

# B. J. Palmer Quotes

*Body, Men, Disease, Medicine, World, Causes, Flow, Inspirational, Wells,  
Running, People, Chiropractic, Jobs, Ideas, Way, Healing, Germs, Dividends,  
Needs, Adjusting*

We never know how far reaching something we may think, say or do today will affect the lives of millions tomorrow.

~B. J. Palmer

Medicine is the study of disease and what causes man to die.  
Chiropractic is the study of health and what causes man to live.

~B. J. Palmer

While other professions are concerned with changing the environment to suit the weakened body, chiropractic is concerned with strengthening the body to suit the environment.

~B. J. Palmer

The power that made the body, HEALS THE BODY. It happens no other way.

~B. J. Palmer

Many of us take better care of our automobiles than we do our own bodies... yet the auto has replaceable parts.

~B. J. Palmer

Smile and smile often. Smile regularly. Smile when you don't feel like it and you will feel like it when you smile.

~B. J. Palmer

The preservation of health is easier than the cure for disease.

~B. J. Palmer

Medicine is about disease and what makes people die. Chiropractic is about life and what makes people live.

~B. J. Palmer

Nature needs no help, just no interference.

~B. J. Palmer

Have you more faith in a spoonful of medicine than in the power that animates the living world?

~B. J. Palmer

Knowledge is knowing a fact, wisdom is knowing what to do with that fact.

~B. J. Palmer

There is no effect without a cause. Chiropractors adjust causes. Others treat effects.

~B. J. Palmer

All the drugs in the world cannot adjust a subluxated vertebrae

~B. J. Palmer

Make your decision for what is right not expedient, and wash your mind of all compromise.

~B. J. Palmer

We get sick because of something inside going wrong! We get well because of something inside going right!

~B. J. Palmer

How do you make a dimmed light bright again? Remove the interference. How do you increase health in a dis-eased person? The same way!

~B. J. Palmer

It takes 65 muscles to frown and 13 to make a smile. Why work overtime?

~B. J. Palmer

Every organ in your body is connected to the one under your hat.

~B. J. Palmer

When man violates man's laws, we send him to jail and point the finger of scorn at him. When he violates nature's laws, we send him to a hospital, give him flowers, and feel sorry for him.

~B. J. Palmer

Healing is an inside job.

~B. J. Palmer

To take in a new idea you must destroy the old, let go of old opinions, to observe and conceive new thoughts. To learn is but to change your opinion.

~B. J. Palmer

Chiropractic is health insurance. Premiums small. Dividends large!

~B. J. Palmer

Innate must flow fully, freely, naturally; to, through, and into the educated brain to produce what education calls greatness.

~B. J. Palmer

The love you give away is the love you keep.

~B. J. Palmer

The master of your body did not run off and leave you masterless.

~B. J. Palmer

In the future, Chiropractic will be valued for its preventative qualities as much as for relieving and adjusting the cause of ailments.

~B. J. Palmer

Get the big idea and all else follows.

~B. J. Palmer

It is the path of least resistance that makes rivers and men crooked.

~B. J. Palmer

Miracles are manifestations for which science has no definition, no analysis.

~B. J. Palmer

If the 'germ theory of disease' were correct, there'd be no one living to believe it.

~B. J. Palmer

For you have in your possession a sacred trust. Guard it well.

~B. J. Palmer

Medical men have searched the world for remedies, desiring an antidote. Chiropractors find the cause in the person ailing.

~B. J. Palmer

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