People, Thinking, Real, Character, Mirrors, Years, Dad, Running, Media, Black, School, Needs, Writing, Ifs, Giving, Space, Focus, Play, Feet, Reflection

When I work on a film, I always tend to relate to the crew.

~Bryce Dallas Howard

The Village did a lot for me, of course, because it was my first movie.

~Bryce Dallas Howard

I have very vivid dreams and nightmares, and my biggest fear is of some kind of dystopian future where we're advanced in every way except in our humanity.

~Bryce Dallas Howard

Girls can do anything, for sure. Even running in the mud in heels.

~Bryce Dallas Howard

The clearer that division [of social media] is between it not being a reflection of reality, and being a complete make-believe world, the more we're helping ourselves.

~Bryce Dallas Howard

That is one of the hardest things I have ever had to do in my life, running through the jungle in heels. Because also, mud was often times three feet deep, and that was full on for sure.

~Bryce Dallas Howard

Right now as an artist, what I want to do is be a part of works that are unignorable. I couldn't be less interested in how people receive it, honestly. As long as it's unignorable.

~Bryce Dallas Howard

The other thing I've been discussing with friends is: when you're born do you start at a zero, or five?

~Bryce Dallas Howard

My dad's more three-dimensional than Opie Taylor or Richie

Cunningham. He even has a temper! He's a real person. But some people are disappointed by that.

~Bryce Dallas Howard

You can't become another person if you're not self-aware.

~Bryce Dallas Howard

If someone down-votes you, or you don't get a like, or someone says something not cool, you project onto it the person or the people who have hurt you the most in life.

~Bryce Dallas Howard

It was such a paradox for me that the only thing I know how to do is act, but that the first thing I abandoned while writing were the characters ~Bryce Dallas Howard

Where I'm like,"no, I won't have that piece of bread, I'll have the veg." There's a different approach mentally that you have when you're in a safe space. Our body awareness in the West is ridiculous.

~Bryce Dallas Howard

I'm a huge fan of the animated film 'The Land Before Time' and that was one of my favourite animated films when I was growing up.

~Bryce Dallas Howard

I'll run through things over and over and over again in my head and think, "How could I have done that better?" Silly things like that.

~Bryce Dallas Howard

I struggle immensely with celebrities of all kinds. I get clammy hands and turn a little purple.

~Bryce Dallas Howard

I'm definitely not very insecure, but I have perfectionist tendencies, and

I'll want things to be a certain way.

~Bryce Dallas Howard

When folks get to the best of their profession, people are like, "Who am I to give a critique to this individual who's reached mastery?".

~Bryce Dallas Howard

I've never, ever, in my entire life, been upset at a casting choice.

~Bryce Dallas Howard

There was definitely a learning curve in terms of being on film, but being on a set was all good.

~Bryce Dallas Howard

I definitely hope that I'm improving. If I'm not, there's a problem - I'm just coasting.

~Bryce Dallas Howard

I felt very comfortable on a set - incredibly comfortable on a set, which is a real gift because that can be hugely intimidating.

~Bryce Dallas Howard

I've always felt really lucky to get to work with really great filmmakers. For me, the whole objective is just to hopefully be of service to what they want.

~Bryce Dallas Howard

I think my favourite memory from filming 'Jurassic World' would just be a compilation of me running through the jungle in heels, and just how absurd that really was. That that actually happened.

~Bryce Dallas Howard

I have nothing nice to say about Chris Pratt, of course. He's probably the greatest hero of our time in real life, honestly.

~Bryce Dallas Howard

You do your best [ on auditions] and sometimes you win 'em over and sometimes you don't.

~Bryce Dallas Howard

I actually gained 30 pounds [for the episode], and I haven't lost all of it yet so I haven't been like "I gained 30 pounds!" Because I don't know if people can tell the difference.

~Bryce Dallas Howard

Joe Wright is incredible and I'm a huge admirer of his work in general, but specifically his aesthetics and poeticism.

~Bryce Dallas Howard

The ability to play pretend is something that everyone has access to; you see little kids doing it.

~Bryce Dallas Howard

In the culture we live in, there's this pervasive, shared agreement that there's a certain body type to admire, and it isn't actually based on anything real or substantive.

~Bryce Dallas Howard

The work that we do is so tricky because it rests on our shoulders, but it's also collaborative and part of it is trusting the people that you're working with.

~Bryce Dallas Howard

Sometimes I think to myself, "I wonder if Meryl Streep is ever like, 'Oh gosh, everyone thinks I'm so perfect! I wish that someone would give me a note.'"

~Bryce Dallas Howard

You go on Instagram, and it's just not a real reflection of what people do, and how much pain people are in every day. So that's my mental change.

~Bryce Dallas Howard

Social media is a performance like any other form of entertainment, and acknowledging that is important.

~Bryce Dallas Howard

What I wasn't used to was being in front of the camera.

~Bryce Dallas Howard

I'm sure there's a range, but I think everyone can pretend.

~Bryce Dallas Howard

What it's done for me is highlight the fact that we need to lean into the cartoon universe of social media.

~Bryce Dallas Howard

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