Thinking, People, Mother, Writing, Men, Way, Father, World, Mean, Drug, Stars, Want, Sometimes, Two, Guy, Believe, Looks, Mind, Bipolar, Jobs

Resentment is like drinking poison and waiting for the other person to die.

~Carrie Fisher

Sometimes you can only find Heaven by slowly backing away from Hell.

~Carrie Fisher

If my life wasn't funny it would just be true, and that is unacceptable.

~Carrie Fisher

No motive is pure. No one is good or bad-but a hearty mix of both. And sometimes life actually gives to you by taking away.

~Carrie Fisher

My heart's in the right place. I know, 'cuz I hid it there.

~Carrie Fisher

Bipolar disorder can be a great teacher. It's a challenge, but it can set you up to be able to do almost anything else in your life.

~Carrie Fisher

I am mentally ill. I can say that. I am not ashamed of that. I survived that, I'm still surviving it, but bring it on. Better me than you.

~Carrie Fisher

There is no point at which you can say, "Well, I'm successful now. I might as well take a nap."

~Carrie Fisher

I get lots of awards for being mentally ill. Apparently, I am better at being mentally ill than almost anything else I've ever done. Seriously - I have a shelf of awards for being bipolar.

You know the bad thing about being a survivor... You keep having to get into difficult situations in order to show off your gift.

~Carrie Fisher

The older you get, the easier it is to spot the phonies. And I just think, how unpleasant for them.

~Carrie Fisher

It's hard to date once you're a big Star Wars star because you don't want to give people the ability to say, "I had sex with Princess Leia."

~Carrie Fisher

I'm very sane about how crazy I am.

~Carrie Fisher

From here on out, there's just reality. I think that's what maturity is: a stoic response to endless reality. But then, what do I know?

~Carrie Fisher

I was street smart, but unfortunately the street was Rodeo Drive.

~Carrie Fisher

Life is a cruel, horrible joke and I am the punch line.

~Carrie Fisher

Mothers are great. They outlast everything. But when they're bad, they're the worst thing that can happen.

~Carrie Fisher

Part of my gestalt is that I still feel a little bit like a wallflower. Even in my own life. I talk about myself behind my back.

~Carrie Fisher

I really love the internet. They say chat-rooms are the trailer park of the

internet but I find it amazing.

~Carrie Fisher

I went to a doctor and told him I felt normal on acid, that I was a light bulb in a world of moths. That is what the manic state is like.

~Carrie Fisher

You're only as sick as your secrets. Either it comes out their way or my way. I talk about myself behind my back. And I'm funny about it.

~Carrie Fisher

Your innermost urges will tell you what strategy to employ to accomplish your special purpose while doing the work you enjoy.

~Carrie Fisher

I feel so agitated all the time, like a hamster in search of a wheel.

~Carrie Fisher

I don't want to be thought of as a survivor because you have to continue getting involved in difficult situations to show off that particular gift, and I'm not interested in doing that anymore.

~Carrie Fisher

As you get older, the pickings get slimmer, but the people don't.

~Carrie Fisher

Instant gratification takes too long.

~Carrie Fisher

People see me and they squeal like tropical birds or seals stranded on the beach.

~Carrie Fisher

Everything is negotiable. Whether or not the negotiation is easy is

## another thing.

~Carrie Fisher

Mania starts off fun, not sleeping for days, keeping company with your brain, which has become a wonderful computer, showing 24 TV channels all about you. That goes horribly wrong after awhile.

~Carrie Fisher

The world of manic depression is a world of bad judgment calls.

~Carrie Fisher

What worries me is, what if this guy is really the one for me and I just haven't had enough therapy yet for me to be comfortable with having found him.

~Carrie Fisher

I was into pain reduction and mind expansion, but what I've ended up with is pain expansion and mind reduction.

~Carrie Fisher

I have two moods. One is Roy, rollicking Roy, the wild ride of a mood. And Pam, sediment Pam, who stands on the shore and sobs... Sometimes the tide is in, sometimes it's out.

~Carrie Fisher

For Star Wars, they had me tape down my breasts because there are no breasts in space. I have some. I have two.

~Carrie Fisher

My inner world seems largely to consist of three rotating emotions: embarrassment, rage, and tension. Sometimes I feel excited, but I think that's just positive tension.

My extroversion is a way of managing my introversion.

~Carrie Fisher

There's no room for demons when you're self-possessed.

~Carrie Fisher

I always think of Meryl [Streep] for everything now. There really aren't many actresses around who are truly lucid the way she is.

~Carrie Fisher

He doesn't move his face when he talks. His eyes are like shark eyes. Dead.

~Carrie Fisher

I don't think Christmas is necessarily about things. It's about being good to one another, it's about the Christian ethic, it's about kindness.

~Carrie Fisher

I quote fictional characters, because I'm a fictional character myself! ~Carrie Fisher

I'd like to wear my old [cinnamon buns] hairstyle again - but with white hair. I think that would be funny.

~Carrie Fisher

You know how I always seem to be struggling, even when the situation doesn't call for it?

~Carrie Fisher

I do believe you're only as sick as your secrets.

~Carrie Fisher

What doesn't kill men makes them stronger. What doesn't kill women makes men breakfast.

~Carrie Fisher

Look,' he said, 'I don't think we should continue this discussion. I don't like this side of you.' 'I'm not a box,' she said 'I don't have sides. This is it. One side fits all. This is it.

~Carrie Fisher

I mean, that's at least in part why I ingested chemical waste - it was a kind of desire to abbreviate myself. To present the CliffNotes of the emotional me, as opposed to the twelve-column read.

~Carrie Fisher

The only thing worse than being hurt is everyone knowing that you're hurt.

