Sports, Tennis, Winning, Inspirational, Motivational, Life, Black, Children,
Athlete, Library, Play, Way, Accomplishment, Time, Fun, Victory, Games, Sorry,
Sacrifice, Success

One important key to success is self-confidence. An important key to self-confidence is preparation.

~Arthur Ashe

True heroism is remarkably sober, very undramatic. It is not the urge to surpass all others at whatever cost, but the urge to serve others at whatever cost.

~Arthur Ashe

I keep sailing on in this middle passage. I am sailing into the wind and the dark. But I am doing my best to keep my boat steady and my sails full.

~Arthur Ashe

Start where you are, use what you have.

~Arthur Ashe

You've got to get to the stage in life where going for it is more important than winning or losing.

~Arthur Ashe

From what we get, we can make a living; what we give, however, makes a life.

~Arthur Ashe

Success is a journey, not a destination. The doing is often more important than the outcome.

~Arthur Ashe

Regardless of how you feel inside, always try to look like a winner.

~Arthur Ashe

I strongly believe the black culture spends too much time, energy and effort raising, praising, and teasing our black children about the dubious

glories of professional sports.

~Arthur Ashe

Fear isn't an excuse to come to a standstill. It's the impetus to step up and strike.

~Arthur Ashe

Life is like a tennis game. You can't win without serving.

~Arthur Ashe

We must reach out our hand in friendship and dignity both to those who would be friend us and those who would be our enemy.

~Arthur Ashe

The best way to judge a life is to ask yourself, "Did I make the best use of the time I had?

~Arthur Ashe

Let me put it this way: I think Republicans tend to keep the ball in play, Democrats go for broke.

~Arthur Ashe

Wherever I am when you feel sick at heart and weary of life, or when you stumble and fall and don't know if you can get up again, think of me. I will be watching and smiling and cheering you on.

~Arthur Ashe

If I were to say, 'God, why me?' about the bad things, then I should have said, 'God, why me?' about the good things that happened in my life.

~Arthur Ashe

There is a syndrome in sports called 'paralysis by analysis.'

You learn about equality in history and civics, but you find out life is not really like that.

~Arthur Ashe

The ideal attitude is to be physically loose and mentally tight.

~Arthur Ashe

I take the good with the bad, and I try to face them both with as much calm and dignity as I can muster.

~Arthur Ashe

Racism is not an excuse to not do the best you can.

~Arthur Ashe

I have become convinced that we blacks spend too much time on the playing field and too little time in libraries.

~Arthur Ashe

I have always tried to be true to myself, to pick those battles I felt were important. My ultimate responsibility is to myself. I could never be anything else.

~Arthur Ashe

It doesn't have to glitter to be gold.

~Arthur Ashe

When bright young minds can't afford college, America pays the price.

~Arthur Ashe

I have tried to keep on with my striving because this is the only hope I have of ever achieving anything worthwhile and lasting.

~Arthur Ashe

My potential is more than can be expressed within the bounds of my

race or ethnic identity.

~Arthur Ashe

Trust has to be earned, and should come only after the passage of time.

~Arthur Ashe

I accepted the face that as much as I want to lead others, and love to be around other people, in some essential way, I am something of a loner.

~Arthur Ashe

I don't want to be remembered for my tennis accomplishments.

~Arthur Ashe

Every time you win, it diminishes the fear a little bit. You never really cancel the fear of losing; you keep challenging it.

~Arthur Ashe

If one's reputation is a possession, then of all my possessions, my reputation means most to me.

~Arthur Ashe

You really are never playing an opponent. You are playing yourself.

~Arthur Ashe

If you're paid before you walk on the court, what's the point in playing as if your life depended on it?

~Arthur Ashe

Having grown up in a segregated environment in the south I know what it's like to be stepped on, I know what it's like also to see some black hero do well in the face of adversity.

Later, I discovered there was a lot of work to being good in tennis.

~Arthur Ashe

This is my career highlight. Getting to the fourth round in the U.S. Open in my first year in the U.S. Open and first year on the tour.

~Arthur Ashe

A couple of times a day I sit quietly and visualize my body fighting the AIDS virus. It's the same as me sitting and seeing myself hit the perfect serve. I did that often when I was an athlete.

~Arthur Ashe

Always have the situation under control, even if losing. Never betray an inward sense of defeat.

~Arthur Ashe

My humanity, in common with all of God's children, gives the greatest flight to my full range of my possibilities.

~Arthur Ashe

We must believe in the power of education. We must respect just laws. We must love ourselves, our old and or young, our women as well as our men.

~Arthur Ashe

Someone once told me that God figured that I was a pretty good juggler. I could keep a lot of balls in the air at one time. So He said, "Let's see if he can juggle another one."

~Arthur Ashe

...I spent many, many hours in...libraries. Libraries became courts of last resort, as it were.

A wise person decides slowly but abides by these decisions.

~Arthur Ashe

In America you're conditioned to regard everything as a contest. You have to make the Ten Best Dressed List, win this, win that. It drives me nuts sometimes. Who cares, for Christ's sake?

~Arthur Ashe

It is not just the more talented player who wins. Some players may try a little harder.

~Arthur Ashe

It's an abnormal world I live in. I don't belong anywhere. It's like I'm floating down the middle. I'm never quite sure where I am.

~Arthur Ashe

I'm learning to use others' weaknesses. I don't hammer a man's soft spot constantly, because he may strengthen it. I just save it as a trump up my sleeve for moments when I really need a point.

~Arthur Ashe

If I don't ask "Why me?" after my victories, I cannot ask "Why me?" after my setbacks and disasters.

~Arthur Ashe

I don't want to be remembered for my tennis accomplishments. That's no contribution to society. [Tennis] was purely selfish; that was for me.

~Arthur Ashe

You've got to make a lot of sacrifices and spend a lot of time if you really want to achieve with this sport, or in any sport, or in anything truly worthwhile.

There's no better stage than the U.S. Open for me

~Arthur Ashe

You come to realize that life is short, and you have to step up. Don't feel sorry for me. Much is expected of those who are strong.

~Arthur Ashe

Sometimes, a defeat can be more beautiful and satisfying than certain victories. The English have a point in insisting that it matters not who won or lost, but how you played the game.

~Arthur Ashe

Drummed into me, above all, by my dad, by the whole family, was that without your good name, you would be nothing.

~Arthur Ashe

With what we give, we make a life.

~Arthur Ashe

I have always drawn strength from being close to home.

~Arthur Ashe

If I didn't play tennis I probably would have to see a psychiatrist.

~Arthur Ashe

There is a terrific apprehension among some people that blacks will take over the sport... It will create problems because their behavior, speech and dress is just a completely different culture.

~Arthur Ashe

Do not feel sorry for me if I am gone.

~Arthur Ashe

When we were together, I loved you deeply and you gave me so much

happiness I can never repay you.

~Arthur Ashe

I may not be walking with you all the way, or even much of the way, as I walk with you now.

~Arthur Ashe

Martina's like the old Green Bay Packers. You know exactly what she's going to do, but there isn't a thing you can do about it.

~Arthur Ashe

I guess I started too early because I just thought it was something fun to do.

~Arthur Ashe

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