

# Carl Honore Quotes

*Art, People, Week, Reading, Eating Well, Party, Planets, Looks, Expectations,  
Philosophy, Motivation, Parenting, Universe, Vacation, Inspiration, Airplane,  
Kids, Air, Mind, Journey*

The great benefit of slowing down is reclaiming the time and tranquility to make meaningful connections--with people, with culture, with work, with nature, with our own bodies and minds

~Carl Honore

Technology enables us to work every minute of every day from any place on the planet.

~Carl Honore

By slowing down at the right moments, people find that they do everything better: They eat better; they make love better; they exercise better; they work better; they live better.

~Carl Honore

I love all this stuff. I look at all the gadgets that come out and I think, "Oh, this fix works for me. But the rest don't." I'm not genuflecting in front of the God of Newness.

~Carl Honore

Fast isn't turning us into Masters of the Universe, It's turning us into Cheech and Chong.

~Carl Honore

The time has come to challenge our obsession with doing everything more quickly.

~Carl Honore

Much better to do fewer things and have time to make the most of them.

~Carl Honore

I could be working 300 hours a week. I just say no. The power of slow is the power of no. I can't go to every party I get invited to. I can't do every work thing.

~Carl Honore

I always felt through writing that I wanted to rotate the world slightly.

~Carl Honore

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