

# Catherine Zeta-Jones Quotes

*Thinking, People, Husband, Love, Bipolar, Looks, Needs, Divorce, Women,  
Kids, Drink, Two, Strong, Meals, Nice, Beautiful, Kitchen, Suffering, Work, Fun*

After Zorro, people spoke Spanish to me for ages. I'm Welsh but that movie instantly gave me a new ethnicity.

~Catherine Zeta-Jones

If my revelation of having bipolar II has encouraged one person to seek help, then it is worth it. There is no need to suffer silently and there is no shame in seeking help.

~Catherine Zeta-Jones

I wish I was born in that era: dancing with Fred Astaire and Gene Kelly, going to work at the studio dressed in beautiful pants, head scarves, and sunglasses.

~Catherine Zeta-Jones

I do condition my hair with honey and beer. I smell like the bottom of a beer barrel for days afterwards, but it's very good for the hair.

~Catherine Zeta-Jones

For marriage to be a success, every woman and every man should have her and his own bathroom. The end.

~Catherine Zeta-Jones

My mother always told me that no matter how late it is, you take your makeup off. Take it off!

~Catherine Zeta-Jones

There is no need to suffer silently and there is no shame in seeking help.

~Catherine Zeta-Jones

I hated grunge. No one's more feminist than me, but you don't have to look as if you don't give a - you know. You can be smart, bright, and attractive aesthetically to others - and to yourself.

~Catherine Zeta-Jones

I'd love to do a show in Vegas with drag queens. The tackier the better.

~Catherine Zeta-Jones

Words impress me. If a man can speak eloquently and beautifully to me, I just melt on the floor.

~Catherine Zeta-Jones

I eat like a horse - my mother still brings me Cadbury's chocolate from Britain; I do have a very healthy appetite - but I work out.

~Catherine Zeta-Jones

I get a bit gloomy when it's gloomy.

~Catherine Zeta-Jones

Being glamorous is about strength and confidence. It's black and white - dramatic. You have to be strong.

~Catherine Zeta-Jones

I love my job but it takes a lot for me to leave my kids, leave my husband and leave my dogs.

~Catherine Zeta-Jones

I love my lawyer. I have to say that of course!

~Catherine Zeta-Jones

Yes, I was in love with my husband at first sight and still am. We have the most solid relationship.

~Catherine Zeta-Jones

I came out of the womb wearing make-up!

~Catherine Zeta-Jones

To make it more familiar to me, I ended up treating my swordplay scenes like choreography. So it was, 'One and two and three and four

and five, and turn and step and down and up and lunge.

~Catherine Zeta-Jones

I'm a terrible cook. I am not allowed to go in the kitchen anymore after I almost burned down the apartment in New York.

~Catherine Zeta-Jones

He taught me the difference between a good single malt whisky and a bad one.

~Catherine Zeta-Jones

I buy shoes sometimes and use them as bookends. They're too beautiful to wear.

~Catherine Zeta-Jones

When I first met Sean Connery he was as charming and wonderful as I first anticipated. I left Rome thinking: even if I don't do this, at least I have had a day with Sean.

~Catherine Zeta-Jones

I like to feel sexy. I know my husband thinks I'm sexy. I think he is too. But I don't go out half-naked with 'sex' written across my back.

~Catherine Zeta-Jones

There are a lot of women who live with pot-bellied pigs.

~Catherine Zeta-Jones

In Hollywood everything is so documented. If you go for a drink with somebody, it's passed around the world so quickly

~Catherine Zeta-Jones

I don't deny myself food. I'm no saint. I love butter and cream, but I also eat lots of grains and fruits.

~Catherine Zeta-Jones

I think pre-nups are brilliant. I get very well taken care of.

~Catherine Zeta-Jones

I had - along with my singing and dancing, I was very happy to be born in the hometown of Dylan Thomas. So the government was financing dramatic groups and amateur dramatics and stuff like that.

~Catherine Zeta-Jones

I have siblings. And there are certain things I know that I can push their buttons. And they know they have certain things where they can push mine.

~Catherine Zeta-Jones

I think egg boiling is the hardest thing I've ever done, but I can make a tiramisu anytime you want.

