

Benedict of Nursia

Quotes

*Firsts, Soul, Heart, Catholic, Inspiration, Enemy, Faith, Evil, Light, Humility,
Children, Vices, Rust, Together, Sleepy, Sick, Hearing, Healing, Idleness,
Prayer*

Whenever you begin any good work you should first of all make a most pressing appeal to Christ our Lord to bring it to perfection.

~Benedict of Nursia

He who labors as he prays lifts his heart to God with his hands.

~Benedict of Nursia

Listen and attend with the ear of your heart.

~Benedict of Nursia

Be careful to be gentle, lest in removing the rust, you break the whole instrument.

~Benedict of Nursia

The first degree of humility is prompt obedience.

~Benedict of Nursia

He should first show them in deeds rather than words all that is good and holy.

~Benedict of Nursia

There is nothing better to display the truth in an excellent light, than a clear and simple statement of facts.

~Benedict of Nursia

Prayer ought to be short and pure, unless it be prolonged by the inspiration of Divine grace.

~Benedict of Nursia

Before all, and above all, attention shall be paid to the care of the sick, so that they shall be served as if they were Christ Himself.

~Benedict of Nursia

Run while you have the light of life!

~Benedict of Nursia

The first step of humility is unhesitating obedience which comes naturally to those who cherish Christ above all.

~Benedict of Nursia

Idleness is the enemy of the soul; and therefore the brethren ought to be employed in manual labor at certain times, at others, in devout reading.

~Benedict of Nursia

It is time now for us to rise from sleep.

~Benedict of Nursia

Girded with faith and the performance of good works, let us follow in his [Jesus] paths by the guidance of the Gospel.

~Benedict of Nursia

And let them first pray together, that so they may associate in peace.

~Benedict of Nursia

It is useless to subdue the flesh by abstinence, unless one gives up his irregular life, and abandons vices which defile his soul.

~Benedict of Nursia

To attribute to God, and not to self, whatever good one sees in oneself; but to recognize always that the evil is one's own doing, and to impute it on one's self.

~Benedict of Nursia

Then are they truly monks when they live by the labor of their hands.

~Benedict of Nursia

Idleness is an enemy of the soul.

~Benedict of Nursia

He who has ears for hearing, let him listen

~Benedict of Nursia

The sleepy like to make excuses.

~Benedict of Nursia

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