

Cathy Freeman Quotes

*Running, Sports, Motivational, People, Athlete, Track, World, Asthma,
Leadership, Chance, May, Years, Heart, Believe, Meaningful, Attention, Want,
Mood, Race, Korea*

You got to try and reach for the stars or try and achieve the unreachable.

~Cathy Freeman

Between 1991 and 1997 I had really serious asthma.

~Cathy Freeman

This occasion is personally very meaningful and I hope to visit Korea again if I have the chance.

~Cathy Freeman

Realise there is always somebody else in the World who's not coping as well as you are.

~Cathy Freeman

Disappointment and adversity can be catalysts for greatness. There's something particularly exciting about being the hunter, as opposed to the hunted. And that can make for powerful energy.

~Cathy Freeman

I like looking feminine and I enjoy being a role model. I enjoy being a woman. It all comes down to having the confidence to be who you are.

~Cathy Freeman

I am very determined and the sport is my passion. I believe I am born for running.

~Cathy Freeman

Peace, unity and harmony!

~Cathy Freeman

I think the greatest amount of pressure is the pressure I place on myself. So in a way I chose to be alone.

~Cathy Freeman

My story has resonated around the world. I am just Catherine, I just like to run. And I'll run with opportunities.

~Cathy Freeman

With Alexander's cancer, I was definitely brought to my knees for the first time because of the fear factor.

~Cathy Freeman

I was always surrounded by expectation from the very first race I ran as a 5-year-old.

~Cathy Freeman

I definitely do things on my terms, it may not seem that way but I actually do.

~Cathy Freeman

I'm certainly not ready to go changing the world overnight right now. I'm completely uninformed about a lot of our issues, a lot of the nation's issues, not just Indigenous issues.

~Cathy Freeman

When I'm in a bad mood, I don't listen.

~Cathy Freeman

I've had my fair share of being dismissed. But I'm only about to turn 30. And when I finish running, I'm going to be a dangerous woman.

~Cathy Freeman

My mind is pretty made up that life for Cathy Freeman will be as an unmarried woman from now on.

~Cathy Freeman

My feelings tried to control me on my run. I had to concentrate fully on forthcoming running and success. I wanted to triumph.

~Cathy Freeman

I have a friend who, if she has a bad hair day, it affects her whole mood because it is part of her sexuality, her confidence. I don't have that problem any more.

~Cathy Freeman

Asthma is treatable and well can be controlled.

~Cathy Freeman

I'll just let time happen. I don't have to articulate what may be or what may not be. I don't even do that to myself.

~Cathy Freeman

I'm doing something now where I'm going to have to learn so much and that takes time nurturing, those kinds of relationships.

~Cathy Freeman

I quite clearly have made the right decision in my heart, retirement was the way.

~Cathy Freeman

Money makes life easier but I don't want to be rich, not at all.

~Cathy Freeman

I don't agree with everything Madonna's done but she is fearless.

~Cathy Freeman

I have time to breathe, time to be myself more often, I am a lot more relaxed and less guarded.

~Cathy Freeman

I like being in the workforce; it keeps me grounded.

~Cathy Freeman

I lie around the floor with my cats Billy and Jazz or watch DVDs with my best friends.

~Cathy Freeman

Australians are a fantastic bunch of people but the attention can be overwhelming for someone like me.

~Cathy Freeman

I was running since I was 10. Since grade one at school people looked at me and thought, oh gosh she can really run, she's a natural.

~Cathy Freeman

I'm not a marriage expert, quite clearly.

~Cathy Freeman

I don't have a lot of regrets in my life.

~Cathy Freeman

I'm so lucky. I have such a great support system. All I have to do is run.

~Cathy Freeman

I'd like to see as many sports as I can because I have never had the chance to enjoy the other sports in the past.

~Cathy Freeman

The thing I do best is laugh.

~Cathy Freeman

For athletes traditionally it's such a fantastic stepping stone to greater things down the track and in the future. Don't undermine the Commonwealth Games!

~Cathy Freeman

When I was 18 years old, about to develop my sportsman career, the asthma complaints became already some years before.

~Cathy Freeman

I do not have any official responsibilities related to the Australian Olympic Committee or the Federation of Athletic Associations since I am too busy with my private business.

~Cathy Freeman

The Athens Olympics will be meaningful even though I cannot participate as an athlete, since I can participate in the flame relay all over the world.

~Cathy Freeman

My last real race was at the Olympics in Sydney in 2000.

~Cathy Freeman

I want to keep my private life private.

~Cathy Freeman

I made publicity contracts with Nike, several broadcasting companies and airline companies within Australia.

~Cathy Freeman

It is my second visit to Korea since the International Junior Athletic Championships in 1992. Both then and now, I felt Korea is an interesting country and the people are very kind.

~Cathy Freeman

I took only twice a time-out, once, when I was hurt, and a second time, when I much felt I was exhausted out of personal reasons.

~Cathy Freeman

People could see in me who I am now, an Olympic champ, the best in

the world.

~Cathy Freeman

I'm drinking lots of herbal tea.

~Cathy Freeman

I don't like people looking at me; I hate the attention.

~Cathy Freeman

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