Dog, People, Animal, Exercise, Thinking, Believe, Running, Energy, Giving, Important, Kids, Mean, Strong, Views, Discipline, Mother, Mistake, America, Years, Hurt

My kids are around pit bulls every day. In the '70s they blamed Dobermans, in the '80s they blamed German Shepherds, in the '90s they blamed the Rottweiler. Now they blame the Pit Bull.

~Cesar Millan

Humans are the only animals who will follow unstable pack leaders.

~Cesar Millan

In life... we need to find a balance. You have to set rules and limitations - that is called discipline. And you have to practice that in all your worlds.

~Cesar Millan

You don't always get the dog you want, but you get the dog that you need.

~Cesar Millan

There is no such thing as a problem breed. However, there is no shortage of 'problem owners'.

~Cesar Millan

Humans will always tell you the story. Dogs can only tell you the truth. Trust your instincts and listen your dog.

~Cesar Millan

I believe in integrity. Dogs have it. Humans are sometimes lacking it.

~Cesar Millan

I am a Mexican that has been lucky enough to travel the world, speaking English, but with a heart that speaks a universal language.

~Cesar Millan

Change takes effort. And the reality is, most people don't want to put in effort to better their life.

~Cesar Millan

No dog is too much for me to handle. I rehabilitate dogs, I train people. I am the dog whisperer.

~Cesar Millan

Love is leading. People think it has to be two different roles but it is the same.

~Cesar Millan

Dogs experience the world as it is, without judgement. When we learn to do the same, we make the world a better place.

~Cesar Millan

Dogs do know how comfortable you are with yourself, how happy you are, how fearful you are, and what is missing inside of you.

~Cesar Millan

Denial, they say, stands for "Don't even notice I am lying." Human beings are the only animals who are happily lied to by our own minds about what is actually happening around us.

~Cesar Millan

I want people to understand there is a such a thing as creating a harmonious experience between the dogs and the humans.

~Cesar Millan

You cannot "love" a dog out of her bad behavior, just as you can't "love" a criminal into stopping his crimes.

~Cesar Millan

Explaining "why" to a dog is pretty useless. You have to engage their instincts in order to change their behavior.

Children are becoming disobedient why, because of the lack of rules boundaries and limitations.

~Cesar Millan

I'll believe it if I see it" for dogs translates to "I'll believe it if I smell it." So don't bother yelling at them; it's the energy and scent they pay attention to, not your words.

~Cesar Millan

But just because a person goes to Harvard doesn't mean he's balanced when he graduates, and just because a dog knows how to obey doesn't mean he's balanced, either.

~Cesar Millan

I love my dogs and I give them affection all the time but it has to be at the right time or they get confused.

~Cesar Millan

Just being with dogs, I learned their ways and began to appreciate things from their point of view.

~Cesar Millan

When a dog is balanced, you are going to enjoy a true friend.

~Cesar Millan

Little dogs bite more than big dogs but they get away with it.

~Cesar Millan

The dog is a reflection of your energy, of your behavior. You have to ask, 'What am I doing?' That's the right question to ask.

~Cesar Millan

I have never met a dog I couldn't help; however, I have met humans who weren't willing to change.

~Cesar Millan

Everybody wants a solution on how to help their dogs, but we can't really see the problem until we reconnect ourselves to our instinctual self.

~Cesar Millan

Bill Gates can't control a high-level-energy dog, because his energy is very low, very calm. Very intellectual. A dog doesn't see that as leadership.

~Cesar Millan

It becomes very obvious, by reading a dog, how stable or unstable his human companion is. Our dogs are our mirrors.

~Cesar Millan

Give your dog something to do before you share food, water, toys or affection. This way the dog earns his treat. For example, have him or her perform the "sit" or "down" command.

~Cesar Millan

I deal with misunderstood aspects of animal behaviour like anxiety and aggression. I teach people how to respect different species and let a dog be a dog.

~Cesar Millan

When I go and work with people, I never say, 'Your dog is changed for the rest of its life.' It's like a diet. You've got to maintain a discipline and ritual in your life to keep a certain figure.

~Cesar Millan

I wish my kid would act like my dog sometimes. My dog listens to me and does what I tell him to do.

When looking to adopt a new dog, the most important thing to consider is always the energy of the dog and how the dog will fit in with your lifestyle and your family.

~Cesar Millan

When you have a certain fitness projection, it's going to give you an advantage. Having strength, stamina and speed is important because I'm working with dogs who can kill me.

~Cesar Millan

Dogs don't rationalize. They don't hold anything against a person. They don't see the outside of a human but the inside of a human.

~Cesar Millan

With a dog, people are not disciplined. They think that by spoiling a dog the dog is going to love them more. But the dog misbehaves more because they give affection at the wrong time.

