

Betty Ford Quotes

*Alcohol, Years, First Lady, Baby, Thinking, People, Children, Firsts, Husband,
Mind, School, Recovery, Self, Knows, Sad Truth, Cooking, President, Streaks,
Having A Baby, Driving*

That's what we're here on this Earth for, to help others.

~Betty Ford

I have an independent streak. You know, it's kind of hard to tell a independent woman what to do.

~Betty Ford

The search for human freedom can never be complete without freedom for women.

~Betty Ford

You can make it, but it's easier if you don't have to do it alone.

~Betty Ford

A liberated woman is one who feels confident in herself, and is happy in what she is doing. She is a person who has a sense of self-it all comes down to a freedom of choice.

~Betty Ford

You never know what you can do until you have to do it.

~Betty Ford

I feel it's important to be active. People who retire, sit by their swimming pool and golf course and plan to relax have a very empty life.

~Betty Ford

Being a lady does not require silence.

~Betty Ford

My makeup wasn't smeared, I wasn't disheveled, I behaved politely, and I never finished off a bottle, so how could I be alcoholic?

~Betty Ford

I don't look at what I've lost. I look instead at what I have left.

~Betty Ford

Any woman should have the right to a safe and legal abortion.

~Betty Ford

Having babies is a blessing, not a duty.

~Betty Ford

I don't feel that because I'm First Lady, I'm very different from what I was before. It can happen to anyone. After all, it has happened to anyone.

~Betty Ford

I've learned a lot about myself. Most of it is all right. When I add up the pluses and subtract the minuses, I still come out pretty well.

~Betty Ford

I believe the equal rights amendment is a necessity of life for all citizens. The cabinet sometimes felt that I shouldn't be so outspoken.

~Betty Ford

We're full all the time. And people do have good success and I think one of the programs at the center, the Continuing Care, helps them with their success. Because it's difficult the first year.

~Betty Ford

I'll never forget the day that I was told I would have to have a mastectomy. My reaction to the words was total denial.

~Betty Ford

I know I was an alcoholic because I was preoccupied whether alcohol was going to be served or not.

~Betty Ford

It's always been my feeling that God lends you your children until they're about eighteen years old. If you haven't made your points with them by then, it's too late.

~Betty Ford

Friends aren't any more important than breath or blood to a high school senior.

~Betty Ford

Alcohol may pick you up a little bit, but it lets you down in a hurry.

~Betty Ford

Holding these babies in my arms makes me realize the miracle my husband and I began.

~Betty Ford

The problem with drugs is that people forget to stop doing them. There's a time and a place for everything, Mr. Mackey, and it's called college.

~Betty Ford

When I say we've had an ideal marriage, I'm not just talking about physical attraction, which I can imagine can wear pretty thin if it's all a couple has built on. We've had that and a whole lot more.

~Betty Ford

But my activities have been pretty much focused in the last almost 30 years on the recovery, of my own recovery, the understanding for my family of my recovery.

~Betty Ford

I really didn't want to have my name on the center, because it just seemed like it was too much of a personal thing.

~Betty Ford

I had thought I would hate being First Lady... I loved it.

~Betty Ford

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