

Baba Hari Dass

Quotes

*Yoga, Spiritual, Desire, Teacher, Inspiration, People, Teaching, Spirituality,
Tapas, Love Everyone, Ocean, Training, Real, Strong, Marriage, Should, Goal,
Elephants, Hunters, Heart*

If you work on yoga, yoga will work on you.

~Baba Hari Dass

No one can please everyone. Your mental peace is more important. If you are in peace, then others around you will feel peace. So your best effort should be to work on yourself.

~Baba Hari Dass

By running away from the world no one can get peace. Anywhere you go the problems will go with you, because the problems are inside you and not outside. Outside is simply a projection of inside.

~Baba Hari Dass

The world is not a burden; we make it a burden by our desires. When the desires are removed, the world is as light as a feather on an elephant's back.

~Baba Hari Dass

Work honestly, meditate everyday, meet people without fear and play.

~Baba Hari Dass

The body is a boat that carries the soul in the ocean of the world. If it is not strong, or it has a hole, then it cannot cross the ocean, so the first duty is to fix the boat.

~Baba Hari Dass

Children copy their parents, friends, and teachers. They will develop the habits of the people around them. So if you want your child to be honest, peaceful and happy you should be that way first.

~Baba Hari Dass

As soon as a person starts thinking, 'I want to be a better person,' that is the start of Yoga.

~Baba Hari Dass

Love everyone, including yourself. This is real sadhana.

~Baba Hari Dass

Life is not a burden, but we make it one when we refuse to accept things as they are.

~Baba Hari Dass

You can't teach a hunter it's wrong to kill.

~Baba Hari Dass

When body, breath, and mind work together in harmony to achieve a spiritual goal, that is yoga.

~Baba Hari Dass

Cultivate a sympathetic heart, humility in dealings, and selflessness in action. If these are practiced with earnestness and sincerity, then you will win the race of life.

~Baba Hari Dass

Tapas is not a penance, it's a mental training to develop will power

~Baba Hari Dass

We are always learning from each others. Only when we merge inside God would we stop learning. We will understand more as we teach others, so we rely on teaching in order to learn for ourselves.

~Baba Hari Dass

If a pickpocket meets a Holy Man, he will see only His pockets.

~Baba Hari Dass

Who realizes what? That is realization.

~Baba Hari Dass

Desire is the creator; desire is the destroyer.

~Baba Hari Dass

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- Ocean Quotes
- Training Quotes
- Real Quotes
- Strong Quotes
- Marriage Quotes
- Should Quotes
- Goal Quotes
- Elephants Quotes
- Hunters Quotes
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