~Carrie Fisher

Until adolescence I thought I had the best mother in the world. Such a graceful mother. I had this fantasy that I was the wrong daughter.

~Carrie Fisher

Nobody wants to read about a good-looking happy person.

~Carrie Fisher

Here's what I've learned: that someone can change the course of history with a box cutter.

~Carrie Fisher

My mother's career was over at 40 but she was still trying to be everyone's buddy, always smiling for the cameras.

~Carrie Fisher

My father just got out of the Betty Ford Clinic. He's in his 60s, and this was the first time he ever did anything like that.

I'll never be known for my work with boundaries.

~Carrie Fisher

Saying you're an alcoholic and an addict is like saying you're from Los Angeles and from California.

~Carrie Fisher

You're not famous until you're a Pez dispenser.

~Carrie Fisher

Mistakes are a drag, because you get in the area of regret and self-pity.

~Carrie Fisher

Celebrity is just obscurity biding its time.

~Carrie Fisher

I mean, most fun things are bad for you in one way or another.

~Carrie Fisher

I shot through my twenties like a luminous thread through a dark needle, blazing toward my destination: Nowhere.

~Carrie Fisher

Everything grows rounder and wider and weirder, and I sit here in the middle of it all and wonder who in the world you will turn out to be.

~Carrie Fisher

You can't find any true closeness in Hollywood, because everybody does the fake closeness so well.

~Carrie Fisher

I think of my body as a side effect of my mind.

I have a chemical imbalance that, in its most extreme state, will lead me to a mental hospital.

~Carrie Fisher

You know how they say that religion is the opiate of the masses? Well I took masses of opiates religiously.

~Carrie Fisher

It creates community when you talk about private things and you can find other people that have the same things.

~Carrie Fisher

Sometimes I think all I want to find is a mean guy and make him be nice to me. Or maybe a nice guy who's a little bit mean to me. But they're usually too nice too soon or too mean too long.

~Carrie Fisher

I still give my friends relationship advice, of course, and I'm not bad at it. 'Anyone's crisis but mine' is my motto.

~Carrie Fisher

Drugs made me feel more normal.

~Carrie Fisher

Then I overdosed at 28, at which point I began to accept the bipolar diagnosis.

~Carrie Fisher

My mom had the breakdown for the family, and I went into therapy for all of us.

~Carrie Fisher

I did Google myself recentle - without lubricant. I don't recommend it.

Running for office is the least aerobic of the socially interactive sports.

~Carrie Fisher

I will usually be in denial about that, too, because I really don't like that. Sometimes I will recognize it and sometimes someone will say, "are you okay?" And then you think, "Oh, maybe I'm not."

~Carrie Fisher

My favorite films are ones that have my lines in it, and I like those lines. And I like to hear them.

~Carrie Fisher

I spent a year in a 12-step program, really committed, because I could not believe what had happened - that I might have killed myself.

~Carrie Fisher

I'm fond of kissing. It's part of my job. God sent me down to kiss a lot of people.

~Carrie Fisher

I found out when I did the Oprah Winfrey show that there was a cookie jar of me. So she gave it to me. I had no idea prior to that that it even existed.

~Carrie Fisher

Sid said that drugs weren't the problem, life was the problem. Drugs were the solution.

~Carrie Fisher

I think of my body as a side effect of my mind. Like a thought I had once that manifested itself-- Oops! Oh no! Manifested. Look at this. Now we have to buy clothes and everything.

Actually,I am a failed anorexic. I have anorexic thinking, but I can't seem to muster the behavoir

~Carrie Fisher

He's a very strange guy, my father. I can't get mad at him because he's so adorable.

~Carrie Fisher

My mom is a little bit eccentric. I mean, she does - she has a lot of unique ideas. For example, she thought that I should have a child with her last husband, Richard, because it would have nice eyes.

~Carrie Fisher

We live in America,' he said. 'Everyone who speaks English understands you. How they interpret you is something else.

~Carrie Fisher

As we all know, there is no underwear in space.

~Carrie Fisher

My mother had an amazing life, and she's someone to admire.

~Carrie Fisher

In my opinion, a problem derails your life and an inconvenience is not being able to get a nice seat on the un-derailed train.

~Carrie Fisher

I'm in denial in its lesser state. It will take me a second. People around me will notice my mania first. And, my depression.

~Carrie Fisher

I don't think 50-50 relationships exist. Men have an incredibly variety of options. It's much harder for a woman to do both things. I think traditional relationships work best.

~Carrie Fisher

I don't know about understood. I think that unless you are forced to understand - unless it is an issue of yours - you wouldn't bother to.

~Carrie Fisher

I like the community of acting better than the prison of writing. I like sets.

~Carrie Fisher

I always just looked really like someone who will someday be on prescription medication.

~Carrie Fisher

I've often said to myself, "Thank God I can write, 'cause this is hilarious." I actually wanted to go into all that more in the book, but my editor thought it was too crazy.

~Carrie Fisher

Sometimes I feel like I've got my nose pressed up against the window of a bakery, only I'm the bread.

~Carrie Fisher

I am a spy in the house of me. I report back from the front lines of the battle that is me. I am somewhat nonplused by the event that is my life.

~Carrie Fisher

I have the ability, occasionally, of being able to step out and see who you think I could end up being. And I like to play with that.

~Carrie Fisher

A lot of the time, I'm just smart enough to be unhappy.

I think that the truth is a really stern taskmistress.

~Carrie Fisher

No, as it turns out, I really like being congratulated on my weight loss. I like it so much, it's tragic.

~Carrie Fisher

I envy people who have the capacity to sit with another human being and find them endlessly interesting, I would rather watch TV. Of course this becomes eventually known to the other person.

~Carrie Fisher

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