

Brandon Bays Quotes

*Healing, Essence, Letting Go, Issues, Years, Block, Giving, Blessed, Spiritual,
Meditation, Health, Magic, Honour, Essentials, Soul, Self Love, Beauty, Warrior,
Dream, Lovers*

And I deeply pray that everyone discovers that they can strip away anything that might be holding them back on every level, and can begin living life from the real essence of their own soul.

~Brandon Bays

No matter how deep the issue is and no matter how long you have struggled with it, the possibility exists for you to become absolutely free, whole, and healed.

~Brandon Bays

Deep inside all of us a huge potential beckons, waiting to open us to the joy, genius, freedom and Love within.

~Brandon Bays

True forgiveness is one of the most healing releasing, and freeing gifts we give to ourselves.

~Brandon Bays

Honour, cherish and nourish yourself.

~Brandon Bays

Meditation takes place when you bring all your awareness to this moment.

~Brandon Bays

Relaxing, embracing, surrendering, trusting - these are the only tools of a lover of truth. So, turn from warrior into a lover.

~Brandon Bays

Have the willingness to go into the roots of your worst fear until you feel the essence of what you are, your pure potential, the foundation of what you really are.

~Brandon Bays

If emotional issues remain unaddressed over long periods of time, sometimes they can manifest as physical blocks or disease.

~Brandon Bays

You have to love with an open hand. The heart is like a bird and you have to let this bird fly freely, you cannot possess it.

~Brandon Bays

The song of your soul is longing to be sung. Let your own essence express itself freely.

~Brandon Bays

Recognize how truly blessed you are. Take time to count your blessings and write them down. To make your dreams come true you must already be soaking in the very presence you wish to create.

~Brandon Bays

You are that which you are seeking.

~Brandon Bays

Everyone longs to be free. Freedom is our essential nature, so my ultimate prayer is that the world is set free to experience the truth and the beauty of our own being.

~Brandon Bays

Forgiveness begins the healing process - when you forgive God, life, yourself and other people - magic happens within. That's why every religion talks about forgiveness.

~Brandon Bays

I ended up spending years on a spiritual quest - diving into the world's great spiritual traditions.

~Brandon Bays

After about ten years of study I ended up feeling so full and blessed that I wanted to give some of what was given to me back to humanity.

~Brandon Bays

I do believe that, in time, doctors - both alternative and orthodox - will begin using whatever is the highest best treatment for their patients, regardless of the modality.

~Brandon Bays

I'd overlooked the obvious because my focus had always been elsewhere! All along, this that I had been seeking was already here.

~Brandon Bays

Related Links:

- Healing Quotes
- Essence Quotes
- Letting Go Quotes
- Issues Quotes
- Years Quotes
- Block Quotes
- Giving Quotes
- Blessed Quotes
- Spiritual Quotes
- Meditation Quotes
- Health Quotes
- Magic Quotes
- Honour Quotes
- Essentials Quotes
- Soul Quotes
- Self Love Quotes
- Beauty Quotes
- Warrior Quotes
- Dream Quotes
- Lovers Quotes