

# Bernard Hopkins

## Quotes

*Motivation, Fighting, Work Out, Fighter, Years, People, Thinking, Boxing, Knows, Athlete, Men, Strong, Careers, Winning, Challenges, Sports, Different, Guy, Mean, Smart*

If you don't know your own value, somebody will tell you your value, and it'll be less than you're worth.

~Bernard Hopkins

It takes no effort to be ordinary. Ordinary is not even a challenge. You can do nothing and be ordinary.

~Bernard Hopkins

I am an old man, I just happen to be an old man that can fight.

~Bernard Hopkins

I would never let a white boy beat me. You can print that. I would never lose to a white person.

~Bernard Hopkins

You're hated by some, loved by others, but that's what's great about being different. If everybody loved you, that means you're not doing the right thing most of the time.

~Bernard Hopkins

I'm not going to give up. If you pay attention to my plan and the way I live and the way I eat, then you have a chance to extend your life a few more years.

~Bernard Hopkins

The only way you can get experience is from the clock. Time works with some people and against some people. Fortunately, the clock has worked in my favor.

~Bernard Hopkins

There are so many things I've done that the world of boxing has witnessed. It's going to be difficult for the boxing people to pick one of my performances as the best.

~Bernard Hopkins

There's no great person that lived that didn't go through scrutiny or ridicule and prosecution in all types of ways, to be who they are in history.

~Bernard Hopkins

I want to be the poster child for taking care of yourself after 40. Obesity is an epidemic in this country and I'm a living, breathing example of what it means to stay healthy.

~Bernard Hopkins

I must destroy everybody that comes in front of me. I must execute them and I must do it in grand style. I must slay Robert Allen like I must slay De La Hoya or anybody else that steps in that ring.

~Bernard Hopkins

Early on in my career I had the kind of anxious where you couldn't sleep at night. That anxiousness is like a virus we all have in us. Some you can deal with but some will wipe you out.

~Bernard Hopkins

I didn't need to take any fight for the last 10 years. But I've always fought the best and I've always wanted to prove myself to the best.

~Bernard Hopkins

This fight isn't about boxing, it's something deeper than that.

~Bernard Hopkins

I'm 100 percent clean. I'm doing this off of nuts and bananas.

~Bernard Hopkins

Did you hear what this idiot just said!? He said it's not about the W...It's everything about the W with me!

~Bernard Hopkins

The only thing I can do is be right about what I say. Because I know I'm being watched. I understand what I'm facing. All I can do is put the work behind it.

~Bernard Hopkins

Anybody who thinks I'm taking this fight for a paycheck doesn't know me. My whole life I've been achieving the impossible.

~Bernard Hopkins

I still shop at Costco. I just started tipping two years ago.

~Bernard Hopkins

I function better when my back is to the wall.

~Bernard Hopkins

When you have somebody that's smart and you're not so smart, to me that's modern day slavery because you're being dictated to.

~Bernard Hopkins

Boxers are resilient guys. We know how to take of a big punch that hits us, we know how to survive. Oscar is a survivor, he's gonna be back bigger and stronger.

~Bernard Hopkins

I am going in there to win this fight. I don't think people are taking me seriously. I'm gonna surprise a lot of people. This guy helped two people make history.

~Bernard Hopkins

I got knocked down. Anybody could be knocked down, anybody can be knocked out, but it's not what happened, but what happens next.

~Bernard Hopkins

This is a great position to be in. I don't really believe there is any fighter,

in any decade that can be in my position of luxury that I've been in for many years.

~Bernard Hopkins

I don't know what being a 48-year-old feels like. There are a lot of 48 year olds that aren't in good shape. The pharmacy is making a killing off of them.

~Bernard Hopkins

I was made to be where I'm at. I just had to go through some challenges, so that I can educate others later.

~Bernard Hopkins

The controversy was that Chad Dawson thought he was in an MMA fight and not a boxing match.

~Bernard Hopkins

If I'm in a situation where Duane Ford is one of the judges, I have to pick it up.

~Bernard Hopkins

The powers that be don't want athletes or boxers to become as smart as they are.

~Bernard Hopkins

The middleweight division is one of the most exciting divisions in the sport. Fighters can punch like heavyweights and have the speed of the lightweights. You have the best of world worlds.

~Bernard Hopkins

I always not only want push the envelope in my career but I also have an itch for going against the grain.

~Bernard Hopkins

There's always a chance you will see something new in a fight.  
Especially in boxing.

~Bernard Hopkins

I wouldn't wanna fight me, because I know it wouldn't be a good  
outcome for both.

~Bernard Hopkins

I was told I would be back in 90 days. If I listened to people, I would be  
back where I came from - the penitentiary.

~Bernard Hopkins

You're not going to see a new Bernard Hopkins. I'm too old for that  
crap. I think what you will see is something different that I know I am  
capable of doing.

~Bernard Hopkins

I've got a history of frustrating guys and making them angry.

~Bernard Hopkins

The streets was basically my parents.

~Bernard Hopkins

I really didn't care. I'd do something to somebody and walk in front of  
them the next day like it never happened. I had very very low value on  
my own life.

~Bernard Hopkins

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