Basketball, Sports, Team, Nba, Practice, Winning, Thinking, Player, People,
Inspirational, Running, Coaching, Games, Motivational, Media, Kids, Son, Jobs,
Giving, Writing

Discipline is knowing what to do. Knowing when to do it. Doing it to the best of your abilities. Doing it that way every single time.

~Bobby Knight

The will to succeed is important, but what's more important is the will to prepare.

~Bobby Knight

Most people have the will to win, few have the will to prepare to win.

~Bobby Knight

When my time on earth is done and my activities here are past, I want them to bury me upside down, so my critics can kiss my ass.

~Bobby Knight

If the NBA were on channel 5 and a bunch of frogs making love were on channel 4, I'd watch the frogs, even if they were coming in fuzzy.

~Bobby Knight

In order to achieve to achieve positive results, one must work for them, not hope for them

~Bobby Knight

Everybody wants to be on a championship team, but nobody wants to come to practice.

~Bobby Knight

I don't believe in luck, I believe in preparation.

~Bobby Knight

You play ball against yourself; your opponent is your potential.

~Bobby Knight

Don't fight the rabbits. If you fight the rabbits, the elephants are going to

### kill you.

~Bobby Knight

We should not have to push you to work hard, you should work hard because you want to be a great player.

~Bobby Knight

I've never felt my job was to win basketball games - rather, that the essence of my job as a coach was to do everything I could to give my players the background necessary to succeed in life.

~Bobby Knight

Do what needs to be done, when it needs to be done the best way it can be done, and do it that way every time.

~Bobby Knight

A coach should never be afraid to ask questions of anyone he could learn from.

~Bobby Knight

I've always had an a\$\$-to-the-brain theory. When a player's a\$\$ gets put on the bench, a message goes straight to the brain saying, Get me off of here.

~Bobby Knight

BS is just what it stands for, an MS is More of the Same, and a PhD is Piled Higher and Deeper.

~Bobby Knight

Mental toughness is to physical as four is to one.

~Bobby Knight

To be as good as it can be, a team has to buy into what you as the coach are doing. They have to feel you're a part of them and they're a

### part of you.

~Bobby Knight

All of us learn to write in the second grade. Most of us go on to greater things.

~Bobby Knight

Your biggest opponent isn't the other guy. It's human nature.

~Bobby Knight

Good planning avoids the need for fixing up a project that plowed ahead without thought... about potential pitfalls.

~Bobby Knight

Al McGuire talked to me I don't know how many times about dealing with the press: "You've got to be a con man." I tried that for a day or so, but it never really worked for me.

~Bobby Knight

You don't play against opponents, you play against the game of basketball.

~Bobby Knight

The red I wear is Indiana's red, not Moscow's red. Indiana was here long before communism.

~Bobby Knight

I would rather be thought of as a teacher than a coach.

~Bobby Knight

The biggest difficulty in getting to the top of the ladder is getting through the crowd at the bottom.

Passing is your best weapon against man to man. Dribble penetration is your best weapon against zone.

~Bobby Knight

For me to get an award from the press, I know there's been no favoritism.

~Bobby Knight

To me, the most enjoyable part is the practice and preparation ~Bobby Knight

Positive wish: 'The sun will come out tomorrow.' Negative reality: 'Yeah, and it will flash brand-new daylight on the same old mess unless something is done to clean it up.

~Bobby Knight

Failure, to me, is not having the desire to try. Having the desire to try is in it own way success.

~Bobby Knight

What is the best thing you can do in a close game? Drive to the basket and put pressure on the defense! Not jack up jump shots

~Bobby Knight

You are never going to be driven anywhere worthwhile, but you sure as hell drive yourself to a lot of great places. It is up to you to drive yourself there.

~Bobby Knight

As his team prepares, a coach's entire being must be concentrated on winning games.

~Bobby Knight

Everybody hears, but few listen.

~Bobby Knight

Players must be able to carry out simple instructions from the bench to the court. If they can't, then they can't play

~Bobby Knight

I don't have to wait until the next morning to regret something I did that was kinda dumb.

~Bobby Knight

I just love the game of basketball so much. The game! I don't need the 18,000 people screaming and all the peripheral things. To me, the most enjoyable part is the practice and preparation.

~Bobby Knight

I've always felt that, you know, the Almighty has a lot of things to do other than help my basketball team.

~Bobby Knight

Defense is all about helping. No one can guard a good dribbler, You have to walk kids through how to help and then how to help the helper ~Bobby Knight

Perform drills that force your players to think

~Bobby Knight

I recognize that I have a problem with my temper. For those times it has ever caused me to do anything that gave anyone understandable and justifiable reason to be upset, I am sincerely sorry.

~Bobby Knight

A quick way for any player to make himself better is to think about what he himself doesn't like to play against

Victory favors the team making the fewest mistakes.

~Bobby Knight

Practice structure determines success.

~Bobby Knight

### Offense is not equal opportunity

~Bobby Knight

Superiority and success doesn't favor good effort or self-esteem... The mentally precise and physically fit win, while the mediocre and obtuse take solace in hopeful cliches.

