Thinking, People, Girl, Fun, Looks, Guy, Want, Mom, Character, Littles, Play, Young, Trying, Work Out, Sports, Mirrors, Important, Exercise, Bigs, Able

I like to do a lot of cardio.

~Ashley Tisdale

I used to hate looking in the mirror. I've grown up into myself and now I'm happy with the way I look.

~Ashley Tisdale

The 'believe' tattoo is because my mom always told me to believe.

~Ashley Tisdale

The only way to grow is to challenge yourself.

~Ashley Tisdale

Don't let anyone, or any rejection, keep you from what you want.

~Ashley Tisdale

I'm very sassy. I want to show people in my album I'm not like my characters on TV.

~Ashley Tisdale

I hope to inspire people, influence people.

~Ashley Tisdale

I love pink, it's so girly!

~Ashley Tisdale

I love Christmas, not just because of the presents but because of all the decorations and lights and the warmth of the season.

~Ashley Tisdale

With every character, I just bring something that I can make my own.

~Ashley Tisdale

When fans come up to me and Vanessa, they're really sweet and ask

for autographs - but once they see the guys, the girls tend to scream.

~Ashley Tisdale

Sometimes, girls focus too much on relationships - like, "I need a boyfriend!" But you should really just focus on yourself. But it will all come together when you least expect it.

~Ashley Tisdale

I'm very headstrong and I know what I want from life. I listen to peoples' opinions, but a lot of the time I'll trust my own instincts. I'm also really clumsy, so I'm always getting hurt.

~Ashley Tisdale

If I feel like someone's trying to bring me down, I just walk away from it. ~Ashley Tisdale

I don't drink, and I don't smoke. It's a personal preference. My mom has never drunk or smoked. I look up to my mom.

~Ashley Tisdale

People see me as cute, but I'm so much more than that.

~Ashley Tisdale

I'm a confident person. I just try to be me. I like to make people laugh, I am a comedienne - so if people find me sexy, that's awesome.

~Ashley Tisdale

I love shopping, but I can find something to buy wherever I go! London is great for shopping, as is Los Angeles and New York - but I can find a good shop in the middle of nowhere!

~Ashley Tisdale

I definitely think cheerleaders have no fear. When I took the Hellcats job I was like whoa, this is a sport. Cheerleaders deserve a lot of

respect for what they do.

~Ashley Tisdale

I'm actually most comfortable when I'm in a bikini, running around on the beach, like, no makeup. It's really free-feeling, whereas I'm always having to get dressed up and putting makeup on.

~Ashley Tisdale

You can be plain and smart, or pretty and smart. You can even be plain and dumb! You just have to be yourself.

~Ashley Tisdale

I never give up on things.

~Ashley Tisdale

I've had a normal life, but I have struggled to get here. It hasn't been handed to me and it hasn't been easy.

~Ashley Tisdale

I love to work out and do cardio and have a healthy, active lifestyle, but I also am not going to, like, freak out over food.

~Ashley Tisdale

I never really looked up to celebrities when I was young.

~Ashley Tisdale

In high school, it was all about popularity, being with the boyfriend and all the girls thinking he's cute.

~Ashley Tisdale

Zac Efron would make us feel guilty for eating big dinners. He'd say, 'Do you really want to eat those carbs?' It was like, 'Thanks a lot!'

Zac Efron is like a brother who's just goofy and crazy. He plays a lot of practical jokes.

~Ashley Tisdale

I look at Jessica Alba and think she's got a great body. I think that's what women are supposed to look like.

~Ashley Tisdale

I'm not someone who likes to be in the whole Hollywood tabloids.

~Ashley Tisdale

I was always superthin, too skinny, actually. I felt like someone could break me in half. I realize now that being a bit more curvy and toned is so much more beautiful.

~Ashley Tisdale

I like to have fun but my fun is different from other people's fun.

~Ashley Tisdale

I'm not just the young girl everybody thinks I am. I'm actually a woman.

~Ashley Tisdale

I know I have pretty good instincts.

~Ashley Tisdale

I love pancakes, and I actually do love healthy stuff. Like, I love gluten-free or whole-wheat pancakes. Breakfast is my favorite meal.

~Ashley Tisdale

You can feel like, 'I look really bad', but to other people you can be really gorgeous.

~Ashley Tisdale

I love being home at Christmastime.

~Ashley Tisdale

I'm definitely the kind of person to wear underwear all the time.

~Ashley Tisdale

I think it's so important, as young women, to have relationships, especially when you're in your early 20s. But it's always so important to focus on yourself.

~Ashley Tisdale

I'm in love with 'Bravo.' Me and my girlfriends love 'Bravo-ing,' which doesn't necessarily mean watching 'Bravo.' It's when you're a bum and you're on your couch watching reality shows.

~Ashley Tisdale

My mom is very confident and she was always a role model of mine.

~Ashley Tisdale

I want people to know that I'm a real person, and that I've been through normal situations, like crushes and heartbreaks.

~Ashley Tisdale

I've always wanted to be sure my parents approve of what I do.

~Ashley Tisdale

I don't mind being a Disney girl.

~Ashley Tisdale

I'm living out my dreams and I love what I do.

~Ashley Tisdale

If I like you, I'll confront you and be open about it. Then I expect you to come after me.

I'm not trying to run away from my fans at all. I want them to grow with me.