~Catherine Zeta-Jones

I'm more insecure than I ever let anyone know, sometimes you protect yourself with this kind of armor that people see more than they see you.

~Catherine Zeta-Jones

I love to eat an apple after a meal, just to cleanse my teeth - they always look polished afterwards.

~Catherine Zeta-Jones

A great politician has great charisma.

~Catherine Zeta-Jones

All that 'poor hometown girl who marries into Hollywood royalty'. It's actually quite insulting to my parents.

~Catherine Zeta-Jones

I like 'Zorro.' I like people you can believe that don't have those stupid

powers. That is the beauty of Zorro. He's just a guy working for the people, to save the people.

~Catherine Zeta-Jones

If my husband's going to kiss anybody, let it be Matt Damon.

~Catherine Zeta-Jones

I rub a mixture of honey and salt all over my body to moisturise and exfoliate. You wash it off and your skin is gorgeous.

~Catherine Zeta-Jones

If I'm going to leave my family for any length of time, it had better be for a role that I haven't played before, with great people. It had better be fun.

~Catherine Zeta-Jones

I don't know, 'Zorro' was just so great for me because, knowing where I came from, everyone spoke Spanish to me, like, forever after that. And I'm, like, from Wales.

~Catherine Zeta-Jones

I find divorces repulsive. I will never get divorced, never.

~Catherine Zeta-Jones

I was really hyperactive as a kid and no one knew how or where I got all this energy.

~Catherine Zeta-Jones

I do think I'm lucky I met Michael. Not just Michael Douglas the actor and producer with two Oscars on the shelf, but Michael Douglas, the love of my life. I really do think it was meant to happen.

~Catherine Zeta-Jones

All of a sudden I had a baby, because it went really quick. It was like,

"Oh! I have a baby!" So, it's great. I'm just having a great time with my children. They're here in New York with me.

~Catherine Zeta-Jones

I remember growing up knowing I wanted to be on the stage. I wanted to get to London as soon as possible and start auditioning for theater.

~Catherine Zeta-Jones

When you are 20, 40 looks really old. When I was nearing 30, that seemed like a major milestone.

~Catherine Zeta-Jones

I'm quite a broad girl, not at all delicate. I watch what I eat to stay in shape, but I'm against diets. I eat when I'm hungry, three meals a day.

~Catherine Zeta-Jones

I'm intimidated every day I go on the stage and everyday I go on a movie set. It's terrifying and I always want to reshoot the first day or the first week, I'm so terrified

~Catherine Zeta-Jones

Motherhood to me is something that I always wanted, but never quite knew how it was going to happen.

~Catherine Zeta-Jones

I didn't even think about movies where I came from. I wanted to be on the stage.

~Catherine Zeta-Jones

I grew up in a small, strictly Catholic fishing village - the people there have a different attitude to life than those in Hollywood - people stick together.

~Catherine Zeta-Jones

It's true, I don't like the whole cutoff-shorts-and-T-shirt look, but I think you can look fantastic in casual clothes.

~Catherine Zeta-Jones

Everyone knows we get paid a lot of money, so why pretend otherwise?

~Catherine Zeta-Jones

I don't eat carbs after 17h00 and I drink skimmed milk.

~Catherine Zeta-Jones

We recently had an extension built, to house a closet. It's like the Tardis - I go in there and never come out.

~Catherine Zeta-Jones

I do a lot of swimming, both in the ocean and in the pool.

~Catherine Zeta-Jones

I don't have a trainer. Crazy, right? But I don't need anyone to motivate me. I love exercise, even things like the elliptical and stretching.

~Catherine Zeta-Jones

I have a ballet barre in my gym. I turn the music up so loud that the walls are pulsating, and I go for it for an hour.

~Catherine Zeta-Jones

I've always wanted to hunt another human being for sport, even though I know his fear will taint the taste of the meat.

~Catherine Zeta-Jones

I may be the first actress to admit that beauty doesn't hold you back. I think beauty is a gift that you have to make the most of. I've worked hard at trying to look my best.

~Catherine Zeta-Jones



I believe I was born to breed.

~Catherine Zeta-Jones

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