

Bonnie Canino Quotes

*Fighting, Fighter, Guy, Men, Wanted, Want, Art, Biblical, Shapes, Hands,
Champion, Heart, Real, Boat, Feet, Rings, Sacrifice, Winning, Materials, Martial
Arts*

It's not the black belt that you wear on your waist. It's the black belt in your heart and knowing that you can go out there and you can do it. That's what a true black belt is.

~Bonnie Canino

You had women's kickboxing and they're in the ring and that's what I want to do. I just wanted to fight.

~Bonnie Canino

Through Biblical times, there have been great women warriors and now the sport is so populated that these are the women warriors that we have today in boxing, kickboxing, and MMA.

~Bonnie Canino

I always wanted to box.

~Bonnie Canino

I am a woman and I don't have the power and the strength of a man, so I have to use my technique and my strategy more than just using brute strength like some of the guys do.

~Bonnie Canino

Fighters before a fight, they shouldn't get riled up.

~Bonnie Canino

The belts to me, they don't really mean much to be honest. It's the people who I fought and me going out there competing and fighting.

~Bonnie Canino

Belts are immaterial. What's material to me is who have you fought, how many rounds have you fought, how many fights have you fought.

~Bonnie Canino

It takes a lot when you are a professional fighter to stay in top condition.

You have to sacrifice a lot and I did.

~Bonnie Canino

Either get on the boat or get off the boat.

~Bonnie Canino

I feel that when you are a world champion, your title has to be taken away from you.

~Bonnie Canino

Boxing is really hard because you have to be in really good shape to have all those rules and just using your hands.

~Bonnie Canino

In the martial arts, the guys respect the women fighters.

~Bonnie Canino

I want to get out there. I want to show myself.

~Bonnie Canino

I wanted to get in the ring and be like Muhammad Ali.

~Bonnie Canino

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