~Bobby Knight

I sit and wonder why no one uses the shot fake. The shot fake, when used correctly, can eliminate a defender

~Bobby Knight

Competitive drills enhance quickness.

~Bobby Knight

I have always maintained that in basketball the importance of the mental to the physical is about four to one.

~Bobby Knight

It is better to anticipate than to react.

~Bobby Knight

Everyone wants to win, but not everyone is willing to prepare to win.

~Bobby Knight

A great way to test the conditioning of your team is the two-mile run.

Son, my name isn't Knight to you, it's coach Knight or it's Mr. Knight. I don't call people by their last name and neither should you.

~Bobby Knight

As coaches we talk about two things: offense and defense. There is a third phase we neglect, which is more important. It's conversion from offense to defense and defense to offense.

~Bobby Knight

Learn to do things right and then do them right every time.

~Bobby Knight

There are times when my passion for basketball led me into confrontations that I could have handled a lot better. I've always been too confrontational, especially when I know I'm right.

~Bobby Knight

You can't imagine the number of people in professional sports who have come up to me and said, "God, you treat those assholes like I'd like to treat them." And my question is, "Then why don't you?".

~Bobby Knight

If you're not careful, you can get a grossly over-inflated opinion about your popularity.

~Bobby Knight

Walking has been ridiculous in college basketball the past 15 years.

~Bobby Knight

This is like the town council just hired a new marshal to clean up the town, I guarantee you, if I stay here long enough, they'll get rid of me, too.

I'm an unemployed teacher right now and I'm looking for a place to teach.

~Bobby Knight

Good basketball always starts with good defense!

~Bobby Knight

I always designed my practice plans the night before and then made tweaks a few hours before practice began

~Bobby Knight

I hate casual shooting. Every shot is preceded by working to get open and catch and shoot under game like conditions

~Bobby Knight

If I came in to recruit your son, I would tell you, your wife, and your son, that I will be the most demanding coach your son can play for.

~Bobby Knight

People change over the years, and that changes situations, for good and for bad.

~Bobby Knight

I, fortunately, have never worried about irritating people.

~Bobby Knight

I'm not sure that an athlete is prepared to be a role model. He has a lot of attention paid to him that he shouldn't have, and then the athletes tend to think of themselves as better than they are.

~Bobby Knight

The goal is to make practice more difficult, physically/mentally, than anything your players will face during a game.

I've never predicted anything. All I have ever said is, that we will do the very best we can.

~Bobby Knight

Well, I think it's pretty much established that I just didn't have any interest in coaching in the pros.

~Bobby Knight

During my 40-year coaching career at West Point, Indiana and Texas Tech, my teams reached the Final Four on five occasions, winning the national championship three times.

~Bobby Knight

A primary goal of teaching anything is the advantage that learning gives to people over their competitors who haven't been as well taught.

~Bobby Knight

My practices were not set up to be easy or enjoyed.

~Bobby Knight

Basketball is a full court game, so every drill must be done full court.

~Bobby Knight

The single most important aspect of coaching is running effective practices

~Bobby Knight

People want national championship banners. People want to talk about Indiana being competitive. How do we get there? We don't get there with milk and cookies.

~Bobby Knight

I don't think I have ever been out of control.

If universities want to save a little money, they ought to make some cutbacks in administration and in faculty people who teach one class a week.

~Bobby Knight

I was worried about losing until I looked down the floor and saw Dale Brown. Then I knew we had a chance.

~Bobby Knight

So when I hear a guy after a game-winning home run say or gesture that God was on his side, I think to myself, 'He's saying God screwed the pitcher.

~Bobby Knight

If I were in charge I'd drug test all you sons of b\*\*\*\*es, not just the athletes.

~Bobby Knight

I'm not sure sports writing is an art.

~Bobby Knight

There are as many guys in coaching who do a lousy job as there are in the media. Those are two professions that are a lot alike. There aren't a hell of a lot of really good coaches or writers.

~Bobby Knight

My overall point is that 'one and dones' are not healthy for college basketball. I should not have made it personal to Kentucky and its players and I apologize.

~Bobby Knight

I don't intend to retire.

Writing was far more of an art in the sports world than it is now.

~Bobby Knight

We just got our ass beat by a much better team. It happens once in a while. Does every team win every game?

~Bobby Knight

At one point, I said to the officials that you guys haven't called walking for 20 years, now you don't know what it is. When you call walking, you're about half right.

~Bobby Knight

I have as many good friends in the media as anybody in sports has. It's just that I probably have a hell of a lot more enemies than anybody else.

~Bobby Knight

Basketball may have been invented in Massachusetts, but it was made for Indiana.

~Bobby Knight

The structure of your practice is the main reason for your success or lack of success as a coach

~Bobby Knight

Why talk now when so many things have been said without ever giving me a chance to talk?

~Bobby Knight

The thing that bothers me the most about the media is simple accuracy.

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