

Bodhidharma

Quotes

Mind, Way, Real, Suffering, Reality, Karma, Practice, Long, Wisdom, Mean, Understanding, People, Fall, Birth, Dharma, Evil, Depends, Life, Believe, Body

As long as you look for a Buddha somewhere else, you'll never see that your own mind is the Buddha

~Bodhidharma

When you don't understand, you depend on reality. When you do understand, reality depends on you.

~Bodhidharma

Not thinking about anything is Zen. Once you know this, walking, sitting, or lying down, everything you do is Zen.

~Bodhidharma

Once you stop clinging and let things be, you'll be free, even of birth and death. You'll transform everything.

~Bodhidharma

All know the way, but few actually walk it.

~Bodhidharma

If you use your mind to study reality, you won't understand either your mind or reality. If you study reality without using your mind, you'll understand both.

~Bodhidharma

To seek is to suffer. To seek nothing is bliss.

~Bodhidharma

The essence of the Way is detachment. And the goal of those who practice is freedom from appearances.

~Bodhidharma

The true Way is sublime. It can't be expressed in language. Of what use are scriptures? But someone who sees his own nature finds the Way, even if he can't read a word.

~Bodhidharma

This one life has no form and is empty by nature. If you become attached by any form, you should reject it. If you see an ego, a soul, a birth, or a death, reject them all.

~Bodhidharma

The ignorant mind, with its infinite afflictions, passions, and evils, is rooted in the three poisons. Greed, anger, and delusion.

~Bodhidharma

The ultimate Truth is beyond words. Doctrines are words. They're not the Way.

~Bodhidharma

Those who worship don't know, and those who know don't worship.

~Bodhidharma

Buddhas don't practice nonsense.

~Bodhidharma

As mortals, we're ruled by conditions, not by ourselves.

~Bodhidharma

When we're deluded there's a world to escape. When we're aware, there's nothing to escape.

~Bodhidharma

You can't know your real mind as long as you deceive yourself.

~Bodhidharma

Only one person in a million becomes enlightened without a teacher's help.

~Bodhidharma

Life and death are important. Don't suffer them in vain.

~Bodhidharma

Many roads lead to the Path, but basically there are only two: reason and practice.

~Bodhidharma

People of this world are deluded. They're always longing for something - always, in a word, seeking.

~Bodhidharma

An Awakened person is someone who finds freedom in good fortune and bad.

~Bodhidharma

Everything good and bad comes from your own mind. To find something beyond the mind is impossible.

~Bodhidharma

Trying to find a buddha or enlightenment is like trying to grab space.

~Bodhidharma

Our nature is the mind. And the mind is our nature.

~Bodhidharma

But people of the deepest understanding look within, distracted by nothing. Since a clear mind is the Buddha, they attain the understanding of a Buddha without using the mind.

~Bodhidharma

Not engaging in ignorance is wisdom.

~Bodhidharma

Buddha means awareness, the awareness of body and mind that

prevents evil from arising in either.

~Bodhidharma

Not creating delusions is enlightenment.

~Bodhidharma

Externally keep yourself away from all relationships, and internally have no pantings in your heart; when your mind is like unto a straight-standing wall, you may enter into the Path.

~Bodhidharma

To give up yourself without regret is the greatest charity.

~Bodhidharma

Once you see your nature, sex is basically immaterial.

~Bodhidharma

The awareness of mortals falls short. As long as they're attached to appearances, they're unaware that their minds are empty. And by mistakenly clinging to the appearance of things they lose the Way.

~Bodhidharma

To go from mortal to Buddha, you have to put an end to karma, nurture your awareness, and accept what life brings.

~Bodhidharma

People who don't see their own nature and imagine they can practice thoughtlessness all the time are liars and fools.

~Bodhidharma

Reality has no inside, outside, or middle part.

~Bodhidharma

The mind is the root from which all things grow. If you can understand

the mind, everything else is included.

~Bodhidharma

At every moment where language can't go, that's your mind.

~Bodhidharma

The essence of the Way is detachment.

