

Brooke Burke

Quotes

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I'm horrified of lobsters. And shrimp and lobsters are the cockroaches of the ocean.

~Brooke Burke

In the United States, viewers don't get to see a lot of things we can show in other countries. We didn't get to show our naked Twister game from Wild On Jamaica, but we definitely filmed it.

~Brooke Burke

Hey, we all have our fear. Mine is bugs and lobsters!

~Brooke Burke

When I was young, I wanted to do something more low-key, like become a drummer in a rock band.

~Brooke Burke

I really believe in the environmental movement right now - it only takes a little effort to make a big difference.

~Brooke Burke

I always loved family holidays, and I had this vision and dream as a little girl of having a big family of my own.

~Brooke Burke

I just don't think there's a sunscreen that gives you enough protection.

~Brooke Burke

Whatever I've got going on, I play music to accompany me.

~Brooke Burke

I don't want to discuss my breasts with the whole world!

~Brooke Burke

I've always been a person that believes in eating often and eating

smart, clean meals.

~Brooke Burke

I go to Saint Barth in the French West Indies for two weeks each year. That place is amazing. Amazing people, beautiful beaches, great wine, wonderful harbors... It's incredibly romantic.

~Brooke Burke

Going into a pregnancy is a really challenging time for a woman, because it's forever-changing, both mentally and physically.

~Brooke Burke

Most of the time I believe in letting kids go ahead and make their own mistakes - maybe even get a little hurt - and learn from them.

~Brooke Burke

I'm not a fan of chrome wheels. I sort of like brushed, brushed steel, more European style.

~Brooke Burke

I think a lot of women are underestimated.

~Brooke Burke

My children keep me real and keep me honest.

~Brooke Burke

There's this whole assumption that girls like bad boys, but I have to disagree; I think 'nice' will go a long way.

~Brooke Burke

Women communicate with all their senses. Men don't do that.

~Brooke Burke

There's something magical about a woman who feels comfortable in

her own skin.

~Brooke Burke

Power and beauty come from a very deep place.

~Brooke Burke

Latin men are the most passionate men in the world - they may not be the most aggressive, but they are very passionate, very romantic.

~Brooke Burke

I think it's such a blessing to be able to have a child, and good and bad, whatever you go through, it's so worth it, and it's such an unbelievable time - you have someone growing inside of you!

~Brooke Burke

I do a lot of sexy publicity, but I have yet to have any bad experiences regarding jealousy.

~Brooke Burke

I don't have any regrets in my life actually. I think that's a pretty good policy.

~Brooke Burke

A lot of cultures believe you take the placenta and you bury it and plant something.

~Brooke Burke

Dating is really hard because everyone puts on a front. It's really difficult to see who is who, so it is important to be yourself.

~Brooke Burke

I definitely take a lot of bad pictures!

~Brooke Burke

I hardly ever go out when I'm home.

~Brooke Burke

I eat as often as I can. I'll eat even if I don't feel like eating.

~Brooke Burke

I find peace anywhere I go. It depends on what is within the walls of my own home.

~Brooke Burke

I mean, I don't really pay too much attention publicly to what people think.

~Brooke Burke

I just love the world of photography.

~Brooke Burke

I have no idea what I weigh. I don't even own a scale.

~Brooke Burke

I have my whole life organized on an 11x17-inch tear-away weekly calendar.

~Brooke Burke

I've tried just about every crazy diet you can imagine.

~Brooke Burke

I want to stick in live television. And I'm hoping to continue on in a second season of Rock Star. Plus, I've got my 'Barely Brooke' swimsuit line with Venus USA and my new calendar is coming out.

~Brooke Burke

When I was a new mom, I used to think that life was going to be balanced, and I strived for that. But life is crazy!

~Brooke Burke

I'm living the best life that I could ever be living.

~Brooke Burke

I think I'm a really hands-on mom.

~Brooke Burke

I mean, most actresses can't host and most hostesses can't act, and that's the general rule in the industry.

~Brooke Burke

Forty is better than 30. I have a better understanding of who I am, what makes me tick, what's okay and not okay.

~Brooke Burke

I just love to experience things. I would do almost anything once.

~Brooke Burke

I don't idolize anyone or aspire to be like anyone.

~Brooke Burke

Coming from the modeling industry I have to exercise a lot, but I do enjoy it... I don't want to put my swimsuit on if I'm not fit.

~Brooke Burke

What is age, anyway? I feel young because I'm beginning a new chapter in my life, which is so exciting!

~Brooke Burke

Once I started focusing on the things I wanted, they all started coming true.

~Brooke Burke

To me, sweat is workout bliss.

~Brooke Burke

I don't get stage fright, I actually love the energy, I love the spontaneity, I love the adrenaline you get in front of a live audience, it actually really works for me.

~Brooke Burke

I think Halle Berry is one of the most beautiful women on the planet.

~Brooke Burke

I write back to all the soldiers who write to me and send them posters and calendars.

~Brooke Burke

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