~Cesar Millan

It is tougher for a dog to live without rules because he doesn't know what is expected of him. It is the mind, the body, the heart, not just the heart. Love is not enough.

~Cesar Millan

The biggest mistake people make is assuming that their dogs think like little humans, and that they can negotiate behavior with them, but it doesn't work that way.

~Cesar Millan

I am not brutal or cruel to animals. My mission has always been to save dogs - especially troubled and abandoned dogs. I've dedicated my life to this.

Dogs in America get more affection than women in most Third World countries.

~Cesar Millan

When you're poor, you have nothing to lose and be afraid of. Holding onto the dream and having nothing to lose is what helped me succeed.

~Cesar Millan

Always walk out the door ahead of your dog when leaving the house. This will show your dog who is in the leadership role.

~Cesar Millan

Think about a dog's ability to forgive. This to me is love.

~Cesar Millan

People say I train dogs, but in many ways I train people.

~Cesar Millan

It's not the breed that makes a good companion. All dogs are great companions.

~Cesar Millan

My dogs have been my most loyal friends and constant companions.

~Cesar Millan

I would love for the world to have a dog psychology center everywhere.

~Cesar Millan

I don't believe in ever putting a dog down for behavior issues, because that's just punishing the dog for something wrong that humans did.

~Cesar Millan

In America, dogs are viewed by their names first, breed second. And dogs live behind walls. It's an unnatural point of view.

~Cesar Millan

My business life takes a big chunk of time, but I still put exercise in my schedule. I'm up at 5 A.M. and get up and stretch and go for a run in Runyon Canyon with all five of my dogs.

~Cesar Millan

It's an up and down thing, the human goals, because the human is always an explorer, an adventurist.

~Cesar Millan

I believe a calm dog is a happy, obedient dog that won't get into trouble.

~Cesar Millan

We're already saying it's not the dog, but you need to adopt this lifestyle which is exercise, discipline, and affection.

~Cesar Millan

I used to be called 'a Mexican guy who can walk a pack of dogs.' Now the world calls me 'The Dog Whisperer'.

~Cesar Millan

America focuses on being very intelligent because that's how you make more money.

~Cesar Millan

The pack is very important for a dog. Once you give him the right pack and the right energy, you look at him.

~Cesar Millan

Aggression is not the problem, is the outcome of a problem.

A dog is a vehicle, you know, a dog is a window to Mother Nature and that's the closest species we have.

~Cesar Millan

Discipline isn't about showing a dog who's boss; it's about taking responsibility for a living creature you have brought into your world.

~Cesar Millan

'The Dog Whisperer' to me is a show that had a passion, and it helped me save relationships.

~Cesar Millan

People with strong breeds are trying to be in control because their dog is labeled as aggressive or dangerous. That tells us how ignorant we are even though we love dogs.

~Cesar Millan

Puppies and kids naturally go together, but it's up to the adults to teach them how to do it the right way.

~Cesar Millan

When I was old enough, I was 21 years of age, I decided to come to America. I did it illegally so I jumped the border. I didn't speak any English.

~Cesar Millan

Many dogs grow up without rules or boundaries. They need exercise, discipline and affection in that order.

~Cesar Millan

Breed is among the least important things about a dog. It's more important to find a dog with compatible energy and needs that will fit into your lifestyle.

What keeps a nation strong is really the community. It is about people helping each other.

~Cesar Millan

Whenever I've been bitten, it's because I made a mistake. I either misread the dog's body language or let my guard down at the wrong time.

~Cesar Millan

Repetition creates the master.

~Cesar Millan

Any time you're working in the world of taming animals, you're going to get hurt. But it's a rush that we get.

~Cesar Millan

There are a lot of things that people are doing unconsciously wrong.

~Cesar Millan

I have two kids and they have the same rules. We have to do this as a community.

~Cesar Millan

I rehabilitate dogs, I train people.

~Cesar Millan

People who live in the now; those people make things happen.

~Cesar Millan

I think my life has everything, you know; it has comedy, has drama, has action.

~Cesar Millan

Birth, life, death is a cycle. And they're all beautiful, you celebrate all of

them. Animals do grieve, but they move on. That's the lesson behind animals.

~Cesar Millan

The more you think you have to use physical force to control life, the less you control life.

~Cesar Millan

I'm naturally a loud person. It can be a bit overpowering.

~Cesar Millan

I have always been honest with my fans, which means being open about any struggles I have had along the way.

~Cesar Millan

I'm open for possibilities. I'm open for choices. I always welcome new ideas. I'm always eager to learn. I'm never going to close my mind from learning.

~Cesar Millan

It's important to note that aggression isn't the problem. It's the outcome of a problem.

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