

# Barry Zito

## Quotes

*Sports, Thinking, People, Guy, Running, Kids, League, Long, Mind, I Can,  
Mechanic, Cocky, Veteran, Example, Ballet, Athlete, Spiritual, Writing, Nice,  
Player*

Some people pray to a totem pole, some people pray to a sun, some people pray to a god. It all works for them. It all comes back to what you think.

~Barry Zito

I'm so secure in myself I couldn't care less what people think of me.

~Barry Zito

The outfield is solid, so is the catching and the infield.

~Barry Zito

I do look forward to keeping in touch with the guys because we'll always be connected in people's minds.

~Barry Zito

Big league defense is going to get outs most times.

~Barry Zito

Meyer and I have a bit in common because we're both left-handed. I think it's great that he seeks out that advice because he's not too "cool" or too uncomfortable to ask for it.

~Barry Zito

It's not like I'm some kind of veteran and there is this huge age gap. I identify with them more off the field. I need to set an example, which is great, and I look forward to doing just that.

~Barry Zito

I refuse to be molded into some stereotypical ballplayer that has no interests, really, no life, no depth, no intelligence.

~Barry Zito

I looked up to my father when I was 7 and 8. I believed it was my calling to be in the big leagues. I'd been raised by a family that always told me

I could do anything I wanted.

~Barry Zito

When someone becomes successful or rich and famous, people perceive that person as being different. But I'm the same guy I've always been.

~Barry Zito

I was this 5-7 pudgy kid in high school... I wasn't a popular kid. I was an outcast.

~Barry Zito

We speak for the entire Giants organization when we say that there is no place in society for hatred and bullying against anyone.

~Barry Zito

I just write mechanical things.

~Barry Zito

I'm OK being the veteran, but I'm still just a kid.

~Barry Zito

I can count my friends on one hand.

~Barry Zito

I need to have perspective. That's one of the big things former players told me, to not try to live up to anything, just live up to yourself.

~Barry Zito

Everyone focuses on the earthly state, but how cool might death be? I believe in spiritual rebirth, and I can't wait to experience that.

~Barry Zito

I'm not trying to be cocky, but I set such a high standard for myself. I'm

not happy when I pitch seven innings and give up two runs and get a win.

~Barry Zito

I view my pitching on how confident I was out there, period. And if I lose that confidence, I can become a prisoner of my own mind.

~Barry Zito

I think I'm aware of what goes on in my mind more than some guys, and for that reason I fight more battles.

~Barry Zito

It would be great to just be able to ignore everything and pitch to a spot, to suppress the intellect and let the intuition take over.

~Barry Zito

We're all physical bodies, but basically everything we do is determined by what goes on in our heads. The only person who ever stops me from achieving something is me.

~Barry Zito

When I'm doing well, it's like I'm in a nice little ballet. Everything is going slow all around me. It's very peaceful.

~Barry Zito

I hadn't focused on mechanics since I signed professionally.

~Barry Zito

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