

Ashley Judd Quotes

*Thinking, People, Girl, Giving, Years, Powerful, Character, Self, Believe, Men,
Children, Empowering, Home, Self Esteem, Media, Country, Two, Mom, Fun,
Boys*

It doesn't matter what you've done in the past - what matters are the choices you make right now. God gives you the chance to start over with every breath.

~Ashley Judd

You have so much power to bring awareness, prevention and change.

~Ashley Judd

I get lonely when I'm a Playstation widow.

~Ashley Judd

Your private relationship with yourself is a spring that will feed every other factor.

~Ashley Judd

The empowerment of girls and women is an essential tool to preventing the HIV/AIDS emergency from exploding any further

~Ashley Judd

It is better to begin in the evening than not at all.

~Ashley Judd

A wonderful pastor I know once told me, "Perfectionism is the highest order of self-abuse." So now I try to remind myself that if I engage in perfectionism, I am abusing myself. Period.

~Ashley Judd

It's up to us to take pop culture back and to express quality and dignity for both boys and girls.

~Ashley Judd

It's unconscionable to breed with the number of children who are starving to death in impoverished countries.

~Ashley Judd

My mothers into frilly dresses and eyelashes and hairstyles from the 1970s. We always argue about that.

~Ashley Judd

Ruby in Paradise and the intensity and quality that I was able to experience on Smoke were equally as important to me as working on this movie every day for three-and-a-half months.

~Ashley Judd

Regardless, we are a two career household, and it's Dario's season, and I'm really excited about going racing.

~Ashley Judd

I was always told I was special. And I was also assured that I had a gift and a purpose.

~Ashley Judd

Yeah, I've had the privilege to know a lot of really talented people.

~Ashley Judd

I have a responsibility to nurture and shepherd my talent and when I'm living the parts of my life not related to that I feel I have the right to be left alone.

~Ashley Judd

I did a lot of hiking and I loved it.

~Ashley Judd

I think that being perceptive and having interests is nothing but an asset.

~Ashley Judd

When we were growing up, we were so poor that our heritage was the only thing we had. Mama would say, 'Kids, pour more water in the

soup. Better days are coming.'

~Ashley Judd

People say that to me and I think what unites all my characters is that they are hurt; it's most accurate to say I play characters that are hurt but are responding to their environment.

~Ashley Judd

I think it's easy for me to connect to some people, and I don't know if that's the same thing as falling in love whereas before, I might have said it was.

~Ashley Judd

I have a lot of variety within me, and the dream role, I think, is actually a compilation of parts that express different aspects of my persona and personal interests.

~Ashley Judd

I think that we give the impression, to carry on your metaphor, that we go a little faster than we actually do. I'm fairly lazy so I'm always interested in slowing down.

~Ashley Judd

Both my husband and I give a lot of ourselves in what we do because that is our public lives but in my private life, I have an intrinsic right to be left alone.

~Ashley Judd

My vocation is to make my life an act of worship

~Ashley Judd

God doesn't make mistakes and timing unfolds as it should.

~Ashley Judd

Self care isn't selfish. It's self esteem.

~Ashley Judd

I can't think of anything I want and need that I don't already have but at the same time, I'm not sated.

~Ashley Judd

I have said countless times that unless you are delivering a product and service that is really needed and unless you are doing it really well, you don't stick around for 80 years.

~Ashley Judd

I think that, as with marriage, you just know when it's time to have kids.

~Ashley Judd

I've been devoted to Alison Krauss for many, many years.

~Ashley Judd

No, I don't tolerate pressure from anyone about anything.

~Ashley Judd

I'd just as soon freeze to death.

~Ashley Judd

I've always been crazy for the American songbook.

~Ashley Judd

And of course there's so much music in and around our family. I had a piano during Christmas because it's obviously useful through the season. There are so many people, songwriters, who are around.

~Ashley Judd

A lot of people over the years have been doing yoga and I think even more these days are expressing an interest in it. So there are a lot of

manifestations of spirituality here in town.

~Ashley Judd

Cross-generational sex is the phenomenon in which young girls are given material goods in exchange for sex. All girls are vulnerable to it, particularly orphans.

~Ashley Judd

Getting married is an incredible act of hopefulness.

~Ashley Judd

You don't stay married for 35 years by accident. I think that that's willful and intentional and something that both people really want.

~Ashley Judd

Everything I've done has been personally fun, important, and meaningful to me.

~Ashley Judd

More often than what you're suggesting, I find people are surprised that I have an urban side to me.

~Ashley Judd

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