

Barbara Cartland

Quotes

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After forty a woman has to choose between losing her figure or her face. My advice is to keep your face, and stay sitting down.

~Barbara Cartland

To sleep around is absolutely wrong for a woman; it's degrading and it completely ruins her personality. Sooner or later it will destroy all that is feminine and beautiful and idealistic in her.

~Barbara Cartland

Among men, sex sometimes results in intimacy; among women, intimacy sometimes results in sex.

~Barbara Cartland

I always wear boot polish on my eyelashes, because I am a very emotional person and it doesn't run when I cry.

~Barbara Cartland

You become what you think. You are what you eat.

~Barbara Cartland

I consider myself an expert on love, sex and health. Without health you can have very little of the other two.

~Barbara Cartland

When you get past fifty, you have to decide whether to keep your face or your figure. I kept my face.

~Barbara Cartland

My heroines are always virgins. They never go to bed without a ring on their fingers; not until page 118 at least.

~Barbara Cartland

I'll keep going till my face falls off.

~Barbara Cartland

The right diet directs sexual energy into the parts that matter.

~Barbara Cartland

Love is next to Godliness with certain safeguards.

~Barbara Cartland

Every woman dreams of love. When she is young she prays she will find it. When she is middle aged she hopes for it and when she is old she remembers it.

~Barbara Cartland

Good must triumph over evil. It usually does in life and in any case it's bad for young people to believe it doesn't.

~Barbara Cartland

People don't roll around naked in my books. I do allow them to go to bed if they're married, but it's all very wonderful and the moon beams.

~Barbara Cartland

I would love to employ a man, but how can I possibly give a man dictation from the bath?

~Barbara Cartland

The great majority of people in England and America are modest, decent and pure-minded and the amount of virgins in the world today is stupendous.

~Barbara Cartland

France is the only place where you can make love in the afternoon without people hammering on your door.

~Barbara Cartland

A historical romance is the only kind of book where chastity really counts.

~Barbara Cartland

I have always found women difficult. I don't really understand them. To begin with, few women tell the truth.

~Barbara Cartland

As long as the plots keep arriving from outer space, I'll go on with my virgins.

~Barbara Cartland

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