

Bo Lozoff Quotes

*Spiritual, Kindness, World, Eye, Heart, Honesty, Joy, Teaching, Meditation,
Caring, Teacher, Real, Years, Opportunity, Keys, Shining, Cities, Gaps,
Beautiful, Causes*

The cause of all our personal problems and nearly all the problems of the world can be summed up in a single sentence: Human life is very deep, and our modern dominant lifestyle is not.

~Bo Lozoff

Life, like any other exciting story, is bound to have painful and scary parts, boring and depressing parts, but it's a brilliant story, and it's up to us how it will turn out in the end.

~Bo Lozoff

The gap between our sincere values and our actual behavior is the source of all self-hatred.

~Bo Lozoff

We're all stumbling towards the light with varying degrees of grace at any given moment.

~Bo Lozoff

Meditation is simply seeing reality and acknowledging it with bare honesty.

~Bo Lozoff

Little by little deep inside us, the diamond shines, the eyes open, the dawn rises, we become what we already are.

~Bo Lozoff

Without loving and caring for others, most of us stand little chance of communing with God/the Divine Wisdom, no matter how many years we may spend in silent prayer.

~Bo Lozoff

Do you want a world with . . . more joy and happiness? Then find your own joy and happiness and contribute to the joy and happiness of others.

~Bo Lozoff

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