

# Carrie Brownstein

## Quotes

*Thinking, People, Writing, Play, Band, Moving, Years, Mean, Art, Kind, Needs,  
Song, Different, Nice, Beautiful, Self, Rocks, Want, Way, Jobs*

I love coffee. I love a midday espresso on set, just for the energy.

~Carrie Brownstein

I think that half of us feel fraudulent in our lives anyway. There's that strange disconnect of not really knowing what we're doing sometimes, or why it matters. It's our existential crisis.

~Carrie Brownstein

I think hip-hop does a very good job of infusing comedy and humor and wit into music, a lot more than other genres.

~Carrie Brownstein

I will say, as a woman, when you put a mustache on, you find out a lot of things about yourself.

~Carrie Brownstein

I really don't know what to do when my life is not chaotic.

~Carrie Brownstein

You can never underestimate that moment of somebody explaining your life to you, something you thought was inexplicable, through music. That was the way out of loneliness.

~Carrie Brownstein

No matter what people are struggling with, or based on whatever. Sexuality, ethnicity, economic status, size. I don't wish smallness for anyone. It's a terrible place to live.

~Carrie Brownstein

I need a template of a template

~Carrie Brownstein

As a kid, before I got into music, I did all the drama classes, went to theater camp in the summers, so it wasn't totally a foreign world.

~Carrie Brownstein

Rihanna has guts and she always seems to be singing from someplace honest, dark and fierce.

~Carrie Brownstein

I am a horrible visual artist. I can't fix a car, sew, knit, cook, etc. Statistically, there is more I don't do than do.

~Carrie Brownstein

I'm really drawn to the uncompromising realness of natural process: It's unadorned. It's not very pretty.

~Carrie Brownstein

I've never understood people who play up the artifice of music.

~Carrie Brownstein

Practice. Learn and then unlearn - that's the trick in finding your own style of playing. You can't merely emulate, you have to innovate, or at the very least create your own path into the process.

~Carrie Brownstein

People are wearing fleece, which is a hard fabric to be angry in.

~Carrie Brownstein

These new bands sound like Gang of Four "if Gang of Four sucked.

~Carrie Brownstein

You do have to live through things, and to live through things is to observe want, and to observe lacking. Even if the hunger is a curiosity.

~Carrie Brownstein

What I value most in new music today is strangeness, oddity. Passion. And humor. I listen to a lot of hip-hop because it combines so many

things like that.

~Carrie Brownstein

I'm interested in the crevices, and the grotesque, and the unsavory. That started out when I was young... I've never quite been able to shake that.

~Carrie Brownstein

I think closing-off is the most detrimental thing we can do as people. Also, the idea of not judging oneself.

~Carrie Brownstein

There are foods you should avoid. For me, sugar is a no. Because it gives me a spike and then a crash.

~Carrie Brownstein

The internet is just a scary place. It's better to just go to the doctor. Don't let Google get inside your head. It will do bad things to you.

~Carrie Brownstein

I like to connect with people through my work. That's my favorite way - meetings of the minds, fans at a show. Those are nice mediated ways of hanging out.

~Carrie Brownstein

I like to take things incrementally, and strive for something that feels more attainable.

~Carrie Brownstein

I think short-term goals are important. Trying to set a missive for yourself for the entire year can be daunting, and it can feel too easy to fail or fall short of that.

~Carrie Brownstein

I'm all about being prudent. And I've started to appreciate experiences more than actual objects.

~Carrie Brownstein

I'm kind of a hermit. It's almost easier for me to write about connection than to actually connect.

~Carrie Brownstein

I have to erase my Google search histories, because they always lead to an obituary.

~Carrie Brownstein

You can't bury a part of yourself that's so innate to who you've been, even if it's not for the sake of anything other than a pure enjoyment of it.

~Carrie Brownstein

I think proteins are really good for your brain. And your brain is where comedy comes from.

~Carrie Brownstein

I don't think you need to sound like from where you're from. But I think there is something magical and powerful about encompassing something fully and singularly.

~Carrie Brownstein

I think when you're writing from your own life, it's hard because you realize that people have their own assessment of how they look, and they don't know how you will describe them.

~Carrie Brownstein

I guess the role of art is to make something that is ambiguous and complex.