~Ashley Tisdale

Now before I work out, I think, 'I love exercise,' and it works.

~Ashley Tisdale

I'm a big romantic, so I love guys who are romantic too.

~Ashley Tisdale

I think fame can come and go.

~Ashley Tisdale

I've loved Michael Jackson, his music, his music videos.

~Ashley Tisdale

I've always been able to keep my private life separate from my business.

~Ashley Tisdale

I love to sing! To be in a movie with musical number is the coolest thing ever!

~Ashley Tisdale

I love Kelly Clarkson.

~Ashley Tisdale

Communication is so key.

~Ashley Tisdale

Music and fashion inspire each other.

~Ashley Tisdale

Producing is just a big learning experience.

~Ashley Tisdale

I want to be with someone who wants to work as much as I do and who respects me like I respect him.

~Ashley Tisdale

I grew up on movies like Airplane! and The Naked Gun. You probably saw it more recently, but as a kid I grew up on them so I loved those kinds of movies.

~Ashley Tisdale

My look is a very individual look. I love Pink, but I don't really dress like Pink.

~Ashley Tisdale

I actually liked Rise of the Planet of the Apes. I remember just watching it and being pleasantly surprised with that movie. I didn't think it would be as good as it was, so I love that movie.

~Ashley Tisdale

Growing up I always knew I had a deviated septum on the right side of my nose, which caused trouble breathing. The older I got, the worse it got.

~Ashley Tisdale

My sister is totally my dad's daughter because she loves sports.

~Ashley Tisdale

I can take a week's vacation - maybe a week and a half - but after that, I'm itching to go back to work.

~Ashley Tisdale

I text a lot people, because it's how I stay connected with all my family and friends when I'm on set and traveling.

~Ashley Tisdale

I like someone I can have fun with and who can be more laid-back than I am, because it calms me down.

~Ashley Tisdale

Hey, it isn't bad that I look young.

~Ashley Tisdale

I can't watch scary movies right now, because living on my own, it kind of freaks me out.

~Ashley Tisdale

I just loved playing the mean girl. When you're not like a character, it's kind of fun to play.

~Ashley Tisdale

I know I come off like a very outgoing person, and yeah, I'm outgoing, but there's also a part of me that still likes to be in my little shell sometimes.

~Ashley Tisdale

I'm happy that I was able to experience a normal life besides show business, because it gives you something to draw from.

~Ashley Tisdale

My family belongs to a tennis club in Valencia, California, so I always go there. I play a lot of tennis with my dad and swim. And I like to go to the gym there.

~Ashley Tisdale

I'm so grateful for what Disney gave me and the experiences that I got, but at the end of the day, I can do so much more than what I did on that channel and in those movies.

~Ashley Tisdale

I think nothing ever ends on Disney Channel. They keep playing it.

~Ashley Tisdale

I give dating advice on a regular basis. It's not that I'm any expert, but it's always nice to share that with your friends.

~Ashley Tisdale

My agent didn't want me on Disney because I'm older. But honestly, I'm not ready for older roles yet, or even the things older girls do. I am still young.

~Ashley Tisdale

I feel like when I went back to my original hair color, a little bit of an edgier side came out.

~Ashley Tisdale

Acting is everything to me; it's what I've always wanted to do. I may never have this chance to do what I'm doing right now. So I guess right now I'm going to do as much as I can with it.

~Ashley Tisdale

Cheerleaders deserve a lot of respect for what they do.

~Ashley Tisdale

I love clothes and I love fashion.

~Ashley Tisdale

It's really hard when a celebrity dies out of nowhere, 'cause it's very shocking... surreal.

~Ashley Tisdale

I don't go clubing. So, I don't smoke or drink.

~Ashley Tisdale

I have a sexy side to me, but it's more of a fun sexy.

~Ashley Tisdale

When I was little, I saw the play 'Les Miserables' on Broadway, I thought it was the most amazing thing I have ever seen.

~Ashley Tisdale

I don't really believe in rules, but I do like old-fashioned dating where you don't call the guy until he calls you. I don't think it's like he's got to do this and that's the rule.

~Ashley Tisdale

I grew up in the business since I was three years old so I've always kind of been in front of the camera and grew up in commercials and I knew that I wanted to do it no matter what, I just loved it.

~Ashley Tisdale

I'm always surrounded by good-looking guys, like Zac Efron, so I have to be with someone who's not going to get jealous about any of that, or when I'm kissing somebody in a scene.

~Ashley Tisdale

I think whenever any guys come along they're intimidated, and they don't really talk that much unless I talk to them.

~Ashley Tisdale

I'm not into clubbing. I want to be known for my work.

~Ashley Tisdale

I realized just how much exercise and eating right make a difference in how you feel now and when you get older.

An 'OMG' of mine would probably be speaking on stage and performing in front of thousands of people!

~Ashley Tisdale

I definitely think cheerleaders have no fear.

~Ashley Tisdale

I'm a strong person. I'm also very sassy and a little bit angsty sometimes.

~Ashley Tisdale

I feel like every project I've ever done has had music involved in it somehow.

~Ashley Tisdale

I love change, and I love changing my hair. But it was strange to look in the mirror and think 'Who is this girl?'

~Ashley Tisdale

I'd love to do more action stuff, in the future.

~Ashley Tisdale

It's important to have girlfriends, because guys tend to come and go.

~Ashley Tisdale

I love keeping a connection with everyone I've worked with.

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