People, Heart, Thinking, Past, Sky, Fall, Alive, Blue, Disease, Air, Fighting, Just Being, Patient, Tears, White, Giving, Sick, Inconvenience, Tree, Right Now

People shouldn't dwell on the past. It's enough to try your best in all that you're doing now.

~Aya Kito

I understood that menstruation - the indication that you're a real woman - stopped if you grew weak from illness

~Aya Kito

I put my hand on my chest. I can feel my heart beating. My heart is working. I'm pleased. I'm still alive.

~Aya Kito

I want to be like the air. The good-hearted person whose kindness overflows and people realize how important she was to them, once she is gone. I want to be that kind of person.

~Aya Kito

If you look up at the sky after falling down the blue sky is also today stretching limitlessly and smiles at me... I'm alive.

~Aya Kito

I really don't want to say things such as 'I want to go back as how things were before.' I recognize how I am right now, and I will continue to live on.

~Aya Kito

Death is not fearful. What's fearful is giving up.

~Aya Kito

Just being alive is such a lovely and wonderful thing.

~Aya Kito

A handicapped person is a human being with the same heart as anyone else. It's not a misfortune if you can't hear-it's just an

inconvenience.

~Aya Kito

As I think about the future the tears will come out again.

~Aya Kito

But I'm a patient, so I have to focus on recuperation

~Aya Kito

Gather up your fighting spirit or the disease will deafeat you!

~Aya Kito

There's a pigeon's nest on the branch of the tree outside the window. A chick is growing up in it. I'm happy about that

~Aya Kito

People often say that the beginning of the rainy season is a bad time for sick people

~Aya Kito

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