~Carrie Brownstein

The enemy of any artistic statement is to create something that no one cares about, in the sense they have no opinion either way.

~Carrie Brownstein

I have no problem spending money on a great meal with friends or a flight to see somebody that I love, versus something like a fancy car. I don't need a fancy car. I don't need a giant TV.

~Carrie Brownstein

"We can't name it, but we can sing along." That is my ultimate relationship to any art form, but especially music.

~Carrie Brownstein

For me, being in shape means, like, not having cynicism out-weigh optimism on a daily basis.

~Carrie Brownstein

I don't want to mislead people.

~Carrie Brownstein

I've learned to really enjoy video games. It's really toxic to have in your house, because it's really distracting.

~Carrie Brownstein

I've mostly been focusing on writing, and I've really enjoyed not playing music. It will always be part of my life, but I don't feel the immediate need to be playing for people.

~Carrie Brownstein

I think one of the reasons I haven't been doing music is because I think that some of my performance, like, needs are being taken care of in other mediums.

~Carrie Brownstein

It's so nice to have a band name you don't have to explain.

~Carrie Brownstein

Nothing is as nice as plugging in your guitar and turning up the volume really loud, just seeing what kind of beautiful noise you can make with it.

~Carrie Brownstein

Just invest in apps. Just download apps and then pay yourself the dividend.

~Carrie Brownstein

It does feel great to be writing, but the process is sometimes excruciating.

~Carrie Brownstein

Once you're away from music, I realize that's as intrinsic to who I am as anything else. That's the part that takes me out of my brain.

~Carrie Brownstein

I think you should be prepared for a green-screen CGI at all times.

~Carrie Brownstein

I think that there's always an assumption, when a band goes on hiatus or stops playing, that there's some acrimony brewing under the surface.

~Carrie Brownstein

From a self-conscious standpoint, it's hard to see myself on a screen in a way that isn't just me playing music or doing something silly.

~Carrie Brownstein

I always felt that the most common thread in my life from when I was young until now has been a highly observant, very analytical mind.

~Carrie Brownstein

I like how blogging emulates fandom because it's so completist and spontaneous. It really mirrors the way people listen to music, and I like that fluidity with online content.

~Carrie Brownstein

I've always loved writing. Doing that at the same time as playing music can be tiring.

~Carrie Brownstein

If you always want to look relevant, just be CGI-prepared.

~Carrie Brownstein

I'm always trying to encourage people not to limit themselves in the same way that many of our parents stayed with one job forever.

~Carrie Brownstein

I've realized that I have a lot of different loves, and I want to pursue writing, but I can never divorce myself from music.

~Carrie Brownstein

I got kind of tired of playing, I think. But I think it will be part of my life again, maybe.

~Carrie Brownstein

A lot of music for me was about - I mean aside from the fun and challenge of writing and being really good friends with my bandmates - getting to perform.

~Carrie Brownstein

I would love to do a reunion tour if it only involved basements across the U.S.

~Carrie Brownstein



I think hypochondria always plays a part in the healthcare landscape.

~Carrie Brownstein

After Sleater-Kinney broke up in 2006 I had very little desire to play music. It took well over three years before picking up a guitar meant anything to me other than an exercise.

~Carrie Brownstein

The game Rock Band has been haunting me like a bad ring tone. It gets stuck in my head and momentarily effaces all that I love about music.

~Carrie Brownstein

Rock Band is more like Stairmaster than it is like rock 'n' roll - it's the same steps with different degrees of difficulty.

~Carrie Brownstein

With Sleater-Kinney, we did a lot of improvisation in our live shows, and even our process of songwriting involved bringing in disparate parts and putting them together to form something cohesive.

~Carrie Brownstein

For a while I had somebody that came to clean my house that turned out to be in a band that I really loved.

~Carrie Brownstein

I have no desire to play music unless I need music.

~Carrie Brownstein

I feel like I came in comedy's side door, and still feel very fraudulent in many ways.

~Carrie Brownstein

It's hard to beat the visceral high of playing live and creating something

spontaneous.

~Carrie Brownstein

Music has always been my constant, my salvation. It's cliché to write that, but it's true.

~Carrie Brownstein

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