspiration, we need to take action for ourselves and for our communities. Even if it means making a hard choice, or cutting out something and leaving it in your past.

~Aron Ralston

It's me. I chose this. I chose all of this "this rock has been waiting for me my entire life. I've been moving towards it my whole life.

~Aron Ralston

I kind of entered a flow state. I've been there before while climbing. You are not thinking ahead. You are just thinking about what is in front of you each second.

~Aron Ralston

You'll never find your limits until you've gone too far.

~Aron Ralston

What you're looking at there is my arm, going into the rock... and there it is, stuck. It's been without circulation for twenty-four hours. It's pretty well gone.

~Aron Ralston

I stepped out of my grave and into my life again.

~Aron Ralston

Saying farewell is also a bold and powerful beginning.

~Aron Ralston

Indeed, it has affirmed my belief that our purpose as spiritual beings is to follow our bliss, seek our passions, and live our lives as inspirations to each other.

~Aron Ralston

Perhaps it's time, I muse, to close those chapters and remember the enduring lesson of my entrapment: that relationships, not accomplishments, are what's important in life.

~Aron Ralston

Judging by my degradation in the last 24 hours, I'll be surprised if I make it to Tuesday.

~Aron Ralston

I feel like I'm climbing as well, if not better, than ever.

~Aron Ralston

Bring love and peace and happiness and beautiful lives into the world in my honor. Thank you. Love you.

~Aron Ralston

I certainly made mistakes.

~Aron Ralston

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