~Bodhidharma

To find a Buddha all you have to do is see your nature.

~Bodhidharma

And the Buddha is the person who's free: free of plans, free of cares.

~Bodhidharma

If we should be blessed by some great reward, such as fame or fortune, it's the fruit of a seed planted by us in the past.

~Bodhidharma

Mortals liberate Buddhas and Buddhas liberate mortals.

~Bodhidharma

As long as you're enthralled by a lifeless form, you're not free.

~Bodhidharma

I never lost or fail, not yet conquered. If I fall seven times, I get up eight

~Bodhidharma

Buddhas move freely through birth and death, appearing and disappearing at will.

~Bodhidharma

When your mind doesn't stir inside, the world doesn't arise outside.
When the world and the mind are both transparent, this is true vision.

And such understanding is true understanding.

~Bodhidharma

But deluded people don't realize that their own mind is the Buddha. They keep searching outside.

~Bodhidharma

And as long as you're subject to birth and death, you'll never attain enlightenment.

~Bodhidharma

Leaving behind the false, return to the true: make no discriminations between self and others. In contemplation, one's mind should be stable and unmoving, like a wall.

~Bodhidharma

Neither gods nor men can foresee when an evil deed will bear its fruit.

~Bodhidharma

Unless you see your nature, all this talk about cause & effect is nonsense. Buddhas don't practice nonsense.

~Bodhidharma

Delusion means mortality. And awareness means Buddhahood.

~Bodhidharma

The mind is always present. You just don't see it.

~Bodhidharma

To have a body is to suffer.

~Bodhidharma

Whoever realizes that the six senses aren't real, that the five aggregates are fictions, that no such things can be located anywhere in

the body, understands the language of Buddhas.

~Bodhidharma

Someone who seeks the Way doesn't look beyond himself.

~Bodhidharma

Whoever knows that the mind is a fiction and devoid of anything real knows that his own mind neither exists nor doesn't exist.

~Bodhidharma

Everything sacred, nothing sacred.

~Bodhidharma

Freeing oneself from words is liberation.

~Bodhidharma

Worship means reverence and humility it means revering your real self and humbling delusions.

~Bodhidharma

The Dharma is the truth that all natures are pure.

~Bodhidharma

Without the mind there is no Buddha. Without the Buddha there's no mind.

~Bodhidharma

Regardless of what we do, our karma has no hold on us.

~Bodhidharma

The Buddha is your real body, your original mind.

~Bodhidharma

In order to see a fish you must watch the water

~Bodhidharma

All Buddhas preach emptiness. Why? Because they wish to crush the concrete ideas of the students. If a student even clings to an idea of emptiness, he betrays all Buddhas.

~Bodhidharma

According to the Sutras, evil deeds result in hardships and good deeds result in blessings.

~Bodhidharma

If you use your mind to look for a Buddha, you won't see the Buddha.

~Bodhidharma

Those who remain unmoved by the wind of joy silently follow the Path.

~Bodhidharma

I do not need any writing, since I transmit teaching beyond words and ideas.

~Bodhidharma

Our true buddha-nature has no shape. And the dust of affliction has no form.

~Bodhidharma

Not suffering another existence is reaching the Way.

~Bodhidharma

If your mind is pure, all buddha-lands are pure.

~Bodhidharma

But while success and failure depend on conditions, the mind neither waxes nor wanes.

~Bodhidharma

The Way is basically perfect. It doesn't require perfecting.

~Bodhidharma

The mind is the Buddha, and the Buddha is the mind.

~Bodhidharma

All the suffering and joy we experience depend on conditions.

~Bodhidharma

Related Links:

- Mind Quotes
- Way Quotes
- Real Quotes
- Suffering Quotes
- Reality Quotes
- Karma Quotes
- Practice Quotes
- Long Quotes
- Wisdom Quotes
- Mean Quotes
- Understanding Quotes
- People Quotes
- Fall Quotes
- Birth Quotes
- Dharma Quotes
- Evil Quotes
- Depends Quotes
- Life Quotes
- Believe Quotes
- Body Quotes