

# Candace Pert Quotes

*Healing, Mind, Body, Brain, Emotional, Cells, Believe, Running, Peace, Body  
Work, Heal, Century, Attention, Spiritual, Playing Games, Isolation, Daughter,  
Confused, Memories, Breathing*

Part of being a healthy person is being well integrated and at peace.

~Candace Pert

Creativity comes from the spiritual realm, the collective consciousness. And the mind is in a different realm than the molecules of the brain. The brain is a receiver, not a source.

~Candace Pert

The way our brain is wired, we only see what we believe is possible. We match patterns that already exist within ourselves through conditioning.

~Candace Pert

Your mind is in every cell of your body.

~Candace Pert

Simply bringing awareness to the process of breathing initiates the release of peptide molecules from the hindbrain to regulate breathing while unifying all systems.

~Candace Pert

Love often leads to healing, while fear and isolation breed illness. And our biggest fear is abandonment.

~Candace Pert

Your body is your subconscious mind and you can't heal it by talk alone.

~Candace Pert

The way our brain is wired up we only see what we believe is possible.

~Candace Pert

I always say it was great for God to send his only son, but I'm waiting for him to send his only daughter. Then things will really be great.

~Candace Pert

When we are playing [games], we are stretching our emotional expressive ranges, loosening up our biochemical flow of information, getting unstuck, and healing our feelings.

~Candace Pert

Emotions are the glue that holds the cells of the organism together.

~Candace Pert

EFT is destined to be a top healing tool for the 21st Century.

~Candace Pert

The body isn't there simply to carry the head.

~Candace Pert

Network Spinal Analysis represents the epitome of body work; it is at the leading of body/mind/spirit integration. This work will transform the planet.

~Candace Pert

EFT is at the forefront of the new healing movement.

~Candace Pert

I'm a scientist. We don't talk about the spirit. Soul is a four letter word in our tradition.

~Candace Pert

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